

Dr. Trudy Phelps obtained her Ph.D. in Biophysics at the Institute of Cancer Research in London, England. After several years of cancer research, she supervised the writing of international standards for medical devices on behalf of the British Standards Institution.

A number of years in the standards arena culminated in her appointment as Chairman of the European Healthcare Standards Advisory Board, Rapporteur for the Healthcare Sector of the European Standardization Organization (CEN), and Chairman of the European Committee for Standardization for Nanotechnologies.

Trudy emigrated to the US in 2008 and began to pursue an interest in natural health and energy medicine. She trained in bio-energetic testing using advanced energy software and established [TAP Into Life Health LLC](#) as a natural health practice.

This was closely followed by certification as a Natural Health Professional, and a Loomis Digestive Health Professional. Trudy is licensed by the Pastoral Medical Association.

The practice is committed to find effective ways of treating, restoring and maintaining the vital health and wellness the Creator intended us to have. An important part of holistic healthcare is recognizing that people should be truly invested in their health. To this end, we provide information, understanding, resources, recommendations, and products to enable this.

Trudy is committed to ongoing learning and incorporates state-of-the-art treatment modalities using light, laser, and electrical frequencies to bring balance to the body. More recently, identifying and removing weaponized pathogens (which are pathogens altered in a laboratory, such as Covid), and frequencies of emotional and spiritual issues, has been a focus.

Trudy's ministry follows one of the original foundations of the OSJ, which is to heal the sick, and more specifically enables many believers to better pursue their own ministries with health and vigor.

