

DESCRIPTION OF PROGRAMS



ARIC BOSTICK

ATTACHMENT-INFORMED
LEADERSHIP
SPEAKER & TRAINER

Aric Bostick, LLC

E: aric@aricbostick.com

W: www.AricBostick.com

P: (800) 695-0132

Table of Contents

Description of Program – <i>FIRED UP! for College and Career Readiness Training</i> ...	3
--	----------

PROGRAM DESIGNED FOR:

Student Success Training

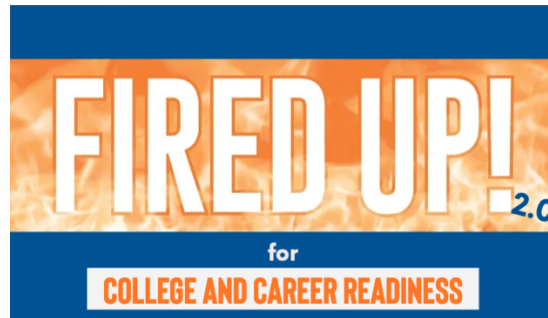
TARGET AUDIENCE:

Students Grades 6-12 and College

PROGRAM LENGTH: 2 – 3 hours

Appendices

1: Bio	...	4
2: Client and Conference List	...	5
3: Testimonials	...	6



PROGRAM DESCRIPTION

This interactive student achievement training teaches students the **7 FIRED UP** principles of success. Students will discover their “why” and how it can **FUEL** the pursuit of their dreams, to **Inventory** their assets, **Reframe** setbacks, cultivate physical and emotional **Energy**, **Declare** their goals, **Understand** how to build relationships, and to eliminate distractions by being **Present** in class and focused when studying.

FUEL: *Why do all the hard work to further my education and live my dreams? Who wins when I win, and who loses when I don't succeed?*

INVENTORY: *Inventory why you have what it takes to achieve your dreams and goals. When did you succeed in the past? What did you do to get there? You can do it again – you have the recipe.*

REFRAME: *What attitude or beliefs do you think you need in order to succeed? What current thoughts keep you from living into your highest potential?*

ENERGY: *The key to being Fired Up is not about being a firecracker, but being more like a candle. One of the keys to keeping the flame burning is through self-regulation.*

DECLARE: *Declare the goals you have for your life (personal, educational, college and career aspirations).*

UNDERSTAND: *Understand what it takes to achieve your dreams:*

1. *Show Up! Go to Class and be ALL IN!*
2. *Turn it In! With your name on it! Fully finished! With Excellence*
3. *Ask, if you don't know the answer*
4. *Study, and spend time with people who are successful academically*
5. *Write down when things are due*
6. *Apply, Apply, Apply for scholarships*
7. *Write a heartfelt application essay to demonstrate your commitment*
8. *Write thank you notes to those that help you along the way*
9. *When wrestling with self-doubt, call people who believe in you*
10. *Build relationships with your teachers, it will make all the difference*

PRESENCE: *Present your best self: Dress, walk, and talk like the person you plan to be. Be in the present moment: Keep your thoughts and feet in the here and now, and not in the past or future.*

ABOUT ARIC BOSTICK

Over the past 23 years, Aric has been an Education and Corporate Speaker and Trainer. He has spoken to over half a million people at conferences, events, and school districts from coast to coast. His audiences include students, educators, principals, superintendents and parents at School Districts and National, State, and Regional Education Conferences. He has also been an Employee Engagement Speaker for Corporations and Human Resources Conferences throughout United States and Canada.



During the course of his education career, as a High School teacher and coach, he created and led a student leadership club that was featured on television for its success. As a national speaker he created a summer leadership camp, an online professional development course for educators, an online college readiness program for students, and a college readiness curricula for students.

Building on a professional interest in leadership and relationships in the workplace, He has spent the last several years studying an attachment-informed approach to leadership, drawing on the work of some of the leading academics in this emerging area of leadership theory and practice.

Background

Aric's 23 years in education and corporate leadership speaking and training can be seen as comprising three distinct phases:

School teacher (1998 to 2002) – During the first phase, starting in 1998, Aric learned what it was like to be a teacher and sports coach. During this time, he drew on his original teacher training, other specialist in-service training, and the support of more experienced educators and school leaders.

