

APPLY NOW 2024 WELLBEING CERTIFICATE



WELLBEING
in BREAK O'DAY

**IT'S FOR
EVERYONE!**

Apply online or contact Break O'Day Council.
Prefer to chat? Call us we would love to talk
about how this can work for you.

FREE

8-week
group program

Connect + share
Learn together

FUN

**FOR
YOU**

Discover new ways to
think well be well and
do well

Design actions to
create change for
things you care about

**FOR YOUR
COMMUNITY
TOO**

MORE INFORMATION



Break O'Day Council

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www.wellbeingaction.org/wellbeing-certificate