



The Social Antidote **Project LLC**

Presents:

“The Antidote Conference” **National Workshop Tour**

The Antidote Conference is a collaboratively holistic two day-long event that was designed to help Survivors of sexual violence, domestic violence, and sex trafficking to get the needed information, empathetic support services, and community to heal, as well as strive for justice, and be able to build a financial legacy for their loved ones.

Coming in **April 2024 | Los Angeles, CA**



#TheAntidoteConference



The Antidote Conference provides survivors of gender violence the opportunity to address and begin to work through their trauma in a safe, engaging, creative, and entertaining environment. There will also be intriguing panel discussions and interactive workshops for survivors of domestic violence, sexual violence, and sex trafficking. In addition, we will also be providing age-appropriate preventative education for people of all ages so that we can begin working to eradicate the *mindset* of sexual assault.

Collectively, we are the Antidote to rape culture.



- **Rape culture** is incredibly pervasive and has affected us in more ways than we realize. More than 1 in 3 women have experienced sexual violence including physical contact in her lifetime, and the statistic for men isn't far behind, with 1 in 4. So few of us have the strength to speak about it, which ushers in further issues.
- **The effects of sexual assault** can lead a person into crippling depression, overwhelming anxiety, high blood pressure, drug / alcohol abuse, self-harm, and suicide -- to name a few. Personally, I've experienced almost all of these consistently over the last 18 years. When you're not able to receive the help that you need as a survivor, life seems to spiral into an unrecognizable reality that feels like a life-long trap. More times than not, sexual violence survivors need help finding their footing in bettering themselves, or simply resuming their lives. I actually didn't believe that I needed help since I doubted that it would help me in a real way. I had a few bad experiences with counseling before and decided it wasn't for me. Then I had a nervous breakdown after I found out that my rapist is/was successful in 2016 (11 years post-rape), when I could barely pay rent. I found myself in the hospital unable to control the violent tremors that had overtaken my entire body. After 3 days in the hospital and afterwards, being unable to work for over a month because of constant tremors & loss of equilibrium, I faced two choices. Break the bank and find a way to get professional help or give in to the suicidal voices. Since I was able to scrape up enough to get help, I'm now able to bring this conference together so that you can get some help as well. Who knows what might spring from *your* healing? We will uplift each other and the world.
- **The CDC reports that rape survivors lose out on over \$122,000 during their lifetime** for reasons such as legal & medical costs, loss of productivity, debilitating emotional strife, etc. Those of us who represent *The Antidote Conference* believe that it's time to get our coins back. We have the power to

reverse that loss and turn it into gain; but first, we must face what's holding us back internally in order to achieve new heights in our lives. *You are strong enough to do this. This is a place of refuge and refueling.*



At the moment, there is **no other event such as this** that is designed to help all survivors of sexual violence, domestic violence, and sex trafficking, which is why our inaugural event is a kick-off to our *National Tour* that will be taking off in April 2024 IN LOS ANGELES, CA. Given that a vast majority of the country has been affected by interpersonal violence by either knowing a survivor or being one themselves, this conference will be valuable and freeing to those who need it.



- The Antidote Conference is a two-day (weekend) event full of workshops, panel discussions, and entertainment that will provide survivors of sexual violence the opportunity to begin healing in a safe, supportive, and engaging environment.

- This conference will be led by a myriad of mental health professionals, legal & medical advocates, business leaders and teachers that have created holistic curriculum to help you to process through your trauma, activists, and other survivors. **We will also feature vendors that have created helpful tools in our quest for justice and inner peace.**
- The Antidote Conference will conclude with an eclectic collection of **performance art by industry entertainers (singers, dancers, spoken word artists, comedians/comediennes, etc.)**, as well as approved local acts in each city we visit.
- We are utilizing various avenues to help each person to address their trauma in a way that resounds within them. We all heal differently, and since mental help is hard for survivors to grasp (given that we lose out on funding that can be contributed to therapy), we're bringing the healing to survivors all over the nation. Our resilience can restore this country if we help each other. **WE'VE GOT THIS!!**
- Rape culture thrives off of silence, shame, and fear. We are here to give voice to the voiceless in order to disengage those deterrents.



