



## FALL 2023 - SEWING REQUEST

VA Puget Sound Health Care System  
SEATTLE VAMC

using *PATTERNS WE USE TO HELP OUR VETERANS*

### Mail or Deliver (using the VA Puget Sound Donation Form) to:

Department of Veterans Affairs  
Puget Sound Health Care System, S-135  
ATTN: Voluntary Service  
1660 S. Columbian Way  
Seattle, WA 98108-9804

### Packaging Instructions:

Please use clean material that has been washed 2 times in hot sudsy water (do not use fabric softener sheets or liquid). Package each of the items in a gallon-sized Ziplock-type clear plastic bag. (If available, use *ALA Fabric Name Labels* to identify finished Auxiliary sewing projects.)

#### **1) DITTY BAGS**

Two different tie string examples are shown. They may be made larger than the measurements shown, but don't make them smaller! Shoelaces make great drawstrings. See pattern for instructions.

#### **2) ELECTRICAL WHEELCHAIR POCKET**

Cut two pieces of cloth, each 17" x 11-1/2" – one will be the lining, or one piece 34" x 11-1/2". Also cut two strips 24" x 1-1/2" for ties. See pattern instructions.

#### **3) LAP ROBES**

Lap Robes may be made in just about any size. 4' x 6' or 4' x 5' are the most common. They may also be made from just about any material as long as it is washable. **Quilted or Fleece-types are preferred.**

#### **4) URINAL COVERS**

Cut washable fabric to size 15" x 30". See pattern instructions.

#### **5) TWIN QUILTS for Hospice Patients**

Thank you for making these items as they will be used and appreciated by our veterans in the *Community Living Center*, Spinal Cord Injury, MS & Hospice Units.



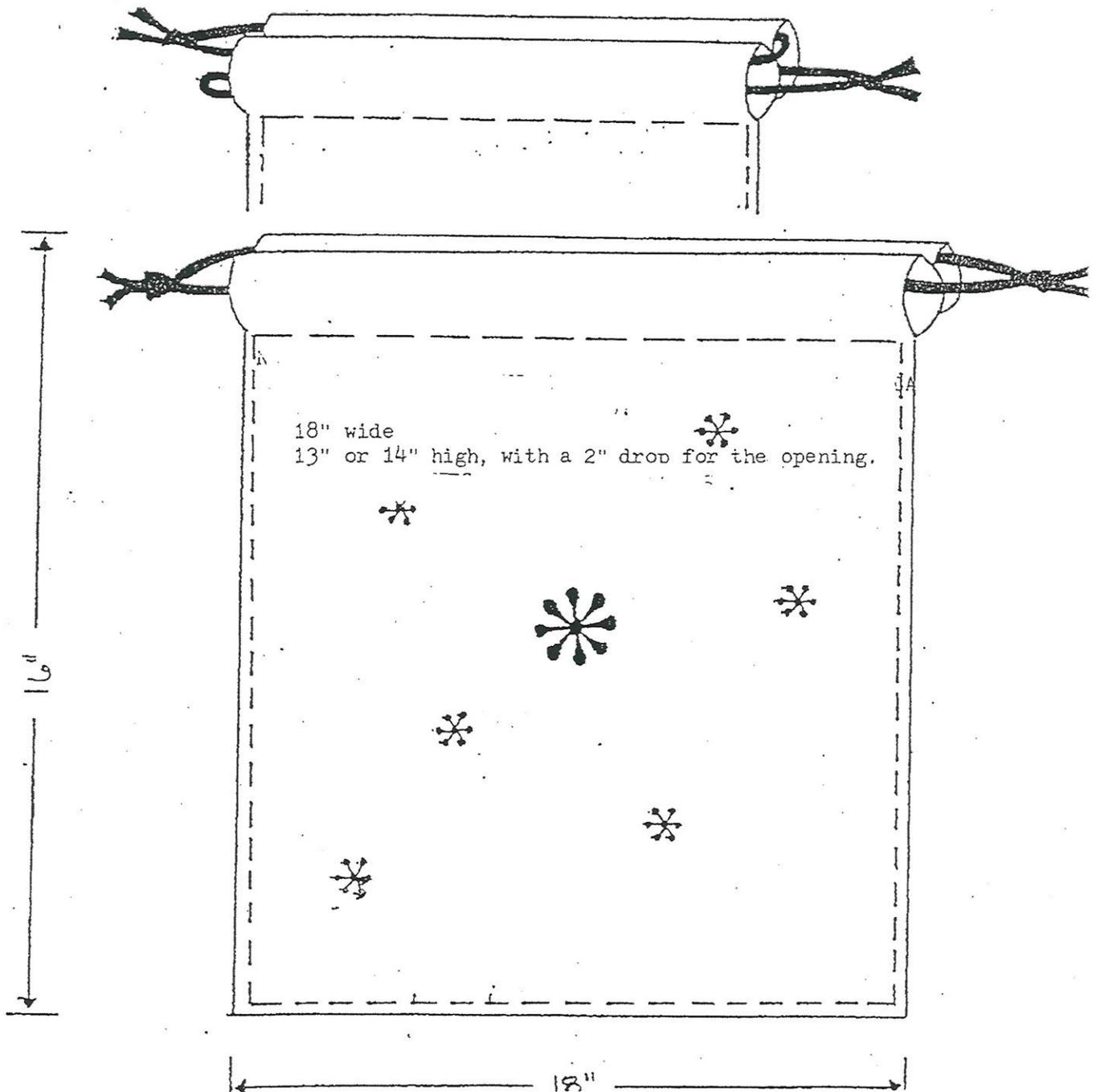
**PATTERNS**  
WE USE TO HELP OUR  
**VETERANS**

