

| MONDAY | | | | | | | |
|-----------------|------------------------------|-----------|---------|-----------------|-------------------------------------------------|-----------|------------|
| WESTSIDE STUDIO | | | | EASTSIDE STUDIO | | | |
| Time | Class | Age Group | Teacher | Time | Class | Age Group | Teacher |
| 6:00-7:15 | Pilates - Program Based | | Alex | 6:00-7:00 | Pilates Mat Classes | | Amy |
| 9:15-10:15 | Adults Tap | | Renee | 9:00-9:30 | 30-min Beginner Pilates | | Amy |
| 10:30-11:30 | Pilates - Program Based | | Alex | 9:30-10:15 | Tiny Tots | 2-4yrs | Brooke |
| | | | | 10:30-11:15 | Tumble Tots | | Amy |
| | | | | | | | |
| 3:30-4:30 | Grade 2 Tap | 8-10yrs | Emma | 3:30-4:30 | Grade 1 Jazz | 6-8yrs | Ava |
| 4:30-5:30 | Foundation/Primary Tap | 4-7yrs | Ava | 4:30-5:30 | Grade 3 Ballet | 7-10yrs | Renee/Emma |
| 5:30-6:30 | Privates | | Emma | 5:30-6:30 | Grade 4 Ballet | 9-10yrs | Renee |
| 6:30-7:30 | Grade 4 Tap | 10-12yrs | Brooke | 6:30-7:30 | Grade 6 Ballet | 12-16yrs | Renee |
| | | | | | | | |
| TUESDAY | | | | | | | |
| WESTSIDE STUDIO | | | | EASTSIDE STUDIO | | | |
| Time | Class | Age Group | Teacher | Time | Class | Age Group | Teacher |
| | | | | 9:00-10:00 | Dance Exercise | | Renee |
| | | | | 10:00-10:45 | Intro to Dance / Petit Pointers | 3-4yrs | Renee |
| | | | | | | | |
| 3:30-4:30 | Junior/Inter Strength & Acro | 7-11yrs | Emma | 3:30-4:30 | Grade 5 Ballet | 10-14yrs | Renee |
| 4:30-5:30 | Junior Hip Hop | 7-10yrs | Emma | 4:30-6:00 | Senior Ballet - Open Class | 13+yrs | Renee |
| 5:30-6:30 | Inter/Senior Hip Hop | 10-15yrs | Emma | 6:00-6:30 | Senior Ballet - Pointe Class | 13+yrs | Renee |
| 6:30-7:30 | Adults Pop Icon | Adults | Alex | 6:30-7:30 | Advanced Jazz | 15+yrs | Renee |
| | | | | 7:30-8:30 | Privates | | Renee |
| WEDNESDAY | | | | | | | |
| WESTSIDE STUDIO | | | | EASTSIDE STUDIO | | | |
| Time | Class | Age Group | Teacher | Time | Class | Age Group | Teacher |
| 6:00-7:15 | Pilates - Program Based | | Alex | 6:00-7:00 | Pilates Mat Classes | | Amy |
| 9:45-10:15 | 30-min Beginner Pilates | | Amy | 8:15-9:00 | Dance Fitness | | Kirsten |
| 10:30-12:30 | Pilates - Program Based | | Amy | | | | |
| | | | | | | | |
| 3:30-4:15 | Pre-primary Ballet | 4-6yrs | Emma | 3:30-4:30 | Grade 3 Ballet | 7-10yrs | Renee |
| 4:15-5:00 | Primary Ballet | 5-7yrs | Emma | 4:30-5:30 | Grade 5 Ballet | 10-14yrs | Renee |
| 5:00-6:00 | Grade 1 Ballet | 6-8yrs | Emma | 5:30-6:30 | Senior Strength & Conditioning | 13+years | Alex |
| 6:00-7:00 | Grade 4 Ballet | 9-10yrs | Brooke | 6:30-7:00 | Senior Acro *Must also do snr strength to enrol | | Amy |
| | | | | 7:00-8:00 | Lvl 3/Advanced Contemporary | 14+ yrs | Alex |
| | | | | | | | |
| THURSDAY | | | | | | | |
| WESTSIDE STUDIO | | | | EASTSIDE STUDIO | | | |
| Time | Class | Age Group | Teacher | Time | Class | Age Group | Teacher |
| 3:30-4:30 | Grade 2 Jazz | 7-10yrs | Emma | 3:30-4:30 | G4/5 Jazz | 9-10yrs | Heidi |
| 4:30-5:30 | Privates | | Emma | 4:30-5:30 | Foundation Contemporary | 7-10yrs | Shae |
| 5:30-6:30 | InterFound Tap | 11-13yrs | Emma | 5:30-6:30 | Level 1 Contemporary | 10-12yrs | Shae |
| | | | | 6:30-7:30 | Grade 6 Ballet | 12-16yrs | Emma |
| 7:30-9:00 | Advanced/Grade 8 Tap | 14-16yrs | Emma | 7:30-8:30 | Interfound/G6 Jazz | 12-16yrs | Heidi |
| FRIDAY | | | | | | | |
| WESTSIDE STUDIO | | | | EASTSIDE STUDIO | | | |
| Time | Class | Age Group | Teacher | Time | Class | Age Group | Teacher |
| 10:30-12:30 | Pilates - Program Based | | Alex | 8:15-9:00 | Dance Fitness | | Kirsten |
| | | | | 9:30-10:15 | Tumble Tots | | Amy |
| | | | | | | | |
| 3:30-4:30 | Privates | | Emma | 3:30-4:30 | Grade 3 Ballet | 7-10yrs | Brooke |
| 4:30-5:30 | Privates | | Alex | 4:30-5:30 | Intermediate Strength & Acro | 10-16yrs | Emma |
| | | | | 5:30-6:30 | Level 2 Contemporary | 12-16yrs | Emma |
| | | | | 6:30-7:30 | Privates | | Emma |
| SATURDAY | | | | | | | |
| WESTSIDE STUDIO | | | | EASTSIDE STUDIO | | | |
| Time | Class | Age Group | Teacher | Time | Class | Age Group | Teacher |
| 7:00-10:30 | Pilates - Program Based | | Alex | 8:00-8:45 | Intro to Dance/Petit Pointers | 3-4yrs | Shae |
| | | | | 8:45-9:30 | Tiny Tots | 2-4yrs | Shae |
| | | | | 9:30-10:30 | Beginner Jazz | 4-7yrs | Shae |
| | | | | 10:30 - 4:00 | Privates | | Emma |
| | | | | 3:00-4:00 | Senior Eisteddfods Groups | | Alex/Renee |