



Thrive Sample Schedule

Germany

Werbellinsee: 25 July- 15 August, 2026
 (all activities subject to change based on weather and group consensus)

	Saturday 25 July	Sunday 26 July	Monday 27 July	Tuesday 28 July	Wednesday 29 July	Thursday 30 July	Friday 31 July	Saturday 1 August			
Week 1	8:30 AM Run Club/ Aerobics	Lap Swim/ Yoga	Walking Club	Lap Swim/ Run Club	Lap Swim/ Yoga	Lap Swim/ Yoga	Walking Club	Run Club/ Aerobics			
	9:00 AM										
	9:30 AM										
	10:00 AM	Relay Races	Beginner Yoga/ Mud Kitchen	Morning Meeting	Trivia/Name That Tune	Mini Hike Finding "Red" Animals	LGBacon & Toast	Geocaching	Relay Races		
	10:30 AM										
	11:00 AM	Lawn Games/ Babysitting Tips	Kids Book Club (separate by reading level)	Lawn Games/ First Aid	Cooking Activity	Lawn Games/ Peer Pressure Tips	Relay Races	Felting/ Recycling Robots	Lawn Games/ Babysitting Tips		
	11:30 AM										
	12:00 PM	Lunch Break	Lunch Break	Lunch Break	Group Lunch	Lunch Break	Lunch Break	Lunch Break			
	12:30 PM										
	1:00 PM	Info Session on Health & Safety	Lego Teams	Hub Activity/Outing OR Beach Meetup	Whittling/ Earth Friendly Workshop	Hub Activity/Outing OR Beach Meetup	Bingo	Team Spirit Day	Hub Activity/Outing OR Small Group Local Exploration		
	1:30 PM										
	2:00 PM										
	2:30 PM	Ice Breakers & Wish Lists	Board Game Brackets		Crafts: Forest Fairy Houses		Crafts: Seed "Bombs"				
	3:00 PM				Math Club		Science Club				
	3:30 PM										
	4:00 PM	Arts & Crafts (Natural Insect Repellant)	Adult Book Club				Scavenger Hunt				
	4:30 PM										
	5:00 PM				Theme Party						
	5:30 PM	Scavenger Hunt	Arts & Crafts (3D Maps)/ Teen Financial Literacy Chat				Science Fair				
	6:00 PM										
	6:30 PM	Dinner Break	Dinner Break	Pot Luck Dinner	Dinner Break	Dinner Break	Dinner Break	Dinner Break			
	7:00 PM										
	7:30 PM										
	8:00 PM	Trivia	Peer Led Skills Class	Neurospicy Support Group							
	8:30 PM		(Separate Young Kids/Older Kids/Adults)	Neurospicy Support Group (Separate adults/kids)	Sip & Vent	Sports & Beers	Family Movie Night	Teen Evening	Neurospicy Support Group (Separate adults/kids)		
	9:00 PM	Name That Tune/Karaoke									
	9:30 PM										
	10:00 PM										



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	Sunday 2 August	Monday 3 August	Tuesday 4 August	Wednesday 5 August	Thursday 6 August	Friday 7 August	Saturday 8 August	Sunday 9 August			
Week 2											
8:30 AM	Lap Swim/ Yoga	Walking Club	Lap Swim/ Run Club	Lap Swim/ Yoga	Lap Swim/ Yoga	Walking Club	Run Club/ Aerobics	Lap Swim/ Yoga			
9:00 AM											
9:30 AM	Playground	Morning Meeting	Trivia/Name That Tune	Mini Hike	LGBacon & Toast	Geocaching	Relay Races	Playground			
10:00 AM											
10:30 AM											
11:00 AM	Felting/ Recycling Robots	Lawn Games/ First Aid	Whittling/ Earth Friendly Workshop	Lawn Games/ Peer Pressure Tips	Obstacle Course	Kids Book Club (separate by reading level)	Lawn Games/ Babysitting Tips	Felting/ Recycling Robots			
11:30 AM											
12:00 PM	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Picnic Lunch	Lunch Break	Lunch Break	Lunch Break			
12:30 PM											
1:00 PM	Hub Activity: Shopping OR Hike	Cooking Activity	Olympic Games	Hub Activity/Outing OR Beach Meetup	Bingo	Lego Teams	Hub Activity/Outing OR Small Group Local Exploration	Olympic Games			
1:30 PM											
2:00 PM											
2:30 PM		Crafts: Build Obstacles							Teen Financial Literacy Chat	Crafts: Nature Collage	
3:00 PM		Math Club							Scavenger Hunt	Science Club	
3:30 PM		Theme Party							Board Game Brackets	Adult Book Club	
4:00 PM										Science Fair	
4:30 PM											
5:00 PM											
5:30 PM											
6:00 PM											
6:30 PM	Dinner Break	Dinner Break	Dinner Break	Dinner Break	Pot Luck Dinner	Dinner Break	Dinner Break	Dinner Break			
7:00 PM											
7:30 PM											
8:00 PM	Peer Led Skills Class (Separate Young Kids/Older Kids/Adults)	Talent Show	Sip & Vent	Sports & Beers	Star Gazing	Teen Evening	Neurospicy Support Group (Separate adults/kids)	Peer Led Skills Class (Separate Young Kids/Older Kids/Adults)			
8:30 PM											
9:00 PM											
9:30 PM											
10:00 PM											



Thrive Sample Schedule

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	Monday 10 August	Tuesday 11 August	Wednesday 12 August	Thursday 13 August	Friday 14 August	Saturday 15 August	Sunday 16 August	Monday 17 August		
Week 3										
8:30 AM	Walking Club	Lap Swim/ Run Club	Lap Swim/ Yoga	Lap Swim/ Yoga	Walking Club	Run Club/ Aerobics	Lap Swim/ Yoga	Walking Club		
9:00 AM										
9:30 AM	Morning Meeting	Trivia/Name That Tune	Mini Hike	LGBacon & Toast	Geocaching	Relay Races	Playground	Morning Meeting		
10:00 AM										
10:30 AM										
11:00 AM	Lawn Games/ First Aid	Whittling/ Earth Friendly Workshop	Lawn Games/ Peer Pressure Tips	Lawn Games	Kids Book Club (separate by reading level)	Lawn Games/ Babysitting Tips	Felting/ Recycling Robots	Lawn Games/ First Aid		
11:30 AM										
12:00 PM	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break		
12:30 PM										
1:00 PM	Cooking Activity	Hub Activity/Outing OR Group Mall Outing	Hub Activity/Outing OR Beach Meetup	Build a Lean To	Lego Teams	Neurospicy Support Group (Separate adults/kids)	Hub Activity: Shopping OR Hike	Cooking Activity		
1:30 PM										
2:00 PM	Crafts: Natural Paints					Teen Financial Literacy Chat		Crafts: Nature Prints	Choice Make- up activities	Crafts: Build Obstacles
2:30 PM	Math Club					Scavenger Hunt		Science Club		Math Club
3:00 PM										
3:30 PM										
4:00 PM	Theme Party			Board Game Brackets	Adult Book Club			Theme Party		
4:30 PM										
5:00 PM										
5:30 PM										
6:00 PM										
6:30 PM	Pot Luck Dinner	Dinner Break	Dinner Break	Dinner Break	Dinner Break		Dinner Break	Dinner Break		
7:00 PM										
7:30 PM						Goodbye Party				
8:00 PM										
8:30 PM	Talent Show	Sip & Vent	Sports & Beers	Family Movie Night	Teen Evening		Peer Led Skills Class (Separate Young Kids/Older Kids/Adults)	Talent Show		
9:00 PM										
9:30 PM										
10:00 PM										