

Table 4.1 Exercise on Establishing Goals for First Semester

<i>Consider the following questions:</i>	<i>Write your response and Discuss.</i>
What does this proverb mean to you? Only I can change my life. No one can do it for me. (Carol Burnett, Actress).	
What “roadblocks” might hinder your school performance? List them. Roadblocks are obstacles that get in the way of you accomplishing their goals.	
<i>Now – let’s look at your goals:</i>	
<i>Goals</i>	<i>How to Achieve</i>
Academic	
Extracurricular Activities	
Sports	
Other	