- We will be crowdfunding on iFundWomen, while also seeking corporate sponsorship to raise funds to host our inaugural conference that we are looking to hold in 2024 **in Los Angeles, CA**. We'll keep you updated as to those specifics in the coming months.
- All of the funding that we receive will go towards securing the venue, flight & hotel reservations, permits & fees, supplies, food for the entire conference, etc. *Every penny will be utilized.*
- **Another reason** why we're preparing for crowdfunding and more is to get the word out to those who need to know that this is on its way. So many of us simply need *hope* to get us through to the next day. My hope is that you join us so that we can uplift each other.

- Please note that the funds will also go towards classifying *The Social Antidote Project, LLC* as a Certified Benefit Corporation, as well as launching our inaugural event, in Los Angeles, CA in 2024.

Subject Matter for Panel Discussions & Workshops: *more specifics will be shared at a later date*

- Mindfulness Meditations and Practices
- Psychological information & Support
 - Resources and services surrounding the realities of being a survivor of each type of interpersonal violence, including financial and emotional abuses
 - Various types of therapy [i.e. individual talk, group talk, male survivor groups, creative therapies]
- Legal information
 - legal rights, legal barriers, efforts to change laws, laws & commissions that are creating equitable laws to actually help survivors instead of the abusers, legal resources that can help to increase the likelihood of achieving justice for one's self, etc.
- Faith, Culture, and Interpersonal Violence Conversation
- Male Survivors panel & Black Male Mental health workshop
- Financial Improvement information & Employment Assistance / Services / Organizations
- Sex Therapy & Intimacy Reintegration
- Self-Defense tactics exercise workshop
- Relaxation techniques: Yoga, Soundbaths, Breathing Meditations
- Conclude with relieving, confirming, and comforting entertainment [spoken word pieces, songs, instrumentals, dances, comedians, etc.]
 - Then announce raffle winners at the Concluding Reception

Goals & Objectives of The Antidote Conference:

- Help to set survivors FREE all over this nation, as well as to bring enjoyment back to them.
- Help survivors to begin living full and complete lives that they enjoy, are proud of, and to increase the mental capacity, resources, and services to enhance their lives and the lives of their loved ones who are also survivors. Additionally, we will help them to facilitate a small community or network so that they can continue healing after the conference.
- Increase support nationally for the total eradication of the legal statute of limitations on sexual violence and rape charges.
- Encourage surrounding colleges, universities, cities, and counties to adopt and implement a Rape Trauma Response Team similar to the organization, Peace Over Violence's Sexual Assault Response Team. This will ensure that the person who was victimized will have more than adequate support and means to move forward in healing

and attaining justice, and this team will create a strong sense of professional accountability in the interest of the survivor *and ONLY the survivor*. **Professional accountability is desperately needed for survivors!** This team consists of the following [source: [Peace Over Violence](#)]:

- “A Sexual Assault Forensic Examiner (SAFE), who performs a sexual assault forensic medical exam and provides medical care”
- “A law enforcement officer, who conducts a thorough investigation and provides emergency assistance”
- “A Rape Crisis Counselor Advocate, who provides emotional support, advocacy, and access to victim assistance services. The rape crisis counselor advocate is there to support you and can answer any questions you may have, as well as provide information and referrals. The rape crisis counselor advocate will also offer you follow-up care, such as in-person counseling, assistance with law enforcement concerns, and accompaniments to future court hearings and legal interviews.”
- “A Deputy District Attorney whose job is to prosecute felony violations of law in the courts of Los Angeles County (or whichever county you belong to). A deputy district attorney may or may not respond to the hospital, and usually becomes involved in a case after law enforcement has collected the evidence”



(More to Come...)

