

THE COLLECTION

The Monthly Newsletter of the Iowa Dressage and Combined Training Association

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IaDCTA Board & Committee Information

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Britni Taylor

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Amanda Towery

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collectioneditor@hotmail.com

If you want to get involved in a committee, please contact one of the members listed!

PUBLISHING RATES for Clinics, Show Bills, & other ANNOUNCEMENTS

ANNOUNCEMENTS include clinics and shows. Member rates apply to clinics and shows sponsored by an individual IaDCTA member. Nonmember rates apply to clinics and shows sponsored by groups other than the IaDCTA.

CHANGE OF HAND is our classified advertising section. Each item is limited to a maximum of 20 words per month and each member is limited to 2 items per month.

CALENDAR OF EVENTS is our listing of local and regional events. It includes only the event name, date and contact information.

MARKETPLACE is our advertising for professionals and facilities. Submit any size listing for inclusion for the same rates as above. Ad placement will depend on size. A discount of \$10.00 per month applies to full page ads running for 6 consecutive months. Send all materials and announcements to:

Email: collectioneditor@hotmail.com

Mail: Katie Barrowcliff, 1330 44th St. Unit A, Marion, IA 52302

Please send payment for any submissions to Katie at the above address.

Materials are due by the 25th of each month and will not be printed until payment is received.

	Members	Nonmembers
Full Page	\$30.00	\$45.00
Half Page	\$25.00	\$35.00
Quarter Page	\$10.00	\$25.00
Business Card	\$7.00	\$15.00
Change of Hand	Free	\$5.00
Calendar of Events	Free	\$5.00
Marketplace	\$30.00	\$30.00
E-mail Blast	\$10.00	\$10.00



The following forms can be found
on the IaDCTA website
(www.iadcta.org):

- * Show Recognition Contract
 - * Membership Form
- * Betsy Coester Guidelines and Application
 - * Year-End Award Guidelines
 - * Sponsorship Form

CHANGE OF HAND



3 black male kittens looking for a friendly barn. Used to being handled. Please email Nena Denman at nkdenman@gmail.com if you are interested.

IaDCTA is a USDF Group Member Organization (GMO), and all members are automatically USDF Group Members (GMs). For USDF Participating Membership, members must apply directly to USDF.

We're Online:

www.iadcta.org or

visit our Facebook page



September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9 MRR/DB Dressage Schooling Show, Win- terset, IA
10	11	12	13	14	15	16
17	18	19	20	21	22	23 IaDCTA COMBINED TRAINING & EVENTING CHAMPION- SHIPS; Middle River Ranch, Winterset, IA MLEC Fantasy Finale, Cummings, IA Dressage at Tamarack IV; Anamosa, IA
24 MLEC Fantasy Finale, Cummings, IA	25	26	27	28 USDF Region 4 Championships, MLEC	29 USDF Region 4 Champion- ships, MLEC	30 USDF Region 4 Championships, MLEC

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 USDF Region 4 Championships, MLEC	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21 IaDCTA DRESSAGE CHAMPIONSHIPS; Ellsworth Commu- nity College, Iowa Falls, IA
22 IaDCTA DRESSAGE CHAMPIONSHIPS; Ellsworth Commu- nity College, Iowa Falls, IA	23	24	25	26	27	28
29	30	31				

Did you know that as a member...

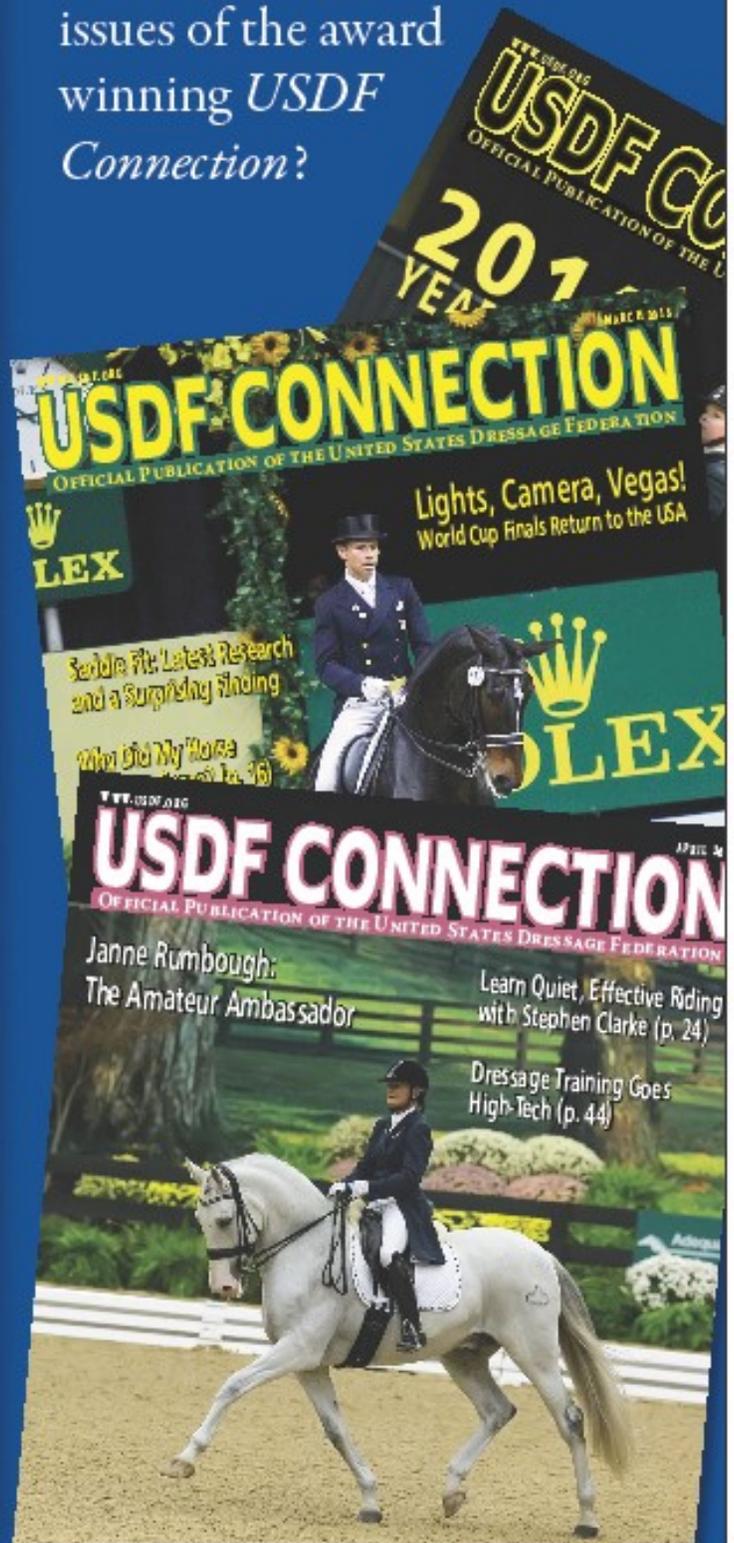
...you will receive complimentary issues of the award winning *USDF Connection*?



