Based in the heart of beautiful coastal town Yeppoon, Allegra Studios is a welcoming physiotherapy and clinical Pilates studio dedicated to helping people move better, recover stronger, and live more actively. This growing town has seen steady growth in our services and with all the positive word of mouth we are ready to open our services to include Exercise Physiology.

Alongside expert physiotherapy and clinical Pilates, we also offer adult fitness classes and operate a vibrant dance studio, creating a supportive community space for people of all ages and abilities to improve their health, strength, and wellbeing.

Allegra Studios provides a friendly and close-knit work environment to support your transition into our workplace. This Exercise Physiologist role is a new role within our business and will grow with you as the demand increases. You will be offered competitive remuneration in line with accreditation and experience.

About the Role Exercise Physiologist (Part-time)

We are seeking a motivated Exercise Physiologist to join our team. This unique opportunity is perfect for an individual looking to work in a supportive team (5 clinicians) to build on our already established physiotherapy and clinical pilates services. Initially offering a part-time role (20 hours) for 6 months, with the potential to extend to a long-term arrangement (salary or commission base) as the demand increases. Ideal opportunity for a new Exercise Physiology graduate, however more experienced exercise physiologists are welcome to apply if this business structure is appealing.

Key responsibilities include:

- Conducting high-quality individual client assessments and designing individual and group exercise programs
- Delivering one-on-one exercise sessions for injury rehabilitation, body re-composition, and high needs patients
- Growing Exercise Physiology care plan patients
- Leading small group clinical Pilates sessions (Mat and equipment based)

- Instructing other group fitness classes
- Building strong client relationships to facilitate client retention and progression
- Communicate with other clinicians about patients and exercise prescription

Position Details

- Supportive and experienced leadership team to provide guidance for new graduates.
- Initial 6 months will allow for thorough understanding of the business operations, commencing December/January.
- Opportunity to work with existing clients and bring new clients to the clinic.
- Regular weekly hours and consistent schedule for the duration of the role, with some early morning starts from 6am, flexibility with days. Rostered Saturday morning. No Sunday classes.

Essential Qualifications

- Degree Qualified Exercise Physiology
- Current ESSA Accredited Exercise Physiologist member
- Current First Aid
- Professional Indemnity Insurance
- Experience in musculoskeletal rehabilitation
- Strong interpersonal skills including communication, building relationships, and clinical reasoning and documentation

Desired Qualifications

- Masters of Clinical Ex Phys
- Experience in clinical Pilates

How to apply

If this sounds like you please email pilates@allegrastudios.com.au with your CV, Qualifications including First Aid, ESSA Membership, Professional Indemnity Insurance.