



PHYSIO
& PILATES

MOVE FOR
HEALTH

CLASS PRICE LIST

CASUAL \$20

MAT CIRCUIT PILATES

60 MINUTES - GROUP CLASS
PRIVATE HEALTH REBATE AVAILABLE

10 PASS \$175

CASUAL \$18

BEGINNER MAT PILATES

45 MINUTES - GROUP CLASS
PRIVATE HEALTH REBATE AVAILABLE

10 PASS \$155

CASUAL \$35

PROGRAM PILATES

60 MINUTES - SMALL GROUP
PRIVATE HEALTH REBATE AVAILABLE

10 PASS \$300

CASUAL \$16

ADULT DANCE

DANCE FITNESS, HIP HOP FITNESS,
ADULT BALLET, ADULT TAP

10 PASS \$155

TINY MOVERS

TINY TUMBLERS (<3YRS) 30 MIN

\$9 PER CLASS

TINY TOTS DANCE (<3YRS) 45 MIN

\$12 PER CLASS

TUMBLE TOTS (3-5 YRS) 45 MIN

\$18 PER CLASS

INTRO TO DANCE (3-5 YRS) 45 MIN

\$18 PER CLASS

BUY YOUR PACK BEFORE 31 DEC FOR 2025 PRICES