GMO
GROUP MEMBER ORGANIZATION

USDF

YOUR CONNECTION TO THE LOCAL DRESSAGE COMMUNITY



Iowa Dressage and Combined Training Association's 2017 Road to the Championships

April 22-23, 2017- Laura Rietveld Eventing Spring Show; Leighton, IA

May 6-7, 2017- Fantasy I; MLEC, Cummings, IA

May 27-28, 2017- Iowa Arabian Mayflower Dressage & Sport Horse Show; IA State Fairgrounds, Des Moines, IA

May 28, 2017- Catalpa Corner Spring Show; North Liberty, IA

June 10, 2017- - Dressage at Tamarack; Tamarack Stables; Anamosa, IA

June 10-11, 2017- Maffitt Lake Dressage Classic I & II; MLEC, Cummings, IA

June 17, 2017- MRR/Dressage Basics; Middle River Ranch; Winterset, IA

June 24-25, 2017- Fantasy II; MLEC, Cummings, IA

July 8, 2017- - Dressage at Tamarack; Tamarack Stables; Anamosa, IA

July 22-23, 2017- Fantasy III; MLEC, Cummings, IA

July 29-30, 2017- Two Rivers Dressage Classic I & II; MLEC, Cummings, IA

August 12, 2017- Dressage at Tamarack; Tamarack Stables; Anamosa, IA

August 12, 2017- MRR/Dressage Basics; Middle River Ranch; Winterset, IA

September 9, 2017- MRR/Dressage Basics; Middle River Ranch; Winterset, IA

September 23-24, 2017-Fantasy Finale; MLEC, Cummings, IA

September 23, 2017- Dressage at Tamarack; Tamarack Stables; Anamosa, IA

Championship Shows

September 23, 2017- COMBINED TRAINING AND EVENTING CHAMPIONSHIPS; Middle River Ranch; Winterset, IA

October 21-22, 2017- DRESSAGE CHAMPIONSHIPS; Ellsworth Community College; Iowa Falls, IA

Nominating Your Horse

If you have not nominated the horse that you want to show this year, you can do so by going to www.iadcta.org and clicking on the link on the homepage. The nomination fee is \$10.00, and along with 7 hours of volunteer time, you will be eligible for year end awards. You will not be able to use any scores from an IADCTA recognized show received prior to nominating your horse. If you have already nominated your horse when you renewed your membership or signed up as a new member, you are good to go. Any questions, contact Richard Hildreth at 515-205-2249 or MiddleRiver-Ranch@aol.com.



**IaDCTA presents the Second Annual Eventing
Championship & Schooling Show**
September 23, 2017
Middle River Ranch
2976 214th Trail, Winterset, Iowa
Celebrating the Sports of Eventing and Dressage in Iowa

ENTRY DEADLINE September 14, 2017

*Ride times will be sent by e-mail & posted to
the Club website the evening of September 20*

JUDGING OFFICIAL: Kim
Kriekhaus

MANAGER: Rick Hildreth

Assist Mngr: Robin Sprafka

SECRETARY: Camryn Norton

Assist Scrtry: PJ Koehler

Checks payable to "IaDCTA"

and remit to:

Camryn Norton

1767 Jesup Dr.

Knoxville, IA 50138

TENTATIVE SCHEDULE:

Friday, September 22

Arrival & Check-In

Cross Country Schooling

Vendors Open

Saturday, September 23

Eventing Championship

Open Eventing Competition

Open Dressage Competition

Vendors Open

Saturday evening

Awards Ceremony

Games & Pizza

Vendors Open

FEES – class fees on show bill – see page 2

\$10.00 - Office Fee

\$15.00 - Late Entry Fee

\$20.00 - Non-Competing Horse Fee

\$15.00 - Non-Member Fee per rider

\$40 - Overnight Stall (1bag shavings included)

\$30 - Day stall (1 bag shavings included)

\$8.00 - Bag shavings

\$5 - Jump Out

SHOW RULES

- Designated hours will be posted at the show office for use of the warm-up area (dressage and jumping), cross country course and show arena. There will be no riding on the show grounds prior to or after the posted designated times.
- **ALL riders** and/or their parents are required to execute a Waiver.
- **NO Children** are allowed in the warm up area that are not entered in the show. Competing children in the warm up area must be accompanied by their parent (or designated responsible adult).
- **NO Jumping** of horses in the warm up (or on a show course) except during designated posted times and anyone in violation of this rule will be eliminated from the competition with no refund of any fees. Horses not entered in eventing or jumping classes may not utilize jumps at any time.
- Show is open to any interested individual.
- For safety reasons **all riders are required** to wear an ASTM approved safety helmet with harness fastened when mounted. In hand class handlers must wear approved helmet as well.
- Ribbons awarded to 6 places. See class list for classes that will be placed separately or as one division.
- A horse/rider combo may only enter two consecutive levels. Only one 3 Phase division per horse/rider. Horses also may only enter two consecutive levels if ridden by different riders. Horses are limited to four Dressage tests per day (count excludes equitation/freestyle/in hand/multi-rider tests).

