



www.wellbeingaction.org

Help Octo spread their tentacles of wellbeing across our community.

Send your coloured-in picture to Festival of Wellbeing c/- Break O'Day Council at 32-34 Georges Bay Esplanade, St Helens 7216.

Or take a photo and email it to wellbeing@bodc.tas.gov.au

We hope to include them in displays and promotion about our Wellbeing Day in Break O'Day.