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## DITTY BAGS

These substitute as shaving/make up bag or just to carry miscellaneous items. Two different tie string examples are shown. They may be made larger than the measurements shown, but don't make them smaller! Any material is all right since these are used by men and women and do not get washed as often as the other material items.

**PLEASE:** REMEMBER TO ADD THE DRAWSTRINGS. Shoelaces make great drawstrings.)

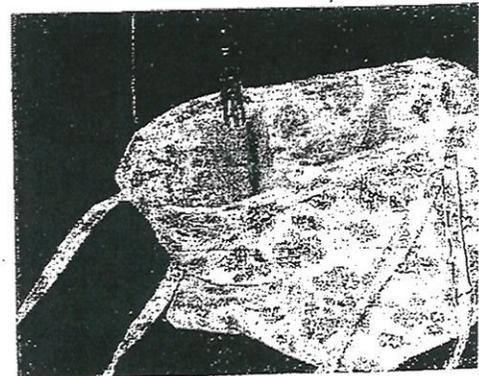
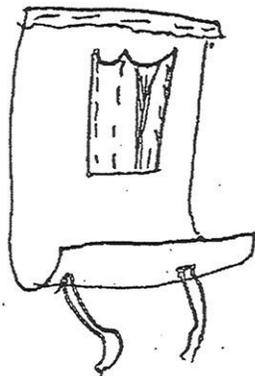
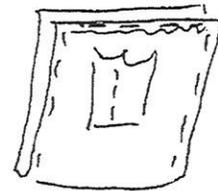


## PATTERN FOR ELECTRICAL WHEELCHAIR POCKET

1. Cut two pieces of cloth, each 17"x 11-1/2" – one will be the lining, or one piece 34"x 11-1/2". Also cut two strips 24"x 1-1/2" for ties.
2. With right sides together, join with 3/8" seams, sewing down both sides and across one end. If using only one fabric, fold right side in and sew side seams.
3. Turn right side out and press the seams. Turn down 3/8" on the open end and stitch across. This will be the inside of the pocket.

