



GOD Cares About You

It grieves God when a home turns into a place of pain, shame and fear. God’s desire for those who’ve experienced domestic violence victims and abusers is healing and wholeness that will bring abuser to a place of repentance. Domestic violence is completely opposite to God’s plan for families. Genesis 1 and 2 depicts marriage as a one-flesh, helping relationship. Ephesians 5:21 talks about mutual submission. Ephesians 5:22–24 explains a wife’s submissiveness to her husband, while verses 25–33 talk about a husband’s self-sacrificial love for his wife. First Peter 3:1–7 gives similar instructions. First Corinthians 7:4 says, “The wife does not have authority over her own body but yields it to her husband. In the same way, the husband does not have authority over his own body but yields it to his wife.” The two belong to one another and are called to love one another as Christ loved us. Marriage is an image of Christ and the Church. Domestic violence is a far cry from the character of Jesus.

What We Believe

Domestic violence is preventable.
 Domestic violence is never the survivor’s fault.
 Domestic violence is rooted in the relations of power and control in intimate relationships.
 Perpetrators have sole responsibility for their violence.
 Children may also be victims of the abuse, and need a violence-free environment.

There is hope beyond the pain.
 There is healing beyond the fear.
 There is freedom beyond the past.
 We are here to walk beside you with compassion, faith, and support as you move toward restoration and a new beginning.

“Bear ye one another’s burdens, and so fulfil the law of Christ.”
 Galatians 6:2 KJV
 A Better Way Ministry Inc.
 Supporting Survivors. Strengthening Families. Restoring Hope
 Visit: www.abwminc.com

Written by Evangelist Janice Ward Perry
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Family Violence Prevention
Galatians 6:2

Matters Of The Heart



Broken Hearts Do Heal.



Healing Takes Time

Many survivors feel pressure to forgive before they are ready. While forgiveness can lead to freedom, it is not something that should be rushed or forced.

True forgiveness grows as wounds are recognized, processed, and gently brought before God. Honest healing allows space to remember, to reflect, and to rebuild strength. Your journey is personal, and it is okay to move forward one step at a time.

“He heals the brokenhearted and binds up their wounds.”
Psalm 147:3



You May Feel All Alone.



It Is Normal to Feel This Way

If you have ever questioned where God was during your abuse, please know that your feelings are valid. Survivors often experience anger, fear, confusion, sadness, and shame. These emotions are real and deserve to be acknowledged.

Healing begins when we allow ourselves to face the truth of what happened and the impact it has had on our hearts, minds, and lives. Ignoring the pain does not remove it. Giving yourself permission to grieve is an important step toward freedom.

“Blessed are those who mourn, for they shall be comforted.”
Matthew 5:4

You Might Wonder Why?



Where Was God When I Was Being Abused?

Finding Healing, Hope, and
Freedom After Abuse

“The Lord is close to the
brokenhearted and saves those
who are crushed in spirit.”
Psalm 34:18

You are not alone.
There is a path toward
restoration.
There is a better way forward.

