

# My book about TelePlay Therapy



Name: \_\_\_\_\_

Date: \_\_\_\_\_

This book is for all of the children who bravely share their feelings and thoughts and dreams through play with or without the help of a screen.

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I used to see my therapist at the Play Therapy office.



In this special place I didn't need to use words to show my feelings. I could play out what was bothering me or what I wanted to share.

Now there is this virus that can make people feel sick. We are all staying in our homes until the world feels better.



I am catching up on some school work but I miss my Play Therapist.



My Mom and Dad said that there is another way I could go to therapy. I now visit my Play Therapist with the help of our tablet.



It felt different at first but now I play with toys that we have at our home and my therapist is still with me as I am playing. I can imagine my therapist being right there with me.





I feel strong again!



# Very Very Strong !