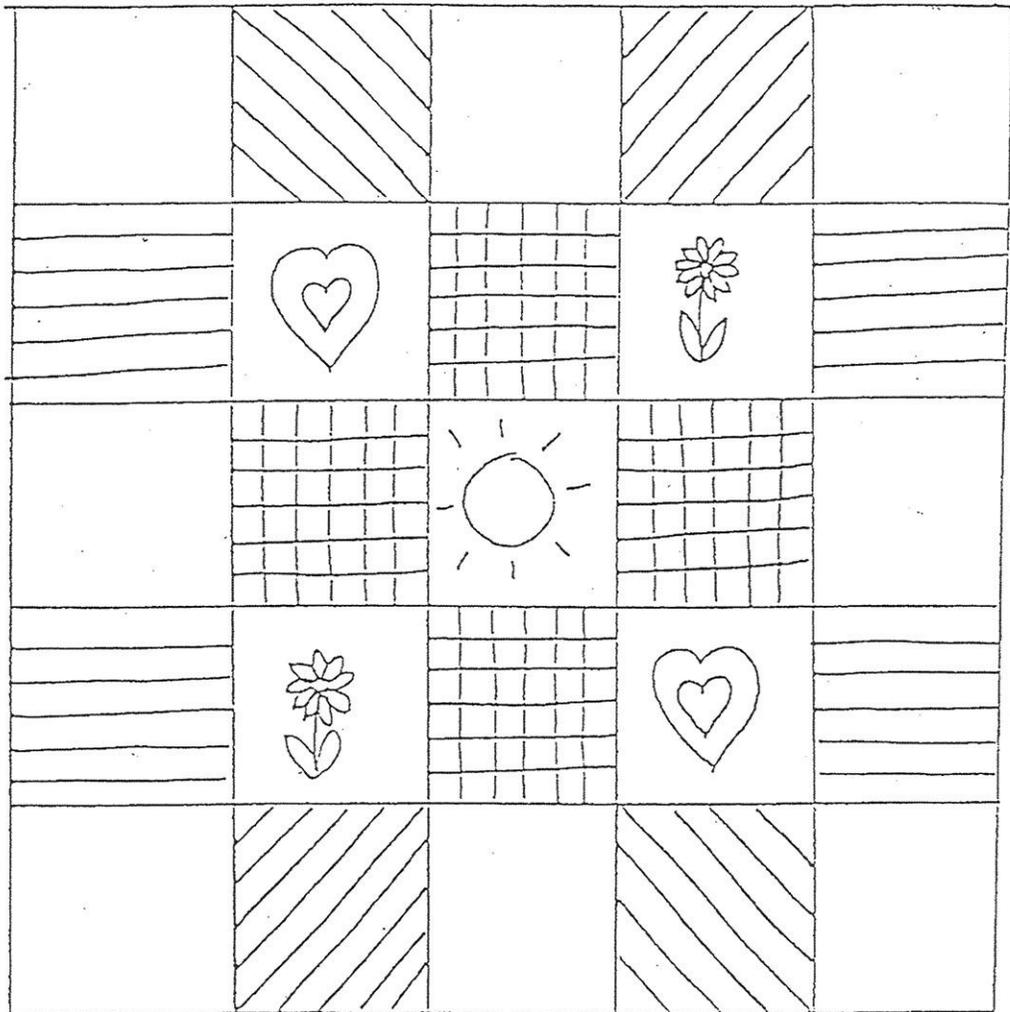
### Inside Pocket

- a. Cut one piece 7"x 8 inches.
  - b. Sew 3/8" hem along one long edge (top of pocket)
  - c. Turn under 3/8" on all remaining sides and press.
  - d. Take a 1/4" tuck near the other edge of the little pocket, then make a box pleat about 3/4" deep on each side.
  - e. Attach with top of inner pocket one inch from top of bag and 1 to 2 inches from a side seam.. Stitch two rows around the pocket, then stitch one vertical line from top to near bottom, forming a narrow space for a pen and a wider space for eyeglasses or cell phone.
4. To make the ties, fold 24-inch strips twice toward center, with the ends tucked inside, then stitch lengthwise. Now turn the pocket over and go to the other end to sew the ties to the outside of the pocket.
  5. Measure 8 inches from the end of a tie then attach it by sewing across the tie starting one inch below the top edge. Sew down for 3 inches then back across and back to the beginning.
  6. Fold two ends together with little pocket on the outside & ties inside. Sew side seams.
  7. Flatten end so side seam is on top, ending in triangular point. Stitch across the points one inch from the tip. Stitch several times across.
  8. Turn right side out. Sew 3/8 hem around top.



