



## 2023-2024 Department of Washington Veterans Affairs & Rehabilitation (VA& R)

*“The Veterans Affairs & Rehabilitation program promotes our mission to enhance the lives of our veterans, military, and their families, both at home and abroad.”*

### **Plan of Action - ways that you can help:**

- **Volunteer and support to Veterans in your community.**
  - Volunteer your time, donate goods and money to a local VA program, hospital, or Gift Shop.
  - Support veteran caregivers, family members and survivors.
  - Record your Unit's volunteer hours and dollars spent for each member and report these impact numbers to your District President.
- **Support rehabilitation and healing of veterans through arts, crafts, and hobbies.**
  - Help your Unit to make donations to support your local VAMC's Creative Arts Festival. Winning entries compete at the *National Creative Arts Festival*.
  - Identify your veterans' artistic strengths in your community (such as writing, oral history, visual and performing arts, quilting and gardening). Offer a class and/or donate art supplies.
  - Apply to the ALA Foundation for an ALA Local Veterans Creative Arts Festival/Creative Arts Workshop Grant.
- **Enroll Auxiliary members as VA Voluntary Service (VAVS) volunteers at VA health care facilities.**
- **Help The American Legion, State Department of Veterans Affairs (WDVA) and your local Chamber of Commerce promote job fairs for veterans and their families.**
- **Find opportunities for Auxiliary members to serve veterans in your area such as serving the homeless.**

Obtain a current copy of the  
*Veterans Affairs & Rehabilitation: A Guide for  
Volunteers Revised 2022*: [alaforveterans.org](http://alaforveterans.org)

Diana Hagen  
VA & R Chair  
[randy-diana@comcast.net](mailto:randy-diana@comcast.net)  
425-271-3881 (home)