Stephanie M. Mosley with The Social Antidote Project, LLC



Stephanie is the Founder of The Social Antidote Project, LLC and its endeavors – The Antidote Conference & The Black Alliance Course. Our social enterprise also writes and produces TV series and Films about various traumas from a different perspective...from that of survivors. The Antidote Conference national tour is being created to help survivors across the nation as we also spread the word about our up-coming TV series, *"The Voice of Saya."*

Leslie Ann Siy
Event Planner for The Antidote Conference LA



Leslie Ann is an experienced Los Angeles-based event planner and is the Owner & Lead Planner of LA & Co. Events and Consulting. She is also the Director of Operations & Special Events for the non-profit organization, Entrepinayship, “an entrepreneurship ecosystem for Filipinas in the diaspora,” [Entrepinayship.com](https://entrepinayship.com). Leslie Ann is a fierce ally and a strong advocate for survivors of interpersonal violence, and she is the Event Planner for The Antidote Conference.

Shamicka Benn-Jones, [Host](#) of The Antidote Conference



Shamicka is one of the most effervescent, insightful, graceful, and compassionate hosts in the industry. Shamicka is most widely known from her years in the International Broadway tour of “Chicago,” as well as hosting Devotionals for LightWorkers Media and interviewing the stars of recent films, such as “The Art of Racing in the Rain.”

Shamicka will foster an atmosphere of openness, respect, love, and support as a strong advocate for survivors, with the innate gift of uplifting hearts.

Jennifer Mondino, Senior Counsel of the TIME'S UP Legal Defense Fund



Jennifer Mondino is Senior Counsel with the TIME'S UP Legal Defense Fund and Legal Network for Gender Equity. Immediately prior to joining the National Women's Law Center in August 2018, Jennifer spent eight years as a Senior Trial Attorney with the Special Litigation Section of the Civil Rights Division of the U.S. Department of Justice (DOJ), where her practice focused on pattern-or-practice investigations of police departments and other law enforcement agencies, including litigating and negotiating settlement agreements to resolve investigative findings. She played a leading role in the DOJ's investigation of the Baltimore Police Department, litigation against Sheriff Joseph Arpaio of Maricopa County, Arizona, the investigation of law enforcement in Missoula, Montana, the DOJ Civil Rights Division's first pattern-or-pattern investigation to focus on the collective law enforcement response to allegations of sexual assault, and in drafting the DOJ guidance released in 2015 on preventing gender bias in the law enforcement response to sexual assault and domestic violence. During her tenure with the DOJ, she also spent a year on detail as an Attorney Advisor with the DOJ's Office of Violence Against Women (OVW), where she provided policy advice to the Department and legal counsel to OVW and its grantees.

April Fitzpatrick with [Hopeful Kreations](#)



April has developed a highly innovative curriculum of facing and processing through various types of trauma based on utilizing the anatomy of a pineapple. She creates a warm, open environment where survivors feel comforted and safe enough to feel vulnerable enough to process through their trauma with her.

An excerpt from the Hopeful Kreations' website:

“April Recognizes And Acknowledges The Stigma Associated With Mental Health In The Black Community, But She Seeks To Revisit And Redefine Resiliency Through The Lens Of Ubuntu (Which Translates As “I Am Because WE Are”) By Using Different Vehicles Of Art. To Bring More Awareness About Art Therapy And Its Much Needed Presence In Forgotten Spaces, She Has Decided To Launch An Art Initiative Pineapples With A Purpose. Pineapples With A Purpose Uses Art As Therapy To Guide Youth And Young Adults Through The Cradle, Core, And Crown Of The Pineapple Enabling Us To Work Together To Bring Awareness To Suppressed Trauma, Mold Awareness Into Positive Production, And Apply It Within Community To Impact Mental Health.

Adenike Harris with [Restorative Notions](#)



“Restorative Notions Coaching presents, ‘Reclaiming You!’ Our Women’s group workshop will focus on examining the current foundation your life is built on. ‘Reclaiming You’ will help you strengthen your personal authority, develop your personal power, and reclaim your most authentic self. ‘Reclaiming You’ will guide you towards discovering what script you are personally living by.