National speaker (2000 to present) – As a national speaker (Aric's *'Fired Up'* program), he spoke to over half a million people (students, educators, HR Managers and corporate employees and executives) over an 18-year period. For this work, he drew on his own time in the classroom, an understanding of positive psychology (including CBT tools and techniques), and feedback from colleagues and clients. During this time, he became increasingly interested in the welfare of senior leaders in the corporate world and the welfare of school principals and superintendents in education, as well as the distinctive needs of educators in rural education settings.

Leadership trainer (2018 to present) – In 2018, Aric decided to combine his teaching and speaking experience with his interest in the welfare of education and corporate senior leaders, to create and start delivering a new range of training, based on the latest attachment and brain science (Aric's *Attachment-informed Leadership* program). Given his understanding of the distinctive needs of educational and corporate settings and their leaders (gained while working with them as a national speaker), he decided that he needed to strengthen the theoretical underpinning for his work. He did this by developing an understanding of modern attachment science (the quality and development of relationships over the life course), and interpersonal neurobiology (the neuroscience of attachment). During this time, he also started working with an attachment-informed leadership specialist.

Client and Conference List

National Education Conferences:

- Collaborative Conference for Student Achievement
- National Alternative Education Conference
- National Association Community Colleges Teacher Education Prep
- National Business Professionals of America Student Conference
- National Council for Community and Education Partnership Conference
- National Dropout Prevention Conference
- National Nutrition Conference

State Education Conferences:

- Adolescent Symposium Conference
- Arizona State School Nutrition Conference
- Association of Texas Professional Educators
- California FFA State Conference
- California State School Nutrition Conference
- Fort Bend ISD Peer Assisted Leadership Conference
- Franklin Covey 'Leader in Me' event – Vicksburg, MS
- Georgia State Title 1 Conference
- Hawaii Teen Traffic Safety Conference
- Indiana State Student Council Conference
- Kentucky State School Nutrition Conference
- Maine School Nutrition Conference
- Montana State Title 1 Conference
- Northeast ISD Peer Assisted Leadership Conference
- Regional FCCLA Conferences held in Pennsylvania, Rhode Island, Arizona and Texas.
- Tennessee Head Start
- Texas Association of Secondary School Principals Conference
- Texas Career and Technical Education Conference
- Texas Essential Knowledge and Skills Conference
- Texas GEAR UP Conference
- Texas Higher Education Human Resources Association Conference
- Texas School Safety Center Conference
- Texas State FCCLA Conference
- Texas State Peer Assisted Leadership Conference
- Texas State School Nutrition Conference
- West Coast GEAR UP Conference
- West Virginia GEAR UP Conference
- West Virginia School State Nutrition Conference
- Wisconsin FFA State Conference

Schools:

- Over 500 School Districts Nationwide
- Education Service Centers Nationwide

Universities:

- Bacchus and Gamma Area 5
- Bacchus and Gamma Area 6
- Bacchus and Gamma Area 7
- Bacchus and Gamma National Conference
- Bloomsburg University
- California University of Pennsylvania
- Clarion University
- Colorado Collegiate Tobacco Prevention Initiative Spring Conference
- East Stroudsburg University
- Edinboro University
- Florida State University - Freshman Orientation Speaker for 22 nights

- Frostburg University
- Indiana University of Pennsylvania
- Kutztown University
- Lock Haven University
- Mansfield University
- Meeting of the Minds – Partners in Prevention Conference
- Millersville University
- Park University
- People to People Ambassador Student Leadership Program held at: Harvard, Stanford, UCLA, Johns Hopkins University and George Washington University with students from 60 countries
- Roger Williams University
- Shippensburg University
- Slippery Rock University
- Sonoma State University
- Stockton College
- Tarleton State University
- Texas State University
- University of Nevada Reno
- University of Pittsburgh at Bradford
- University of Texas
- Wells College
- Wesley College
- West Chester University
- Young Harris University

Corporate Clients:

- Cellular Plus
- Cornerstone Credit Union
- Gold's Gym
- Houston Meeting Planners Association
- MedAmerica Billing Services
- Medical Management Association
- Meeting Planners International
- Mr. Rooter
- Practice Management Institute
- Society of Government Meeting Professionals
- South Florida Meeting Planners Association
- TransAmerica Investments & Insurance
- Travel Alberta Canada

Human Resource Conferences:

