



MILD Dental Anxiety Protocol

1

Options that can be used for today's visit:

- Offer COMFORT ITEMS (blankie, pillow, headphones, etc.)
- Offer Nitrous Oxide (D9230 ~\$86)
- Schedule treatment like normal

MODERATE Dental Anxiety Protocol

2

These options are mainly for use at the patient's *next* appointment(s):

- Offer Nitrous Oxide (D9230 - \$86)
Note: it is recommended to use nitrous oxide AND anxiety medications together to increase the effectiveness of each.
- Offer moderate-dose anxiety medication:
 - We prefer to DISTRIBUTE the medication to the patient directly (D9630 - \$25).
 - To distribute: get pre-made pill(s) & bottle from medicine cabinet, add the date, patient's name, and mark off drug/quantity on medication ledger. Ensure instructions on the bottle match intended use for the *moderate* protocol.
 - Alternatively, we can PRESCRIBE the medication (no fee). While there are multiple options for the doctors to consider, our *preferred* Rx template that complies with our *Moderate Protocol* is:
 - "Anxiety (MOD): Ativan" (0.5mg, 3 tablets. Take 2 tabs the night before your appointment, then one tablet an hour before your appointment.
- Schedule the patient for treatment like normal. Patient is advised to use caution when driving, but we do not *require* them to have an escort at this dosing. As usual, there are fees for short-notice cancellations or no-shows.

(Over for more...)

SEVERE Dental Anxiety Protocol

3

Medicated “Deep Relaxation” appointments are to be scheduled for a future date:

- The patient will need a pre-operative assessment (D9219 “Evaluation for Moderate/Deep Sedation” - \$25).
 - That assessment can happen today, at the time of an initial exam, a recall exam, or during a separate appointment (~30 minutes).
 - Patient shall complete the *Dental Anxiety Assessment & Consent for Treatment* form within RevenueWell. Doctor shall review and discuss the form with the patient to determine eligibility and dosing.
- The treatment plan is to be reviewed and signed. It should include all the dentistry that we hope to complete during the Deep Relaxation appointment, plus D9244 “Administration of Sedation using single drug” - \$250.
- The Deep Relaxation appointment is then scheduled, with an additional hour added for the Deep Relaxation protocol.
- Once the doctor determines the appropriate dosing, medication is distributed to the patient (for no additional fee, as this is part of D9244).
 - To distribute: get pill(s) & bottle from medicine cabinet, add the date, patient’s name, and mark off drug/quantity on medication ledger. Ensure instructions on the bottle match intended use.
- Patient is to strictly follow the directions on the bottle/Rx. Depending on the medication, they will take one or more pills the night before their dental appointment. They will be given more medication at the start of their Deep Relaxation appointment.
- Patient must have a Trusted Companion bring them to their Deep Relaxation appointment, and that Trusted Companion must come inside the office and complete the *Trusted Companion Acknowledgment* form within RevenueWell (to be completed under the *patient’s* chart/name).
- The cancellation or no-show fee for a Deep Relaxation appointment is \$250.