This 2-hour workshop introduces you to Restorative Notions Coaching and working with Adenike A. Harris as a coach. This workshop provides a space for personal exploration, reclamation, and developing a deeper personal journey to ‘Reclaiming You.’ In this introductory workshop, we are sharing the necessary structure and framework for our upcoming Coaching workshops.

Adenike earned her BS in Psychology from Mount Saint Mary's University, my MA in Women's Studies from Georgia State University and I earned a Professional Coaching Certification from New Venture's West. My PCC is recognized by the International Coach Federation (ICF) as an Accredited Coach Training Program (ACTP). I have real

life experiences as a child sexual abuse survivor, Woman of Color, sister, daughter, auntie and friend.

I stand for women. I stand for truth, personal power and authenticity.”

**Tasnim Sulaiman, LPC Founder/CEO & Douglas
McNeill Reed, Director of Partnerships of
[Black Men Heal](#)**



&



Tasnim is a licensed psychotherapist who also owns a private practice in Philadelphia.

Tasnim, (warmly known as Taz), is on a mission to dismantle broken systems that uphold the lack of equity and access to quality mental health care for communities of color. An engaging speaker and media contributor, Taz’s expertise has been featured on notable platforms such as The Breakfast Club, NBC Universal, The Philadelphia Inquirer, PBS Nightly News, NBC 10 Philadelphia, KYW 3, The New York Times, New York Magazine, and The Psychotherapy Networker. Taz has been a keynote speaker at national conferences and has been featured as a presenter or featured panelist offering expertise for major companies such as Major League Baseball, Ralph Lauren, New York Life, MassMutual, and Netflix.

Douglas McNeill Reed- Doug, (affectionately known as DReed), is a military veteran and dedicated social justice/mental health advocate. Doug currently serves as the Director of Partnerships for Black Men Heal. He has a spansive career that includes experience in law enforcement, organizational management, government contracts, and

working toward achieving greater diversity and equity within our armed forces. In addition to being a crucial part of Black Men Heal's non-profit development, Doug has also helped to develop a nonprofit with a specific focus on justice reform in regional jails and prisons as an extension of his participation in his church's Prison Ministry. Douglas has lectured in courses at Columbia University that address concerns regarding correctional systems and institutions. Doug is well known as a face of Black Men Heal as a present and stable host of King's Corner-a free weekly virtual mental health support group that has serviced over 1000 men across the country.

Phyllis Taylor, [Pannet Art Studio](#)



An Excerpt from PannetArtStudio.com:

“Here at Pannet Art Studio, we believe that working with our wounds through therapeutic creative tools is extremely powerful and healing because it gives voice to our “unspeakable” stories. Through the method of Intentional Creativity, we learn to step out of the paradigms that dominate our lives (internally and externally) and discover how to tap into our innate creative side... whether we know it's there or not!

Intentional Creativity: the integration of your inner and outer self using image, story and language with paint as the primary medium of expression to recreate your story leading you to a path of healing and transformation.”

Aaron Bernard -- Life Coach, Trauma Therapist



Aaron has a wealth of knowledge in the mental health profession, as well as being a public speaker and event planner. His hands on knowledge and experiences working with people that suffer from depression, anxiety, PTSD, child abuse, etc. make him the perfect person to work with the survivors that we'll encounter on our workshop tour. His dedication to helping people live happy, balanced, and healthy lives, mixed with his vibrant personality, make him invaluable to our workshop tour.

KRISTEN V. CARTER, BLESSED BOOKED & BUSY



Kristen V. Carter is a content creator, entrepreneur, and inspirational speaker, who has produced for a variety of television's top programs including the Emmy Award winning vocal competition series *The Voice* and the NAACP Image Award winning award show *Black Girls Rock*.

Most recently, Kristen served as the Director of Unscripted Development where she co-executive produced the documentary show *Motherly Love*, a companion special to the record-breaking documentary series *Black Love* on OWN. Kristen continues to develop television projects for reputable production companies while also writing and producing hit cable programs including the BET Awards 2018 Red Carpet Special, WeTV's *Growing Up Hip Hop*, and OWN's new hit docu-series *Chad Loves Michelle*.