## LAP ROBES

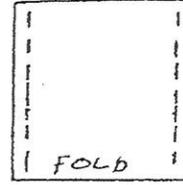
Lap robes may be made in just about any size from 3 feet to 6 feet, oblong or square, depending on what you want to do. They may also be made from just about any material as long as it is washable and attractive. They may be one layer thick or a quilted type. You may use your imagination and add things like pockets in the center or a fancy border. Crochet or knit them, patch tie them. Remember that we have men and women patients and we all love bright pretty materials to brighten their rooms.



4' X 6' or 4' X 5' most common sizes

URINAL COVER  
3/8" seams

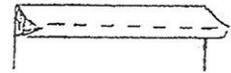
1. Cut washable fabric to size 15" x 30"
2. Fold into a 15" square, right sides together.
3. Stitch both side seams.



4. Turn right side out, press, and top stitch the side seams about 1/16 inch from edge



5. Make drawstring pocket by turning down top 1/4 inch, then 3/4 inch (total for hem is one inch). Backstitch both ends.



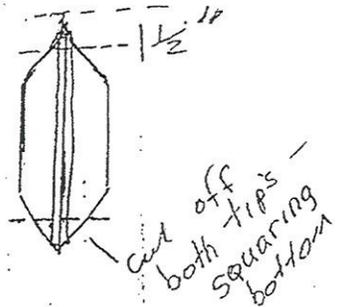
6. Fold stitched sides together. From the bottom, sew together for 5 inches. Backstitch at top of seam.



7. Fold flat with seam in center. Stitch across the bottom.

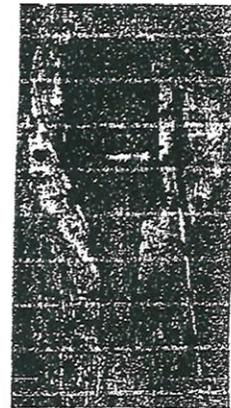


8. With bottom up, form a point at the corner with bottom seam flat. Measure 1-1/2 inches from point and stitch across - either several times or with zigzag stitch. Trim off points.



9. Turn right side out and insert tie. Stitch center of tie into place so string won't be lost in laundering.

String/Tie/Cord - can be made from a 1-1/2 inch x 20 inch strip of Cloth. Fold raw edges inside and stitch.





U.S. Department of Veterans Affairs  
 Veterans Health Administration  
 VA Puget Sound Health Care System



One form per donation.

Location  American Lake  Seattle Today's Date \_\_\_\_\_

### Donor Information

Who we are sending an acknowledgement letter to? Please write legibly.

Individual  Corporation  Veteran Service Organization

Name or Title: \_\_\_\_\_  
*Please indicate — Location | Group | Chapter | Unit | Post — of your organization*

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

### In-Kind Donations

Please give a brief description of all donated items.

Donation Details	Value (approx.)
Total Estimated Value	

### Monetary Donations

Monetary Donations will be used as authorized by law or in ways that benefit VA patients while receiving care from the VA, (VHA Handbook 4721)

Check #	\$
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### Specific Donor Intent

Wish to restrict your donation for a specific program or service? Please list details below.

\_\_\_\_\_  
 \_\_\_\_\_

Received by \_\_\_\_\_ Signature \_\_\_\_\_

Office Use Only: Entry Date \_\_\_\_\_ Initials \_\_\_\_\_ Donation ID# \_\_\_\_\_



Veterans Affairs & Rehabilitation Valuation Guide  
American Legion Auxiliary, Department of Washington  
Revised November 2009

Please use this as a guideline for putting a value to items donated to our Veteran's Facilities, as well as our Military facilities. For new items use the cost of the item (retail). For new homemade items total up the cost of the supplies (ie fabric, yarn, thread, etc).

Remember to track your hours in making the item as Home Service Hours. Time serving or giving the item to the Veteran is tracked as Field Service Hours.

