



WORTHY

PROVIDING SUPPORT TO WOMEN & CHILDREN
DISADVANTAGED BY DOMESTIC VIOLENCE
INFORMATION GUIDE



WORTHYAUSTRALIA.ORG
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WORTHY

Worthy Australia is a Perth based not-for-profit organisation, founded in 2020 by Perth Nurse Jennifer Ball.

Worthy's aim is to assist in rebuilding the lives of women and children who are experiencing, or under threat of, homelessness due to domestic violence. We work closely with frontline domestic violence services to provide the necessary tangible items required for families to restart their lives, safely and with dignity, in a new home.

Worthy's key programs, initiatives and achievements are outlined in the following pages.

"Women in Australia are being forced to choose between extreme poverty and violence. That is a decision that no woman should have to make for herself or for her children" – Jennifer Ball





WORTHY'S MISSION

To break the cycle of poverty and homelessness for the women and children of Perth, who have been disadvantaged by domestic violence.

THE SAFE HAVEN PROGRAM

WORTHY'S KEY INITIATIVE

In Australia, domestic violence (DV) is the leading cause of women's death, disability and illness, over any other preventable factor. **Domestic violence is also the leading cause of homelessness in women.**

The importance of safe and stable housing for survivors of domestic violence is paramount. Once survivors have fled their abusers, they need a safe space to live to ensure they do not return to their threatening environment.

When victims of domestic violence escape their abusers, they often leave with nothing but the clothing on their back. The threat of violence escalates during times of escape, which means victims often leave during a small window of opportunity. There is no time to pack and no time to plan for the future. Women and children are forced to couch surf, sleep in their cars and if lucky, may find refuge in a domestic violence shelter.

Unfortunately for many women, that is where the support ends. Once women exit the crisis phase of their escape, they are often left to fend for themselves; But how does a woman rebuild a life for herself and children when she has been left with nothing?

Enter Worthy Australia.

Working with front-line women's refuges and DV organisations, Worthy Australia creates safe, functional, personalised and beautiful homes for domestic violence survivors to rebuild their lives.

Worthy is provided a house, which is an empty shell. A team of incredible Worthy volunteers then enters and completely furnishes it from top to bottom. Worthy provides all furniture, white goods, bathroom, kitchen and laundry necessities, decor, children's toys and pamper items, and styles the house **to make it a home.**

The brave woman, or mum and children, are then handed the keys. These strong and resilient survivors now have a safe and loving space, that shows them they are worthy of a second chance.

The safe havens that we create do not just provide tangible goods. They create hope, dignity and self-worth, all of which are ripped from women and children when they experience trauma and violence.

Worthy's Safe Haven program allows women and children to exit refuge without the stress and financial burden of having to start over and rebuild their lives from scratch.

