

PLEASANT HILL, TENNESSEE TOWN TALK



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REMEMBER

This virus is very serious!

Stay away from anyone when outside your home.

Only go out for essential services - such as food or medication.

Practice social distancing of at least 6 feet.

Have respect for your life, and for the lives of others ... we are an at-risk community.

Unless you are involved in essential services,

SHELTER AT HOME



Monthly Town Council meetings are cancelled until further notice.

TREES DOWN ALL OVER

With the rough weather this past month, the Town Maintenance Team has been very busy assuring the roads were clear for residents and emergency vehicles. When you see them working, please steer clear and give them room. A special shout-out and thank you to the teamwork of Jaramy Harris, and our new worker Michael Torrence, Scott Parks, Raymond Parsons, Kris Bowman, Bob Mitchell and all others who all worked diligently until the job was completed and traffic was safe. This is just one more example of our crews working together, with community residents, going above and beyond, during and after hours, to make the town secure.

REMINDER ---- PLEASANT HILL TORNADO SIREN SCHEDULE

As we come upon tornado season, we would like to remind the community that on **each second Tuesday at noon**, the Town tests the tornado siren to assure it is in proper operating condition in the event of an actual tornado warning. These exercises are a test. However, in inclement weather, we suspend the testing so it is not interpreted as a real alert. We appreciate all the positive feedback from the community regarding our recent alert during the two warnings in March.

LOCAL BUSINESS MISSED LAST MONTH

In our March Town Talk we missed a local business of which we were unaware:

Done-Rite Upholstery - 144 Bonnie Lane, PO Box 267, Pleasant Hill, TN - 277-5306/248-5307

Please patronize all our local businesses.

INSPIRATIONAL QUOTE

Keep your thoughts positive because your thoughts become your words.

Keep your words positive because your words become your behavior.

Mahatma Gandhi

PROGRESSIVE BROADBAND NOW AVAILABLE IN PH

Pleasant Hill now has another option for internet in the newly opened business of Progressive Broadband. Please still come to Town and sign the internet petition and we will forward the list to Progressive BB so they can provide interested residents with marketing material to see if their service is an option for you. They are on Facebook and the internet : 1) Facebook as **Progressive Broadband**



2) Online is <https://www.progressivebb.com> - fill out form online to contact them.

Progressive BB a wireless internet service supplying connectivity from the top of the water tower on Main Street Pleasant Hill. Advertised speeds are 25mg, but there are other options available. To date, packages range from \$59.99 to \$74.99 (includes taxes), *with an individual assessment during your free consultation to see what is the best package for your internet use.* Note there is a one-time fee of \$99 for the equipment placed on your home, but the installation itself is free of charge. Line of sight to the water tower is required, so in order to achieve that goal in exceptional circumstances, additional placement of equipment may be required. Because this company prides itself on "no hidden fees' policy... all pricing is up-front and stated during the consultation. Requirements for installation: call for an appointment; set aside a four hour appointment window; reserve time on-site for customer 'internet use' consultation; access to your roof, attic or crawlspace; wiring to a router in the home; placement and testing of router where you choose within your home.

FROM THE MAYOR'S DESK - Lisa Patrick



The coronavirus has now reached TN, has reached Crossville, and will eventually come to Pleasant Hill. It is likely we will not be exempt. But we can minimize its impact. No need to panic, but please take precautions seriously. The best advice is to **STAY AT HOME**. This guards your life, your family's lives, and the lives of those in your community. If you have to leave your home for an essential service, and you have protection, cover your mouth. Wearing disposable gloves is not a bad idea. Who cares if it looks funny? It may save your life! There are two PSA leaflets in the Post Office and at Linda's giving suggestions for precautionary measures, and another from Dr Franklin Cobos II, MD outlining what to look for.

One of the easiest and most effective ways to prevent contacting and spreading the virus is just **STAY HOME**. Next, constantly wash your hands ... even at home. Also, regularly wipe surfaces, handles, door knobs, phones (regular and cell), remote controls, and other areas often touched by a variety of people in your home. They tell us not to touch our face ... good advice, but not easy!

Currently, it is very difficult to find hand sanitizer in our local stores, and even online. Here is a homemade recipe for hand sanitizer to let you make your own: don't go our looking for ingredients, find them online.

Mix the following Ingredients

1 cup of 91% isopropyl alcohol.

$\frac{1}{2}$ cup of aloe vera gel (natural or store-bought)

15 drops of tea tree oil (or another antibacterial essential oil)

This is a unique community, you are all special - please stay home and be safe.