

SOUTHAMPTON-WARMINSTER AREA LIONS CLUB

FOURTH OF JULY 5K TRAIL RUN

Monday, July 4, 2022

Klinger Middle School • 1415 Second Street Pike • Southampton, PA

Registration / Check-In Begins @ 7:00 AM • Race @ 8:00 AM

Proceeds Benefit Lion's Sight Projects

Tri-County Eye Physicians & Surgeons, PC

Professional Timing Provided by: Bryn Mawr Racing Company

- **Run** - measured course through Tamanend Park Trails.
- T-Shirts available to all participants. **Reserve your size by pre-registering.**
- **RAIN OR SHINE** – Pre-Registration Fees are non-refundable.
- Light refreshments at finish line.
- Awards following **Run** for:
 - Top 3 Finishers in Male/Female Categories
 - Top 3 Finishers in Age Groups
19 and under / 20's / 30's / 40's / 50's / 60+
- **Questions** – Contact Steve @ (267) 246-1638 / Pat @ (267) 246-1647 / Joe @ (215) 350-7886
- **Two Ways to Register:** (1) On-Line or (2) Via US Mail

On-Line @ www.brynmawrracing.com

Race - \$30.00 by 5/31/2022 ~ \$35.00 by 6/24/22 ~ \$40.00 after 6/24/2022
Small Service Fee Applies for On-Line Registration

Via US Mail

(Detach at Line - Complete & Return to: Lions 5K, PO Box 152, Southampton, PA 18966)
Checks Payable to – Southampton-Warminster Area Lions Club

Race - \$30.00 by 5/31/2022 ~ \$35.00 by 6/24/22 ~ \$40.00 after 6/24/2022

Name: _____ Phone: _____

Address: _____ Age: _____

City: _____ State: _____ Zip Code: _____

E-Mail: _____ D.O.B. _____

Male Female Adult Shirt Size S ___ M ___ L ___ XL ___ Other _____

Waiver & Release: I, the undersigned intending to be legally bound, do hereby waive and release all rights, claims, demands, and/or causes against the Southampton-Warminster Area Lions Club, the Southampton Days Committee, the Centennial School District, Upper Southampton Township, and all other event sponsors for any personal injury which I might sustain during the race/walk, whether immediately known to me or thereafter discovered and for any and all damages or losses which I might incur now and in the future arising from or out of my participation in this race/walk, and on my travel to/from the race/walk. I verify that I am physically fit and have trained sufficiently. Permission is granted use my photograph/likeness and name for any and all purposes.

Signature: _____ Date: _____

(Under 18 requires signature of Parent / Guardian)

Walk Ups Welcome Day of Event