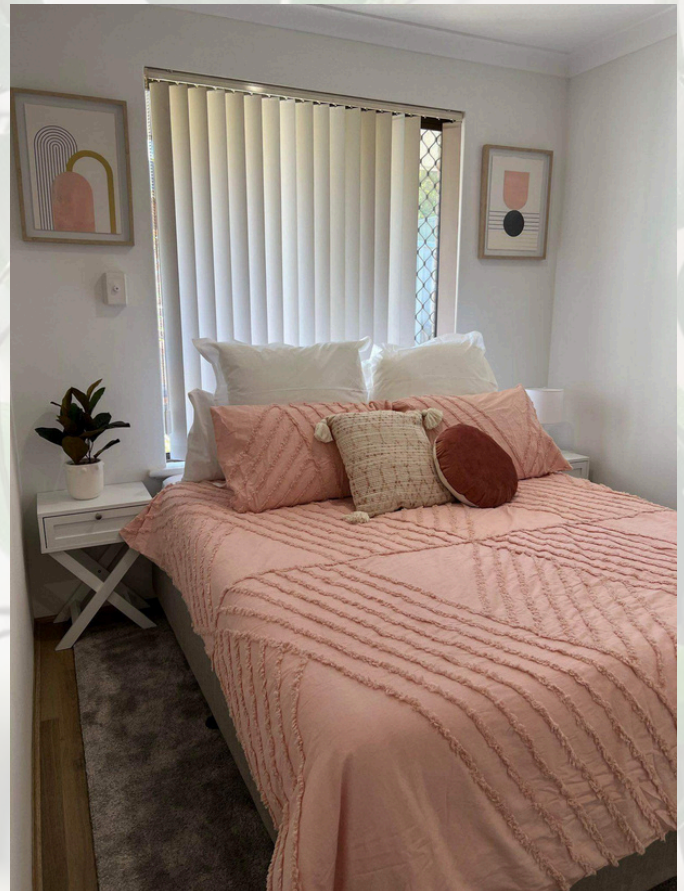
EXAMPLES FROM OUR SAFE HAVENS

SAFE, WARM, FUNCTIONAL HOMES



EXAMPLES FROM OUR SAFE HAVENS

SAFE, WARM, FUNCTIONAL HOMES



A kitchen counter with various items from the brand 'Anko'. In the background, there are white cabinets. On the counter, from left to right: a box for a '2 Sandwich Press' with a picture of a sandwich; a box for a '20 Litre Microwave' with a picture of the microwave and two mugs on top; a box for a '5 Piece Lustre Cookware Set' with a picture of a pan and two mugs on top; a box for a 'White 12 Piece Dinner Set' with a picture of a plate and a bowl; a box for '4 Anko Standard Tumblers' with a picture of two tumblers; a stack of colorful towels; and a box for 'Anko 2 slice toaster'. There are also some kitchen tools like a whisk and tongs, and a stack of yellow plates.





CLIENT FEEDBACK

I am a mother of 5 beautiful children, one which is grown and left home. The other 4 younger kids and I have spent many years running from a very toxic and abusive environment that took its toll on all of us, mentally and physically. I myself have always put my children's needs and safety first but when it came to the point where it was out of my hands, and I was being violently and physically abused, my only choice was to leave everything we loved and cherished, behind. We left with literally the clothes on our backs and went into a refuge that allowed us to be safe. We lost everything. Kids schools that they went to since toddlers, friends, Baby photos, their grandparents ashes, our cherished items, kids favourite toys, even the kids merit certificates and every medal they had ever won. I felt so defeated and torn between whether or not it was even worth it to start all over again. Every thing we had ever known was left behind. Along with that my strength and mental health.

It was a hard journey and many times we struggled. Countless sleepless nights, uncertainty, and isolation. How were we ever going to walk away from this?

As excited as I was to have the keys to a new house, I was terrified at the thought of how I was going to be able to furnish a house and start again with absolutely nothing to my name. Nothing.

We had our clothes, and anything we were able to pack into a bag and that was it.

But all thanks to a local charity Worthy Australia, we not only opened our front door to a house, but we opened that front door to a home, completely furnished in immaculate detail. Our very own home. Each and every single room was perfectly fitted to match each and everyone of us. We had our own bedrooms, with our own beds, our own space after sharing beds for over a year. Our very own kitchen perfectly fit with everything we could possibly ever need, we had a beautiful lounge room fit with everything we needed to start our new adventure. We had everything. Every single part of our new home was not only filled with items and utensils and things needed to start over, but we could feel so much love and kindness that these volunteers put into making sure we could call this house our home.

I don't think I will ever truly find the right words to be able to describe what these beautiful people did for myself or my children. I honestly don't think I will ever be able to express just how much they did for me or the chance they gave me at a new life. Being able to tuck my children into bed and say good night and wake up in the morning with happy and safe hearts is the greatest gift I will ever receive.

I have seen my kids shine since we have moved in, I see their little hearts so happy. We have made beautiful friends with our neighbours, we have a home that we are finally able to have friends come over and experience normal and happy celebrations.

We are so very grateful To whoever was involved in our new life, and from the bottom of my heart, as a mother, I thank you so much. I wake up now and I'm excited for the day. I feel safe, I feel like I'm finally the right role model for my kid's, and I will forever be grateful for this opportunity. Thank you, from the bottom of our hearts and mostly thank you from a mum that needed saving 💜



CLIENT FEEDBACK

"Dear Jen & Worthy,

I came from having everything to absolutely nothing. We owned our home and had nice furniture. But behind closed doors, me and my kids lived a nightmare.

We lived rural, so it wasn't like we had neighbours to hear the screams, the yelling or see at time the bruises. It wasn't just me that endured the many years of abuse, torment and control, the kids endured it too. I planned so many escapes, but the fear was too great. Isolated. No family. Controlled. Our lives were threatened constantly.

Then 3 years ago myself and the kids got the courage to escape. Early morning. No phones, and only a change of clothes. In such a panic to not get caught, I forgot the baby bottle that I had made for our run. We had absolutely nothing.

There are 2 days in my life that I will never forget, The day that we escaped our nightmare, and the day me and my kids walked through the doors of my brand new home that was fully furnished with the most beautiful things.

To say that I didn't cry when I opened the front door in disbelief, is an understatement. After all these years, being told that no one cared for me or that I wasn't worth a thought, suddenly changed.