**Volunteer Hours
Are Available**

Class #	Class Name	Division	Fee
100	Cross Country Schooling	B, YR, AA / Open	\$25
2017	CT Qualifier – FEN, EN, Nov or TR, Test A, height per level	Combined – opportunity for last score to qualify to ride 2017 championship	\$35
200	Starter Horse Trial (3 Phase) (EN Test B, up to 2' x-poles/west)	Championship (JR, YR, AA / Open)	\$70
201	Beginner/Novice Horse Trial (3 Phase) (EN Test B, 2'3" – 2'7")	Championship (JR, YR, AA / Open)	\$70
202	Novice Horse Trial (3 Phase) (Novice Test B, 2'9" – 2'11")	Championship (JR, YR, AA / Open)	\$70
203	Pre-Beg Novice CT (3 Phase) (EN Test B, up to 2' x-poles/west)	Championship (JR, YR, AA / Open)	\$45
204	Beginner/Novice CT (2 Phase) (EN Test B, 2'3" – 2'7")	Championship (JR, YR, AA / Open)	\$45
205	Novice CT (2 Phase) (Novice Test B, 2'9" – 2'11")	Championship (JR, YR, AA / Open)	\$45
206	Training CT (2 Phase) (Training Test B, 3' – 3'3")	Championship (JR, YR, AA / Open)	\$45
300	Cross Poles up to 18"	Combined	\$15
301	Cross Poles and Small Verticals up to 2'	Combined	\$15
302	Verticals and Cross 2'3" - 2'7"	Combined	\$15
303	Verticals and Cross 2'9" - 2'11"	Combined	\$15
304	Verticals and Cross 3' - 3'3"	Combined	\$15
305	Verticals and Cross 3'5" - 3'7"	Combined	\$15
400	Amateur Handler	B, YR, AA	\$20
401	Sport Horse Prospects	B, YR, AA / Open	\$20
500	Domage Equitation	B, YR, AA	\$20
501	Introductory Test A	B, YR, AA / Open	\$20
502	Introductory Test B	B, YR, AA / Open	\$20
503	Introductory Test C	B, YR, AA / Open	\$20
504	Training Test 1	B, YR, AA / Open	\$20
505	Training Test 2	B, YR, AA / Open	\$20
506	Training Test 3	B, YR, AA / Open	\$20
507	First Level TOC - specify test	B, YR, AA / Open	\$20
508	Second Level TOC - specify test	B, YR, AA / Open	\$20
509	Third Level TOC - specify test	Combined	\$20
510	Fourth Level TOC - specify test	Combined	\$20
511	FBI - TOC - specify test	Combined	\$20
512	USEF Edecs TOC - specify test	Combined	\$20
513	Musical Forestyle TOC – specify test	ISDF/USEF/FBI Combined	\$20
514	Pas De Deux TOC - specify test	Combined (ribbons/prizes per rider)	\$30/rider
516	Quadrille TOC - specify test	Combined (ribbons/prizes per rider)	\$5/rider
517	Prix Capelle TOC – specify test	B, YR, AA / Open	\$20
600	WDAA Introductory Test 1	B, YR, AA / Open	\$20
601	WDAA Introductory Test 2	B, YR, AA / Open	\$20
602	WDAA Introductory Test 3	B, YR, AA / Open	\$20
603	WDAA Introductory Test 4	B, YR, AA / Open	\$20
604	WDAA Basic Test 1	B, YR, AA / Open	\$20
605	WDAA Basic Test 2	B, YR, AA / Open	\$20
606	WDAA Basic Test 3	B, YR, AA / Open	\$20
607	WDAA Basic Test 4	B, YR, AA / Open	\$20
608	WDAA Level 1 TOC - specify test	B, YR, AA / Open	\$20
609	WDAA Level 2 TOC - specify test	B, YR, AA / Open	\$20
610	WDAA Level 3 TOC - specify test	Combined	\$20
611	Musical Forestyle TOC – specify test	WDAA Combined	\$20
612	WDAA Equitation	B, YR, AA	\$20
700	USEA TOC - specify test	B, YR, AA / Open	\$20

2017		Official Use Only		Bridle #
Competition Name: IaDCTA Eventing Championship & Schooling Show				
Name of Horse		Breed		Sex
Owner		AA/JrYr/Open		
Class #	Division	Class Description		Fee
Rider/Handler:		Subtotal Class Fees		
Address:		Overnight Stabling # _____ Stall(s) @ \$40/Stall (includes 1 bag of shavings)		
		Day Stabling # _____ Stall(s) @ \$30/Stall (includes 1 bag of shavings)		
City/State/Zip:		Tack Stall are not available		
		Bedding # _____ Bag(s) @ \$8/Bag		
		Office Fee -- \$10		
Cell Phone:		Late Entry Fee -- \$15		
Email Address:		Non-Member Fee --\$15/Rider		
		Non-Competing Horse Fee--\$20/Horse		
Jr/Young Rider Birthday:		Jump Out Fee (if not stabled)--\$5/Horse		
		TOTAL FEES		
Stabling Information & Special Requests: Please list only ONE name (individual or barn) to stable with				
Group/Self:	Friday	Saturday	Sunday	
Stalls:				
Tack Stalls:				
Stable Group:	Contact:			

CHECK HERE IF YOU WOULD LIKE TO VOLUNTEER AT THIS EVENT: _____

Iowa Dressage and Combined Training Association

Release Form

I hereby agree to release, indemnify and hold harmless IaDCTA, NDA, EIDEA, USDF, USEF, USEA, WDAA, Middle River Ranch, its instructors, officers, directors, agents, the facility owners, show management and all volunteers associated with this event from and against any and all loss, liability or damage arising from or because of, or in connection with, participation in this competition or related activities. I also hereby agree to release, indemnify and hold harmless the competition licensee, show management, show committee and members, officers, directors, agents, and volunteers from and against any and all loss, liability or damage arising from or because of, or in connection with participation in this competition or related activities.

I AGREE in consideration for my participation in this Competition to the following:

I AGREE that "the Competition" and "Organizations" as used herein includes the Licensee and Competition Management, as well as all of their officials, officers, directors, employees, agents, personnel, volunteers and affiliates.

I AGREE that I choose to participate voluntarily in the Competition with my horse, as a rider, driver, handler, vaulter, longeur, lessee, owner, agent, coach, trainer, or as parent or guardian of a junior exhibitor. I am fully aware and acknowledge that horse sports and the Competition involve inherent dangerous risks of accident, loss, and serious bodily injury including broken bones, head injuries, trauma, pain, suffering, or death. ("Harm").

I AGREE to hold harmless and release the Organization and Competition from all claims for money damages or otherwise for any Harm to me or my horse and for any Harm of any nature caused by me or my horse to others, even if the Harm arises or results resulted, directly or indirectly, from the negligence of the Organization or Competition.

I AGREE to expressly assume all risks of Harm to me or my horse, including Harm resulting from the negligence of the Organization or Competition.

I AGREE to indemnify (that is, to pay any losses, damages, or costs incurred) the Organization and Competition and for any harm to me or my horse while at the Competition. I have read the rules of the Organization or recommendations by the Organization and Competition about protective equipment and I understand that I am entitled to wear protective equipment without penalty, and I acknowledge that the Organization strongly encourages me to do so while WARNING that no protective equipment can guard against all injuries. If I am a parent or guardian of a junior exhibitor, I consent to the child's participation and AGREE to all of the above provisions and AGREE to assume all of the obligations of this Release on the child's behalf. I represent that I have the requisite training, coaching and abilities to safely compete in the Competition.

