

# L.E.A.D. with Security

Transform the Climate and Culture of Your Workplace  
Through *The Power of Attachment-informed Leadership*



“The emotional state of a leader becomes the emotional climate of the team.”

Imagine Leading a Team Where People Feel Safe, Connected, and Motivated to Perform at Their Best

By understanding the science of relationships, emotional safety, and attachment-informed leadership, leaders can strengthen trust, improve communication, increase engagement, reduce burnout, and create cultures where people thrive.

with Aric Bostick and Dr. Jaime Goff

## The L.E.A.D. Framework:



### Lead through the Lens of Attachment

Build an attachment-informed lens and identify your attachment style to better understand yourself and those you lead



### Earn & Embody Secure Leadership

Strengthen your security so you can lead with greater confidence, steadiness, and emotional regulation under pressure



### Attune to Self & Others

Create emotional safety by helping others feel safe, seen, and supported through active listening and secure attachment practices



### Do What Matters Most

Prioritize your own self-care habits through a “ME FIRST” approach to sustain energy and enthusiasm for the work you “get” to do

# An Attachment-Based Leadership Experience for Today's Leaders

This training uniquely blends Dr. Goff's research-based leadership psychology with Aric's high-energy, practical implementation strategies — giving leaders both the “why” and the “how.”

## Meet Your Facilitators

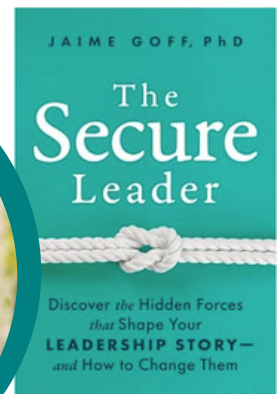


**Aric Bostick** is a national speaker, and attachment-informed leadership trainer who helps leaders create cultures where people feel seen, valued, and empowered to thrive. With more than 25 years of experience, he has inspired hundreds of thousands of educators, leaders, students, and professionals nationwide through his engaging, high-energy approach to leadership development. Drawing from neuroscience, relationship science, and practical leadership experience, Aric equips leaders with actionable strategies to strengthen trust, improve communication, reduce burnout, and build connected, high-performing teams. He is passionate about helping leaders create environments where people and organizations flourish.

**Website: [AricBostick.com](http://AricBostick.com)**

**Jaime Goff** is an executive coach, speaker, and author of *The Secure Leader*, specializing in attachment-informed leadership. With a background in psychology and organizational development, she helps leaders navigate uncertainty, strengthen relationships, and lead with confidence in complex systems. She designed leadership development strategy for a 40,000-employee health system, coaches senior executives, and led teams recognized with three Brandon Hall Human Capital Excellence Awards. Jaime blends research with practical tools leaders can apply immediately to build secure, high-performing teams.

**Website: [DrJaimeGoff.com](http://DrJaimeGoff.com)**



## What Leaders Are Saying:

*“Aric touches the heart and mind. He inspires by lifting, educating and connecting with everyone present. His energy is positive and I love the unique ways he brought us together and made moments of connection. He was impressive and real at the same time.”*

- C. Packham, Ivy Hall Academy Principal -

Your session was awesome! Relatable, energetic, vulnerable, practical, emotional, and useful. I'm glad we found you!

- President of HR Summit Committee-

## Bring **L.E.A.D. with Security** to Your School or Organization Leaders

Schedule a conversation to customize this experience for your leadership team.



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**Half- or Full-Day Trainings**



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