*NOTE: neither knitted nor crocheted items can be accepted at American Lake or Seattle VA  
Vancouver Liver Lodge cannot accept lap robes, quilts or blankets made of fleece.  
Sizes noted are always the Finished Size.*

AFGHANS: none smaller than 4' x 8' knitted or crocheted heavy (4 ply) or double yarn . . . .	\$90
CHAIR CUSHIONS: covered foam 18" x 17" . . . . .	\$18
CLOTHING PROTECTORS: 20' X 30" prefer WHITE for ease of laundering (hot water & bleach)	
Bird Bibs (for Retsil & Spokane only) heavy woven, doubled fabric . . . . .	\$15
Made from new towels or terry cloth fabric . . . . .	\$10
DITTY BAGS: 12" x 11" double cord drawstring . . . . .	\$10
HANKIES: 18" square . . . . .	\$2
LAP ROBES: none smaller than 3' x 5'	
Crocheted or knitted, pieced, lined (tied or quilted) with batting . . . . .	\$50
Pieced, lined (tied or quilted) without batting . . . . .	\$40
Fleece throw . . . . . Edged . . . . . Tied . . . . .	\$15 . . . . . \$20
LAUNDRY BAGS: 22" x 30" . . . . .	\$13
MITTENS: knitted, crocheted or sewn . . . . .	\$10
PILLOWS: Medium (10" x 10") . . . . . \$9	Large (12" x 12") . . . . . \$10
Hug (14" x 16" x 4") . . . . . \$15	Neck . . . . . \$15
QUILTS:	with batting    without batting
4' x 8' pieced, tied or machine quilted, backed . . . . .	\$100    . . . . . \$90
4' x 8' one piece construction, backed . . . . .	\$90    . . . . . \$80
Single bed size, pieced, tied or machine quilted, backed, purchased with new tags . . . .	Retail
WHEELCHAIR BAGS: 19" x 16" heavy material, reinforced packets & ties . . . . .	\$18
BOOKS/NOVELS: New . . . . . Retail	Used . . . . . \$3

PAPERBACKS: *must be clean and in good condition*) New . . . . Retail      Used. . . . . half price

MAGAZINES: *not over 3 months old, except Reader's Digest Lrg Print & National Geographic ..* \$1

CROSSWORD PUZZELS & WORK BOOKS: . . . . . Retail

CALENDARS: \$5      DATEBOOKS: \$1

CRAFTS & GAMES: New . . . . . Retail      Used . . . . . half price

EYE GLASSES: Glasses . . . . . \$17      Clip-ons . . . . . \$4      Glasses Case . . . . . \$1

GREETING CARDS: . . . . . Retail or \$1 per card

PLAYING CARDS: *Regular or Pinochle*      New . . . . .Retail      Used . . . . \$1

SUITCASES & BACKPACKS: New . . . . . Retail      Used . . . . . \$5

COMFORT ITEMS: *Shampoo, soap, conditioner, etc.* Purchased . . Retail      Motel acquired . . \$ .10

RETAIL VALUE FOR THE FOLLOWING (*Items must be new*)

After shave (*talc & liquid (non-alcohol)*), Chapstick, Combs, Cosmetics, Deodorant, Denture cream, Disposable razors & blades, Hair oil, Hand Lotion, Hand soap, Mouth wash (*non-alcohol*), Shaving cream (*non-alcohol*), Talcum powder, Toothbrushes, Toothpaste, Envelopes, Nail clippers, Nail files, Pens, Postage stamps, Stationary, Wash cloths, Writing/scratch pads

CLOTHING (*Must be new or in clean like-new condition*)(*Briefs / boxers / panties should be new*)

Blouses / Shirts . . . . .	\$ 6	Socks . . . . .	\$.50	
Sweaters . . . . .	\$20	T-Shirts . . . . .	\$.50	
Dresses . . . . .	\$10	Belts . . . . .	\$ 2	
Skirts . . . . .	\$ 7	Ties . . . . .	\$ 3	
Jeans . . . . .	\$10	Shoes ( <i>dress or tennis</i> ) . . .	\$10	
Pants (Slacks) . . . . .	\$ 8	Boots . . . . .	\$45	
Shorts . . . . .	\$ 8	Slippers – knitted, crocheted or sewn without soles . . .	\$13 with soles . . \$18	
Sweat pants or shirt . . . .	\$ 5	Caps – hand knitted or crocheted stocking hats ...	\$ 4      baseball caps or other styles . . . . .	\$ 2.50
Jogging Suits . . . . .	\$ 8			
Bed Jacket . . . . .	\$35			
Pajamas . . . . .	\$.75			
Jackets / Coats . . . . .	\$25			
Windbreakers . . . . .	\$10			
Sports Coat . . . . .	\$.45			
Suits . . . . .	\$.75			