Mail to: Robin Sprafka, 2976 214th Trail, Winterset, Iowa, 50273

Email: Rasprafka@aol.com

Phone: 515-462-3000

BY SIGNING BELOW, I AGREE to be bound by all applicable Federation Rules and all terms and provision of this entry blank.

Rider's Signature	Parent's Signature (if rider is under 18 yrs. old)	Date
Owner's Signature	Date	
Emergency Contact Information	Phone	
Name of Contact & Relationship:		

Ever Feel Like Your Horse is a Speeding Bullet on a Jump Course?

Here's How to Effectively Control His Speed

"I'm worried about my daughter", the college student's father told me. "Her horse gets so strong when jumping a course that she's barely in control. Can you help?"



"Yes", I told him. "I can. By teaching her a bit of the magic of dressage." Specifically, by teaching her how to properly execute a half halt. I started out as a hunter, and I thought I knew exactly what a half halt was—pulling back on the reins, but not hard enough to stop your horse, right?

This misunderstanding of the half halt is pervasive.

Half halts are crucial in jumping for two reasons. First, they help you control your horse's speed. Second, they set him for the jump so that he springs from his haunches rather than throwing his forehead over the jump awkwardly.

The problem is that a horse can run right through your hands as she gets excited about jumping all those jumps. So you try a stronger, harsher bit. And she learns to run through that. So you use a double bitted bridle, such as a Pelham, and hope she doesn't manage to run through that. Horses that rush through a course usually carry most of their weight on their forehands. And they pull their riders

forward toward the withers, thereby giving themselves more power and control. To put yourself back in control of your horse's speed, you need to reverse this—you need to bring yourself further back toward the horse's haunches and rebalance him so that he drives more from behind and pulls less from in front.

The half halt done properly accomplishes this. And it has little to do with the reins. It has to do with using your core muscles in conjunction with squeezing your hands so that you simultaneously shift your horse's weight back onto her haunches and put an invisible barrier in front of her nose. The result is that the horse's back and shoulders rise, her croup lowers, and her tempo slows.

HOW TO EXECUTE THE PERFECT HALF HALT AT TROT:

The half halt comes from your core muscles, not from your hands. When executing a half halt, keep your shoulders low, but stretch your torso so that it feels longer. Pull your abs in and rotate your pelvis under you slightly so that your pubic bone moves up in the direction of your navel. If you take Pilates, yoga, or martial arts, this move will be familiar to you. It provides a core of power and stability to your stance.

At the same time that you engage your abs and lower back, squeeze (not pull) your reins by tightening your fist. Point your thumb toward the ground and allow your little finger to come closer to the underside of your wrist. You do NOT need to pull back on the reins. Squeeze your lower legs gently on the horse's barrel as well.

Engaging your core muscles and squeezing your hands this way has the effect of shifting your own weight and your horse's weight back towards the horse's haunches and closing an invisible barrier in front of your horse's nose. The effect on your horse will be to slow him down, and to rebalance him as well by shifting more of his weight toward his haunches. This also will flex his jaw and poll, raise his back, and put his hind legs more underneath him so that he can drive from behind. This is the essence of a half halt.

To practice this, lower your stirrups by a couple of holes (from jumping position) so that you can open the angle of your hip. Put your horse into trot and post. Allow your hips to swing forward as you rise from the saddle. When your horse is trotting forward with a lot of energy, abruptly tighten your core muscles, shift your weight slightly back from your legs, hips, back, and shoulders, and squeeze your hands as you rise up out of the saddle. Think about and feel what is happening behind you so that your focus is on your own weight moving back in the saddle.

Your horse should respond to this sudden rebalancing of your weight by slowing his pace and elevating his trot. If he doesn't respond the first time, be patient. He may not be used to paying much attention to what's happening there on his back, particularly if he is used to you controlling him by pulling and pulling on the reins.

Once your horse reliably responds to this rising version of the half halt, you're ready to try the actual half halt at trot and canter. Establish an energetic trot, then "stretch up tall" by lengthening your torso (your shoulders remain low), tuck your bottom under, tighten your abs and lower back, shift your weight back slightly from your legs, hips, and shoulders, and squeeze your fingers to tighten your fists. Again, think and feel that your own weight is shifting toward your back and your horse's back. You should feel your horse respond to this shift in your weight. His pace should slow, his back should rise under you, his poll should flex, and his weight should shift back in the direction of his haunches. He will still feel very "stretchy" and powerful, but you will feel more in control of him.

Continue to practice this at trot until your horse reliably and immediately responds to your half halt. Then do the same thing at canter. This is especially important because most jumps are taken in canter. So it is vital that you perfect your half halt in canter before going on to half halt in jumping. Using the half halt this way will improve your control of your horse, build your horse's topline, and improve his gaits so that they are less "rushy" and more elevated. Your dressage or equitation scores should improve as a result.

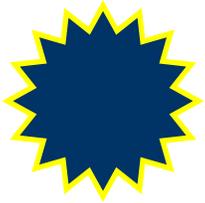
HOW TO EXECUTE THE PERFECT HALF HALT IN TWO-POINT:

Now add your perfect half halt to your two-point position: Canter your horse along the long side of the arena in two-point, developing a 12-foot stride. As you approach the corner (be sure to give yourself enough room) sit back in the saddle in "dressage seat" and execute your perfect half-halt. This rebalancing will allow you to ride through the corner in a balanced, controlled way. Keep this "collected" canter until you're through the next corner, then go to two point again along the long side, allowing your horse to stretch into his 12-foot stride. Continue this exercise (with appropriate breaks for your horse) until you can collect your horse immediately any time you want using your "dressage seat". Then try doing the same thing while remaining in two-point: Tighten your abs and lower back, shift your weight slightly back from your legs and seat, draw your shoulders back slightly, and close your fingers. You should be able to collect your horse easily this way even though you remain out of the saddle.

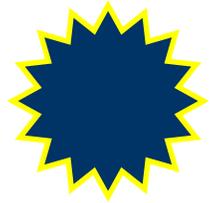
HOW TO USE THE PERFECT HALF-HALT TO CONTROL YOUR HORSE'S PACE WHILE JUMPING A COURSE:

Now the BIG payoff! Half halt in jumping to improve your scores! Take your horse through a practice jump course. Each time you feel him begin to rush toward a jump, go back to your dressage seat and execute your perfect half halt. Presto! Your horse will be rebalanced and more controlled, and should take the jump with more impulsion and spring from behind (as opposed to throwing his forehand over the jump). Be patient if he at first puts up a fight by trying to go back to his old ways of jumping. Habits are hard to change. But patience and persistence will teach him that YOU are in control of his pace, and that he benefits from cantering and jumping this way!

