



Senior Dance Academy (14+ years)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-6:30 Intermediate Ballet	3:30-5 Intermediate Ballet	6:30-7:30 Senior Strength	4:30-5:30 Inter Found / Grade 7 Tap	5:30-6:30 Interfound Ballet	2:30-4 Senior Eisteddfod Team
6:30-8pm Advanced Foundation	5-6 InterFoundation Ballet	7:30-8:15pm Senior Acro	5:30-6:30 Advanced / Grade 9 Tap	6:30-7:30 Level 3 Contemporary	**to be eligible for competition team, dancers must have be enrolled in Ballet and commit to the year of dance.
	6-7:30pm Advanced Foundation		6:30-7:30 InterFound / Grade 7 Jazz		
	7:30-8:30pm Advance Jazz		7:30-8:30pm Level 4 Contemporary		