



DESCRIPTION OF PROGRAM

Audience

School Administrators, Leaders, and Superintendents

Program Title

LEAD with a Better Understanding of Yourself and Others: The Power of Attachment-Informed Leadership

Program Description

Imagine connecting more deeply with your staff and students, getting more done, and avoiding burnout at the end of each day. By gaining a deeper understanding of yourself, others, and the dynamics of relationships, you can create a workplace culture that boosts energy, fosters connection, and enhances leadership effectiveness.

Attachment-Informed Leadership is a distinctive approach rooted in attachment science and relational neuroscience. Discover how embracing leadership through the lens of attachment can transform your workplace, and cultivate a culture of care, connection, and school safety for both your staff and students.

L.E.A.D. Framework:

- ***Looking through the lens of attachment:*** Understand how attachment science can bridge gaps in leadership, enhance team dynamics, and improve professional learning communities, by identifying different attachment styles and their effects on workplace interactions.
- ***Earning your security:*** A leader's sense of security directly impacts the success of the team. Learn how to build and strengthen your own security, regardless of your past.
- ***Attuning and Creating Secure Attachment:*** Master techniques to help others feel safe, seen, and supported, fostering strong relational bonds and a collaborative, harmonious team.
- ***Doing what matters most:*** Prioritize self-care with a "ME FIRST" approach. When you take care of yourself, you're better equipped to lead and support others.

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