Copyright Denise Cummins, PhD March 11, 2016



2017 IaDCTA



YEAR END AWARDS BANQUET

January 28, 2018

At the

West Des Moines

Country Club

Details to come soon!

How to Improve Your Scores at Training Level Dressage

Sandra had good reason to believe she was a good rider. She'd been riding since she was a child. Every weekend, she and her big grey mare went on long trail rides with friends, and everyone had a ball. So why, she thought ruefully, are my dressage training level scores so low?



Riders of all levels who begin dressage training need to understand one big thing: Dressage is about your horse's fitness, strength, agility, strength, and cooperativeness. It is your horse that is being judged on these terms. The feedback the judge gives you tells you where your horse needs improvement. Sometimes they read like unfair criticisms. But a quality judge's comments are gold nuggets of information about where and how your horse's fitness should improve in order to keep her sound and happy.

As I described in this article, horses start life "crooked", that is, bent more toward one side than the other, and they carry about 70% of their weight on their forehand. A horse that carries a rider this way for most of her life will end up with a sway back, weak haunches, and muscle soreness. Think of dressage as a fitness regimen for your horse, a kind of horsey aerobics, yoga, and Pilates all rolled into one. Your job is to straighten your horse, build her top line, shift her weight back onto her haunches, and teach her to go forward with rhythm and balance.

You start your horse on this regimen at Training Level. The goal of training level is to teach your horse to be supple and to move freely forward in a clear rhythm with a steady tempo while accepting contact with your hands through the bit. And to do that, her training is all about those corners and circles, with that all-important free walk and halt thrown in for good measure.

Now for the nitty-gritty details that can win you or cost you major points.

THE HALT

The most important thing: Straightness and quality. Your horse should walk or trot on a straight line, and halt straight and square. If your horse weaves, fidgets, or falls apart at halt, you will lose points. The “invisible” letters X or G should lie between your horse’s shoulder and your leg. If you mentally plan to halt when your horse’s shoulder (or hooves) land on X or G, you should be in the proper place once the halt is completed. It’s OK to walk into and out of the halt. At this level, it is also OK if the halt isn’t perfectly square. The horse in the video “hangs” his hind.

CIRCLES, CORNERS, AND DIAGONALS:

Dressage tests at training level all build upon a 20 meter circle but training level riders often have no idea what a 20 meter circle actually looks or feels like. A full arena is comprised of 3 twenty-meter circles, and a small dressage arena is comprised of 2 twenty-meter circles. The problem is that the letters don’t mark these off. So riders can get ensnared by visual illusions that cause them ride ovals instead of circles. You will lose points if your circles aren’t geometrically correct. Why? Because it takes skill to keep a horse moving rhythmically and evenly on a circle. So you need to visualize these circles when you look at the dressage arena in order to ride them well. If you’re guessing, you will make constant little adjustments that interfere with your horse’s flow of movement.

You also need to take your horse deep into corners or you won’t have time to set up the next movement properly, particularly if your next move requires moving on the diagonal. Your horse won’t be straight when he completes the turn. And you will have trouble getting good scores on this movement in dressage training level tests.

FREE WALK

Many dressage riders think the most important thing about the free walk is how low the horse drops his head. But that isn’t what the judge is looking for. She’s looking for how much ground the horse covers in his strides, how rhythmic the walk is, how much activity there is in the walk, and how relaxed the horse is. This

movement was introduced because dressage riders were so focused on getting their horses to shorten their frames that they were ruining their horse's naturally free and flowing walk. This movement asks the horse to show how free and comfortable he feels when moving.

When you release your reins for free walk, your horse should stretch his neck out and down, and his body should move freely from haunches to nose. If you watch from behind, he should look a little like Marilyn Monroe sashaying down a runway. If your horse shows tension or stiffness, you will lose points because it indicates that your horse training is creating stiffness when it should be creating suppleness.

To set up the free walk, make sure you go deep into the corner so that your horse is straight as he starts on the diagonal, immediately release the reins to as light a contact as possible, then don't take up the reins again until the horse's nose reaches the next letter. You will have plenty of time to re-establish contact, connection, and forward impulsion before your next figure. Don't overlook the importance of the free walk when working on dressage tests training level.

THE "CHEW OUT" ("STRETCHY CIRCLE")

This movement shows that the horse accepts contact, no matter how light it is, and can maintain her balance and rhythm on a circle without the rider having to "take every step for her". The horse should stretch through her back and neck, stretching forward and downward into a light contact. The horse should be able to easily maintain balance, trot rhythm and quality, bend in the body, and (therefore) the correct size and shaped circle.

The best way to train "chew out" is to develop an elastic "feeling" rein contact so that when you open your fingers to release the reins (or push your hands forward), the horse should reach out and down in an attempt to re-establish contact with your hands. When your horse does that, she is telling you she likes your contact and is willing to accept it. With this foundation in place, you can work wonders.

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Middle River Ranch/Dressage Basics August Schooling Show Results