How did absolute strangers do all of this, not just for me, but for my kids?

We all had a fully furnished bedroom. Each room was like a page from a magazine. The bathroom vanity was stocked with personal care items. The laundry cupboard was full of brand new linen. The food pantry-full!

After so many years of abuse, only having to rely on the person who took my life away, it was given back to me that day, and for that moment I knew we got our lives back, which was made easier thanks to WORTHY Australia.

I feel forever grateful for every single person who helped me and my family on this journey. "

**"AFTER SO MANY YEARS OF ABUSE, ONLY HAVING TO RELY
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WORTHY ACCOMPLISHMENTS



01

We were the 2024 WA Volunteer organisation of the year! Awarded by Volunteering WA and LotteryWest, this award is dedicated to organisations that by adhering to impeccable governance standards and quality volunteering programs, are making a strong impact in the community.

03

3 major fundraising and awareness events. All of the events sold out and were an incredible way to bring women and men together in a safe and empowered space to talk about the effects of DV and to celebrate survivors

08

Worthy partnered with Zonta House Refuge Association to completely furnish an 8 bed women's refuge, named Annaear House.

151

Worthy has 151 engaged and passionate volunteers. Worthy fosters a supportive, safe and nurturing environment with volunteers from all walks of life bonding over a shared passion.

04

Our founder Jennifer was a top 4 finalist for an Australian of the year award. This recognition only possible due to the incredible impact Worthy Australia has made under her leadership.

51

51 completed Safe Havens. That is 51 women and close to 150 children who have been provided a home after fleeing domestic violence.

10

Worthy have 10 official referring refuge agencies for its Safe Haven program and are the first choice support for post-crisis rebuilding support.

58

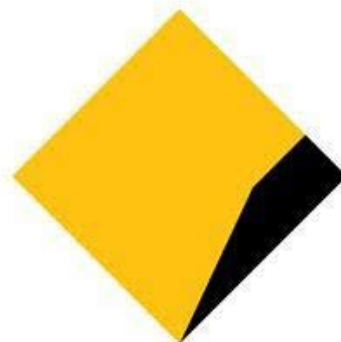
We reached the huge milestone of moving in to our first warehouse! Now housed at 8/53 Biscayne Way, Jandakot, our operations are more streamlined and safer than ever.



WORTHY MAJOR PARTNERS & SPONSORS



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DOMESTIC VIOLENCE IN AUSTRALIA

FACTS AND STATISTICS

Domestic violence (DV) is the number one cause of homelessness for women and children in Western Australia.

The research and statistics present very clear evidence that the majority of domestic violence victims are women in vulnerable positions.

Women between the ages of 25-34 years experience the highest rates of domestic violence. Within this group Indigenous women have been shown to experience DV at a higher rate than their non-indigenous counterparts.

25-34 is also the age range of Australia's highest fertility rates. Many domestic violence victims are young mothers, with young children or pregnant.

Australian women are desperate for more support and resources. And this is why we are working so tirelessly to become a key resource. **We are needed.**

DV: THE FACTS

On average, one woman is killed every seven days by a current or former partner.

DV **does not** just include physical abuse. **Coercive control** plays an integral role in creating a power imbalance in DV relationships.

Emotional abuse, verbal abuse, financial abuse, sexual abuse, harassment and stalking **are all forms of domestic violence.**

17% of adult Australian women (thats **1.6 million women**) have experienced domestic violence.

1 in 6 women have experienced domestic violence by the age of 15.

1 in 5 women have experienced sexual violence, with most aggressors being a previous or current partner.

Domestic violence saw 82,000 people seek help from homelessness services between 2019-2020. Out of these people **79% were female.**

Western Australia experienced the **third highest rate** of domestic violence per state for 2019-2020.

WHAT THE FUTURE LOOKS LIKE

HOW CAN PEOPLE HELP?

- Sponsor a Safe Haven
- Corporate volunteering
- General volunteering
- Donate household goods
- Furniture transport
- Hold a fundraiser
- Follow us on socials

GOALS

For Worthy Australia, success looks like being able to accept and fulfil every referral that comes to us.

Success looks like expanding regionally in WA and then nationally.

As we head in to 2025, we need as much support (both financial and in kind) to make this a reality.

Our service is necessary. We fill a gap in vital services available to women and children who are survivors of domestic violence and homelessness.

We have achieved so much, but we will keep pushing to ensure all women across metropolitan and regional WA have access to our services, as we then look east to continue expanding our impact.



TOGETHER

We can achieve so much. Alone, we can do so little.

CONTACT US

WE HAVE WORK TO DO...

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