In 2007, she founded JazziDreamer Entertainment LLC, a multimedia company specializing in writing, consultation, and production services. Through the company, she wrote and directed the award-winning short film *First Date*, which currently airs on Magic Johnson's cable network ASPIRE TV and the digital platform Kweli TV. Kristen's professional experience spans across a number of formats including documentary, competition, live events, digital content, and narrative film.

In 2016, Kristen expanded her entrepreneurial pursuits by creating Trust Your Magic™, an inspirational brand that reinforces the power of honoring one's gifts and talents to manifest personal greatness. In addition to empowerment events, she offers a series of items including specialty shirts, mugs, and journals.

Resilience organization: preventative education



Resilience is an independent, not-for-profit organization dedicated to the healing and empowerment of sexual assault survivors through non-judgmental crisis intervention counseling, individual and group trauma therapy, and medical and legal advocacy in the greater Chicago metropolitan area. Resilience provides public education and institutional advocacy in order to improve the treatment of sexual assault survivors and to effect positive change in policies and public attitudes toward sexual assault.

Melissa Center & Tanny Jiraprapasuke with [Whole Self Systems](#)



Melissa Center, an award-winning filmmaker & actress, and Tanny Jiraprapasuke, a mindful coach, practitioner, & scholar:

As they witnessed an erosion of humanity across the country, Melissa and Tanny decided to combine their talents, aligned values, and full dedication to affecting change for good. They are not trying to dismantle “systems,” but rather to interrupt the status quo “systems” by offering a new kind of system: Whole Self Systems. Through Whole Self Systems, Melissa & Tanny inspire new ways to communicate, empower ethical leaders (many from marginalized communities), and elevate workplaces that prioritize diversity, gender equanimity, & social innovation.

BRENDA TRACY: SET THE EXPECTATION



Brenda Tracy is a gang-rape Survivor of 4 NCAA Football players. She's taken her story of horrific devastation and turned it into one of redemption and resilience. She's toured over 100 colleges and universities around the nation spreading awareness about the realities of how sexual violence can affect the Survivor's life for decades to come. Brenda will be sharing her experiences with those that come, which we are inviting the Athletic departments of both USC & UCLA so that they get first-hand knowledge as well and can "Set The Expectation" and be accountable for their behavior, as well as their athletic counterparts.

The Antidote Conference will also be hosting a workshop called "SPEAK." Survivors will be able to record telling their assault on camera (with their identities protects...face blacked out and voice altered for safety). We will use all of these videos to show the NCAA and colleges & universities that there is most certainly an issue on their campuses, and "The Tracy Rule" should be implemented within all NCAA organizations, which is merely a start.

SHERI KURDAKUL: [VICTIMS VOICE APP](#)



Sheri Kurdakul, the Founder of Victims' Voice, is a Domestic Violence Survivor. She's created an app that provides Domestic & Sexual Violence Survivors with a legally-admissible way to record their assault. The Survivor can either hold on to it until they're ready to seek justice, or they can utilize it then. Either way, their statement via this app will hold up in court whenever the time comes.

BARK: CYBER SAFETY & PARENTING IN THE DIGITAL AGE



Created in collaboration with child psychologists, youth advisors, digital media experts, and law enforcement professionals, Bark delivers a research-backed, kid-friendly solution for safeguarding families as technology changes how and where we communicate.

Bark representatives will come to educate us on how to keep our children safer online. There are many expert predators that know how to reach our children online in a subtle, friendly manner. Bark will help us to understand tactics, as well as give us information on how we can protect our children more efficiently online.

HEAL: DOCTORS ON DEMAND



Given that many Survivors don't have access to medical checkups (lack of proper insurance and money), we will be providing on-site medical check-ups. We will have a couple of Doctors and Medical Assistants that will be checking blood pressure and blood work for any serious issues. They'll also be able to provide information regarding finding a doctor for their particular insurance and budget.

MORE TO COME.....

PERFORMANCE ARTISTS WILL BE SHARED AT A
LATER DATE.