Class #	Class	Time	Entry #	Horse	Rider	Division	Score	XC Penalty	Jump Penalty	%	Placing
610	Sport Horse Prospect	8:30 AM	220	Matte	Sabrina Wright	Open	71.5	N/A	N/A	71.5	1
600	Amateur Handler	8:37 AM	131	Oklahoma Hero	Kelly Derry	AA	72	N/A	N/A	72	1
500	Pas De Deux - First Level	8:47 AM	145/262	Whiskey and Alvin	Amy and PJ	Comb		N/A	N/A		SCR
403	WDAA Intro 4	9:04 AM	109	Jac	Nicki Schaffer	AA	143	N/A	N/A	68.1	1
308	First Test 1	9:18 AM	262	This Magic Moment	PJ Koehler	Open	188.5	N/A	N/A	68.1	1
408	WDAA Basic 3	9:25 AM	147	Coyotes Royal Gal	Camryn Norton	YR	135	N/A	N/A	67.5	1
408	WDAA Basic 3	9:32 AM	120	Rowdy Yates	Tom Koehler	AA	128.5	N/A	N/A	64.8	2
408	WDAA Basic 3	9:38 AM	145	JP Shot of Whiskey	Amy Stoneking	AA	138.5	N/A	N/A	69.8	1
308	First Test 2	9:46 AM	262	This Magic Moment	PJ Koehler	Open	207.5	N/A	N/A	64.8	1
300	Intro Test A	9:53 AM	131	Oklahoma Hero	Kelly Derry	AA	97	N/A	N/A	60.8	2
300	Intro Test A	10:00 AM	331	George	Kate Halstrum	YR	102	N/A	N/A	63.8	1
300	Intro Test A	10:07 AM	148	Regal Silhouette	Rebecca Ciota	AA	99	N/A	N/A	61.9	1
407	WDAA Basic 4	10:14 AM	147	Coyotes Royal Gal	Camryn Norton	YR	179.5	N/A	N/A	71.8	1
408	WDAA Basic 4	10:21 AM	145	JP Shot of Whiskey	Amy Stoneking	AA	163.5	N/A	N/A	65.9	1
408	WDAA Level 1 TOC (test 1)	10:48 AM	147	Coyotes Royal Gal	Camryn Norton	YR	182	N/A	N/A	67.4	1
304	Training Test 2	10:55 AM	189	Galina of Solstice	Heidi Andresen	AA	171.5	N/A	N/A	66	1
304	Training Test 2	9:11 AM	408	Arthur	Robin Sprafka	Open	162.5	N/A	N/A	62.5	1
301	Intro Test B	11:02 AM	165	Hannah Montana	Lyndon Norton	JR	104.5	N/A	N/A	65.3	1
301	Intro Test B	11:09 AM	148	Regal Silhouette	Rebecca Ciota	AA	107	N/A	N/A	66.9	1
301	Intro Test B	11:16 AM	388	Panoramic	Connie Otto	Open	112.5	N/A	N/A	70.3	1
211	Begin Novice 2 Phase - DR BNB	11:23 AM	298	Nothing Artificial	Elizabeth Kraayenbrink	AA	37.5	N/A	0	37.5	1
302	Intro Test C	11:30 AM	145	Mr. Pappageorgio	Michele Kalsem	Open	140.5	N/A	N/A	70.3	1
302	Intro Test C	11:37 AM	165	Hannah Montana	Lyndon Norton	JR	116	N/A	N/A	58	1
302	Intro Test C	11:44 AM	331	George	Kate Halstrum	YR	122	N/A	N/A	61	1
303	Training Test 1	8:57 AM	408	Arthur	Robin Sprafka	Open	155.5	N/A	N/A	67.6	1
303	Training Test 1	11:52 AM	96	LS York	Marisa King	AA	154.5	N/A	N/A	67.2	1
303	Training Test 1	11:59 AM	388	Panoramic	Connie Otto	Open	147.5	N/A	N/A	64.1	2
201	Begin Novice 3 Phase - DR BNA	12:06 PM	145	Mr. Pappageorgio	Michele Kalsem	Open	28.8	0	0	28.8	1

201	Begin Novice 3 Phase - DR BNA	12:13 PM	298	Nothing Artificial	Elizabeth Kraayenbrink	AA	34.7	10	8	52.7	1
200	Starter 3-Phase - DR Intro B	12:20 PM	433	Huckleberry Finn	Laurel Williams	YR	31.2	0	0	31.2	1
200	Starter 3-Phase - DR Intro B	12:27 PM	136	Apollo	Ashley Anderson	AA	37.5	20	0	57.5	1
200	Starter 3-Phase - DR Intro B	12:34 PM	102	Just Plain Nuts	Bryanna Kalsem	JR	41.6	0	0	41.6	1
305	Training Test 3	12:41 PM	189	Galina of Solstice	Heidi Andresen	AA	129.5	N/A	N/A	58.9	2
305	Training Test 3	12:48 PM	98	LS York	Marisa King	AA	135	N/A	N/A	61.4	1
305	Training Test 3	12:55 PM	433	Huckleberry Finn	Laurel Williams	YR	151	N/A	N/A	66.6	1
402	WDAA Intro 3	1:02 PM	165	Coyotes Royal Gal	Lyndon Norton	JR		N/A	N/A	61.3	1
200	Starter 3-phase XC round	1:30 PM	136	Apollo	Ashley Anderson	AA	N/A	20	N/A	N/A	N/A
200	Starter 3-phase XC round		102	Just Plain Nuts	Bryanna Kalsem	JR	N/A	0	N/A	N/A	N/A
200	Starter 3-phase XC round		433	Huckleberry Finn	Laurel Williams	YR	N/A	0	N/A	N/A	N/A
201	BN 3-phase XC round		298	Nothing Artificial	Elizabeth Kraayenbrink	AA	N/A	10	N/A	N/A	N/A
201	BN 3-phase XC round		145	Mr. Pappageorgio	Michele Kalsem	Open	N/A	0	N/A	N/A	N/A
Jump Rounds											
	Height 12' up to 18' Cross Poles										
220	Jumping only	2:00 PM	368	Panoramic	Connie Otto	Comb	N/A	N/A	0	N/A	1
220	Jumping only		145	JP Shot of Whiskey	Amy Stoneking	Comb	N/A	N/A		N/A	SCR
200	Starter 3-phase jump round	2:15 PM	136	Apollo	Ashley Anderson	AA	N/A	N/A	0	N/A	N/A
200	Starter 3-phase jump round		102	Just Plain Nuts	Bryanna Kalsem	JR	N/A	N/A	0	N/A	N/A
200	Starter 3-phase jump round		433	Huckleberry Finn	Laurel Williams	YR	N/A	N/A	0	N/A	N/A
210	PBN 2-phase jump round	2:30 PM	298	Nothing Artificial	Elizabeth Kraayenbrink	AA	N/A	N/A	0	N/A	N/A
201	PBN 3-phase jump round	2:45 PM	145	Mr. Pappageorgio	Michele Kalsem	Open	N/A	N/A	0	N/A	N/A
201	PBN 3-phase jump round		298	Nothing Artificial	Elizabeth Kraayenbrink	AA	N/A	N/A	8	N/A	N/A
Champions			Score	Horse	Rider						
High Score Western		Average Score	69.65	Coyotes Royal Gal	Camryn Norton						
High Score Traditional		Average Score	68.95	This Magic Moment	PJ Koehler						
High Score In Hand		Highest Single	72	Oklahoma Hero	Kelly Derry						
Low Score HT or CT		Highest Single	26.8	Mr. Pappageorgio	Michele Kalsem						
High Score JR		Highest Single	65.3	Hannah Montana	Lyndon Norton						
High Score YR		Highest Single	71.8	Coyotes Royal Gal	Camryn Norton						
High Score Open - TIE		Highest Single	70.3	Mr. Pappageorgio	Michele Kalsem						
High Score Open - TIE		Highest Single	70.3	Panoramic	Connie Otto						
High Score AA		Highest Single	69.8	JP Shot of Whiskey	Amy Stoneking						

