



PRP Protocol

for making sticky bone with platelet-rich-plasma
and fibrin membranes from platelet-rich-fibrin

- Place test tubes into the centrifuge in a symmetrical, balanced pattern.
- **Spin for 5 minutes.**
After the centrifuge stops spinning, use a syringe to withdraw enough of the clear fluid from the test tube to fully moisten the bone particles for “sticky bone”.
- Replace test tube(s) in the centrifuge in a symmetrical, balanced pattern.
- **Spin for an additional 7 minutes.**
After the centrifuge stops spinning, use tweezers or a similar tool to carefully extract the fibrin blob, and then snip off (and discard) the red end with scissors. Place fibrin blob flat on the steel tray and cover.
- Let sit for 10+ minutes to allow formation of fibrin membrane.