- Alabama State Society of Human Resource Professionals
- Austin Human Resource Management Association
- Central Texas Human Resource Management Association
- Corpus Christi Human Resource Management Association
- Human Resource Southwest Conference
- North Texas SHRM
- Permian Basin SHRM
- South Texas HR Symposium
- Texas Association of Higher Education Human Resources

Non-profit Clients:

- Child Care Associates
- Child Care Group
- Dallas Children's Medical
- Hospital
- Federal Bank Reserve of Chicago
- Pineland Behavioral and Developmental Disabilities
- United States Equal Employment Opportunity Commission – Fair Employment Practice Agencies – National Conference

TESTIMONIALS

Education Testimonials

"At an elementary school, it seems impossible to engage a speaker that will be able to appeal to the wide range of ages, inspire the faculty and staff, and have a message so powerful that kids encourage their parents to bring them back to school to hear him again in the evening. However, that is exactly what happened when we spent a full day with Aric Bostick! The morning programs, the leadership workshops, and a family event, in the evening, left our students, staff and their families Fired Up! And ready to tackle this school year- and life- head on!"
-Angela Kunkel, VP of Programs, Shafer PTA

"In one word, Aric Bostick is: AWESOME. From his fast-talking, high-energy, get-you-moving, can't stop laughing antics to his real-life, personal, touching story about being "that kid," Aric Bostick is exactly who your school needs. Get ready to feel motivated, inspired and awesome."
-Leslie Garza, Public Information Officer, Harlandale ISD

"Aric's visit was truly inspirational for our students, staff, and parents. All of Aric's interactions with our community was genuine, energetic and just what we needed to spark the flame to FIRE US UP! Aric's words of encouragement are truly inspirational. His visit is one to remember! Thank you to you and all of Aric's team. He is LEGENDARY, and I know his team is too!"
-Lesley Austin, Principal, Maypearl Jr. High School

"Aric's presentation was so fabulous that I am still hearing staff comment on what an impact his presentation had on them professionally and personally. Our staff members are actually holding each other accountable for their attitudes and behaviors. We have never had a speaker have such an impact on our staff."
-Tammy Lemoine, Assistant Superintendent of Curriculum and Instruction and Special Programs, Center ISD

"Aric's presentation is life-changing and inspiring!! He is one of a kind!! The energy that he gives is contagious!!"
-Vicki Guillory, Assistant Principal, Tisinger Elementary

"Aric Bostick is honest, speaks from the heart, and connects on all levels regarding education! After his presentation many of our participants were moved to tears because they recognized things that they needed to change in both their personal and professional lives. If you need to be reminded about why you chose education as your career or WHY education is so important to our workforce and communities then you must invite Aric to your school or community event."
-Kimberly Tobey, Director, National Association of Community College Teacher Education Programs (NACCTEP)

"Aric presented as a keynote speaker to over 1,000 staff members in East Aurora School District 131 for a special Institute Day focused on staff wellness—body, mind, and spirit. His presentation was simply electrifying! This was not only due to his high-spirited approach to "fire up" the staff, but also due to his comprehensive preparation before the event. He spent several hours listening to an overview of the state of the District and the needs of the staff and seamlessly wove those ideas into a presentation that was unforgettable. Throughout the day, the staff lined up to speak with him, have their books signed, and to hear his additional words of wisdom. The shared sentiment was that Aric was one of the best presenters they have ever seen!"
-David Brusak, School Improvement Director, East Aurora School District 131

"Because Aric has been in the education field, he can relate to the teacher working in the classroom day in and day out. He knows the struggles and the blessing that go with this profession and he gives the teachers inspiration and motivation to continue to do what they love, making a difference in a child's life."
-Diana Ferguson, Executive Director, TIVA

"Aric became an instant hit with our child care teachers and staff. He as them "Fired Up" to greet our incoming preschoolers for the new school year. His presentation was lively, interactive and inspiring. Many staff stated that he changed their perspective and outlook on life."
-Bob Duke, Child Care Associates - Interim President and CEO

"Aric's genuine love for the educator community and his shared mission for what we all do comes across at every moment of his presentation. It's this passion more than anything that gets us all Fired Up!"
-Johanna Hoyo, Gear Up Coordinator, Manor ISD Office of Federal Programs

"Aric is so easy to work with! It was a very simple process to get Aric on our campus! I have never seen our employees so engaged with a speaker or with each other! Aric is what we needed!! We have heard from several employees who have said that Aric is the best guest speaker we have ever had!!" -Jenny Keener, HR Assistant, Western Nebraska Community College