Dressage at Tamarack III Show Results

Judge at C: Sharron Sarchet 12-Aug-17

<u>Class</u>	<u>Rider</u>	<u>Horse</u>	<u>Status</u>	<u>Score</u>	<u>Place</u>
Amateur Handler					
	Katherine Wilson	Walmondo	AA	68.0000%	1
Sport Horse in Hand					
	Katherine Wilson	Walmondo	AA	67.3250%	1
	Derith Vogt	Helen	AA	65.8250%	2
	Hannah Jungling	Bella	Open	76.6710%	1
Introductory Level Test A					
	Darci Lorensen	Clear Endeavor	AA	61.2000%	1
	Audra Ross	Deli	JR/YR	67.8125%	1
	Katie Mulbrook	Beau	JR/YR	62.8120%	1
	Julia White	Indiana	JR/YR	SCRATCH	SCRATCH
	Cate Brown	Babe	Under 14	66.2500%	1
	Julia Dudgeon	Dottie	Under 14	61.8750%	2
	Nekoda Coleman	Hot Sauce	Under 14	61.5000%	3
Introductory Level Test B					
	Darci Lorensen	Clear Endeavor	AA	57.9100%	1
	Katie Mulbrook	Beau	JR/YR	63.7500%	1
	Katie Butterfield	Buck	JR/YR	62.6200%	2
	Julia White	Indiana	JR/YR	SCRATCH	SCRATCH
	Maleah McGrew	Dottie	Under 14	64.0625%	1
	Cate Brown	Babe	Under 14	61.2500%	2
Introductory Level Test C					
	Sandra Ross	Jake	AA	66.5000%	1
	Justin Bisinger	Nigel	AA	62.2500%	2
	Maleah McGrew	Dottie	Under 14	61.0000%	1
	Julia Dudgeon	Dottie	Under 14	60.5000%	1
Training Level Test 1					
	Emma Frimml-Morgan	Borias	AA	66.0890%	1
	Justin Bisinger	Nigel	AA	62.8260%	2
	Sandra Ross	Jake	AA	61.9565%	3
	Katie Butterfield	Buck	JR/YR	63.0400%	1
	Katie Mulbrook	Beau	JR/YR	58.6956%	2
	Hannah Jungling	Talamh Bound	Open	68.0430%	1
Training Level Test 2					
	Katie Butterfield	Buck	JR/YR	62.3076%	1
	Katie Mulbrook	Beau	JR/YR	60.9610%	2
	Cate Brown	Babe	Under 14	61.7307%	1

Dressage at Tamarack III Show Results

Judge at C: Sharron Sarchet 12-Aug-17

<u>Class</u>	<u>Rider</u>	<u>Horse</u>	<u>Status</u>	<u>Score</u>	<u>Place</u>
Training Level Test 3					
	Cathy Ross-Garron	Deli	AA	72.7272%	1
	Katie Butterfield	Buck	JR/YR	63.1818%	1
	Jane Heck	Darius	VAA	65.9090%	1
First Level Test 1					
	Ann Garton	Kilmaganny 5	AA	64.2590%	1
	Kelsey Jenkins	Rio Chama	AA	61.5380%	2
	Jane Heck	Darius	VAA	63.5185%	1
	Carm Feldmann	Celeste	VAA	60.7400%	2
First Level Test 2					
	Ann Garton	Kilmaganny 5	AA	64.0625%	1
	Amy Cone	Al Ibriz	AA	59.0620%	2
	Carm Feldmann	Celeste	VAA	59.2180%	1
First Level Test 3					
	Kelsey Jenkins	Rio Chama	AA	62.0588%	1
	Amy Cone	Al Ibriz	AA	57.0580%	2
	Hannah Jungling	Deli	Open	73.3823%	1
High Point					
	Cate Brown	Babe	Under 14	Intro A	66.2500%
	Audra Ross	Deli	JR/YR	Intro A	67.8125%
	Cathy Ross-Garron	Deli	AA	T-3	72.7272%
	Jane Heck	Darius	VAA	T-3	65.9090%
	Hannah Jungling	Deli	Open	First 3	73.3823%
TIP Award					
	Kelsey Jenkins	Rio Chama	AA	First 3	62.0583%

Members and Horse Nominations 2017

Updated 8/23/2017

*Rookie- First year of IaDCTA or USDF GMO membership

Junior Member

Numbers are supplied to the best of current knowledge

Member	IaDCTA #	USDF #	Horse Nomination
05/02/17 Amanda Ahrens*	10502	216224	
05/07/17 Rhea Allen	10411	201898	05/07/17 Faith Bar Dee 05/07/17 Super Scotch Mollee
12/16/16 Linda Anderson	10476	153204	
12/01/16 Melinda Antisdell	10189	43022	
04/27/17 Natasha Arritt*	10500	215857	
04/23/17 Mandy Aschoff*	10415	215855	04/23/17 Friendly Glide/TB
04/25/17 Connie Avis	10236	179292	04/25/17 Nys Fane Hoogheland
12/01/16 Nicole Ayers	10469	211669	05/31/17 Never Rule Me Out
01/08/17 Danielle Baker	10334	190130	01/08/17 Mystique
01/06/17 Katie Barrowcliff	10338	179287	
02/11/17 Samantha Bell	10455	210198	02/11/17 Tex
05/29/17 Cate Brown*#	10507	216698	05/29/17 Babe
12/01/16 Kathryn Butterfield#	10435	209722	12/14/16 Buck
12/03/16 Amy Cone*	10475	209722	
05/01/17 Diana Coughlin	10501	164182	
02/20/17 Debi Crews*	10482	214558	
02/20/17 Gary Crews*	10503	family	
12/01/16 Mary Curran	10108	17057	
12/01/16 Nena Denman	10111	7624	
03/12/17 Kelly Derry*	10493	215229	03/12/17 Oklahoma
12/01/16 Deb De Vries	10110	39149	
03/30/17 Lauren Doty#*	10496	215746	03/30/17 Boy Blue
05/29/17 Julia Dudgeon	10508	216699	
12/01/16 Rhiannon Dudley-Lucas	10360	43389	12/01/16 Built to Win
12/01/16 Mala Erickson	10413	167003	
04/18/17 Amanda Fales-Williams	10497	193849	04/18/17 Huckleberry Finn
12/01/16 Carmela Feldman	10325	177741	08/07/17 Chesed Celeste
12/01/16 Leonard Foley	10167	family	
12/01/16 Molly Foley	10168	family	12/01/16 Athaena*M*/ATA
12/01/16 Patricia Foley	10169	12072	12/01/16 Aragonn/ATA 07/03/17 Athaena "M"/ATA
12/31/16 Pamela Gillam	10436	209724	
01/23/17 Sharon Greif	10480	190138	
05/15/17 Kate (Katherine) Halstrum#*	10505	216483	05/15/17 Bob 05/27/17 George
02/20/17 Judy Hand*	10483	214559	
02/20/17 Mary Hanson	10484	161944	02/20/17 Cat 02/20/17 Mouse
12/01/16 Jane Heck	10258	164175	

02/02/17 Sharon Scandrett Hibdon	10440	176846	
12/01/16 Richard Hildreth	10468	family	
04/26/17 Libby Hott	10343	family	
04/26/17 Timmy Hott	10342	191269	
01/08/17 Deborah K. Johnson	10329	177713	01/08/17 H. Eros
01/02/17 Loline Johnson	10160	42920	01/02/17 Vienna
07/08/17 Hannah Jungling	204089	10444	07/08/17 Ghiradelli 07/08/17 Bella Noche
04/26/17 Alyson Kalsem#	10499	183079	04/26/17 Cufflinks
02/27/17 Daniele Kalsem	10488	183080	04/25/17 Luvabull Heiress/TB TIPP
02/27/17 Michele Kalsem	10487	42849	04/25/17 Mr. Pappagiorgio/TBTIPP
01/08/17 Kelly Kaut	10478	192567	01/08/17 Magic Victory
12/01/16 Pamela Koehler	10176	5260	01/08/17 This Magic Moment 01/08/17 Taking Chances
12/01/16 Tom Koehler	10177	family	01/08/17 Rowdy Yates 01/08/17 ThrezaCharm
03/30/17 Elizabeth Kraayenbrink*	10471	215854	04/30/17 Nothing Artificial/AQHA
06/16/17 Julie Kuhle	10130	43616	06/16/16 Orion
02/20/17 Carol Linnan	10131	59959	01/13/17 Forbes Gunner
06/13/17 Meaghan Marinovich*	10510	216704	
05/22/17 Noelle McClain	10504	216484	05/22/17 Blitz
05/29/17 Maleah McGrew*#	10509	216703	05/29/17 Dottie
03/08/17 Paula Meyer	10135	45060	03/08/17 Bravissimo
02/15/17 Elizabeth Miller*	10481	214560	
01/17/17 Jennifer Moore*	10479	213961	
02/10/17 Julie Moore	10211	174914	05/18/17 Sweet Chief
05/29/17 Katie Mulbrook#	10465	216702	05/28/17 Horizon 08/04/17 Beau
02/01/17 Camryn Norton#	10448	185025	02/01/17 Coyote's Royal Gal
02/01/17 Lyndon Norton#	10449	family	02/01/17 Hannah Montana
01/19/17 Tracy O'Dell	10437	73994	
02/02/17 Lindsay O'Regan*	10489	215228	
03/12/17 Connie Otto	10492	176238	03/12/17 Panoramic
12/01/16 Lois Pienkos	10430	26700	06/20/17 O'Shamu Moon
02/20/17 Carmen Pierce*	10485	214562	02/20/17 Addie's Edge
01/08/17 Katie Poling*	10477	214259	
01/01/17 Deb Pulver	10145	43687	
05/18/17 Autumn Rathjens*#	10464	216485	05/18/17 Stage Skips Encore
03/17/17 Laura Rietveld*	10495	132117	
12/04/16 Catherine Ross-Garron	10422	206061	
05/23/17 Sherrill Scott	10310	164176	05/23/17 Bonnie Lass
12/01/16 Robin Sprafka	10467	120147	04/26/17 Arthur
02/11/17 Carie Steinkamp*	10486	214564	02/11/17 Tempo Five
11/28/16 Camie Stockhausen	10154	30347	
01/08/17 Amy Stoneking	10459	210199	01/08/17 JP Shot of Whiskey
01/05/17 Heather Swarinski	10439	102379	04/26/17 WRA Maverick Ace 04/26/17 WRA Striken Gold

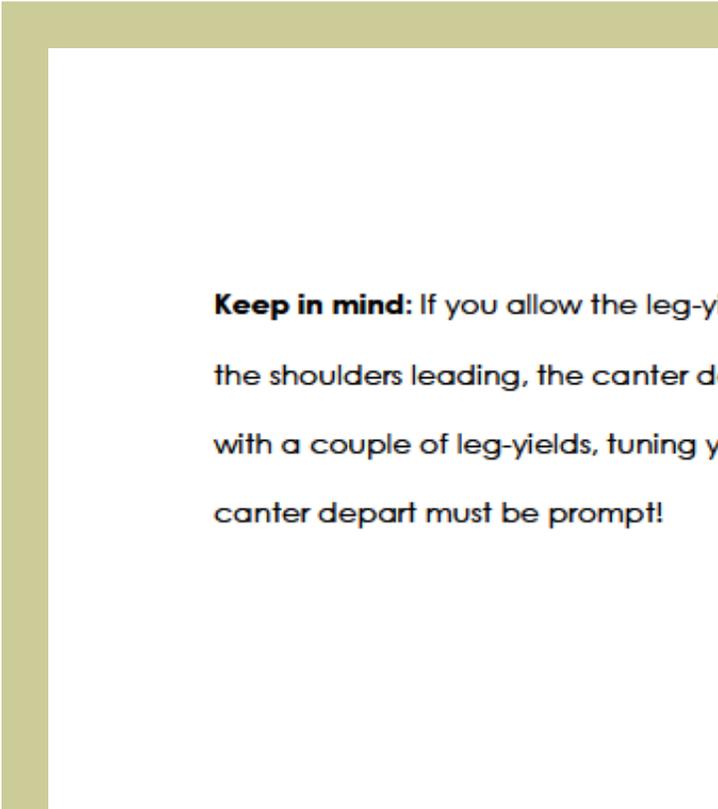
11/30/16 Tamara Swor*	10474	67335	
03/16/17 Trudy Tatum	10157	39202	
01/08/17 Britni Taylor	10457	210200	01/08/17 Italian Monarch
12/15/16 Amanda Towery	10451	204621	01/08/17 Lady Kee 01/08/17 Loki's Got Tricks
01/08/17 Alyvia Tranquillo (Towery)	10452	family	01/08/17 Dakota
03/12/17 Sally Tracy*	10494	215226	03/12/17 WildwycheBannedinBoston
12/11/16 Derith Vogt	10309	114270	01/08/17 Carolyn's Courage/TBTIP 04/26/17 Helen Poco Blackburn
12/01/16 Meredith Watters	10161	8879	
03/12/17 Tristen Wigg #	10377	195620	03/12/17 Aba Daba Go 03/12/17 Qricket
04/18/17 Laurel Williams#	10498	193848	04/18/17 Huckleberry Finn
07/05/17 Katherine Wilson	119684	10252	07/05/17 Walmondo OSF
01/08/17 Heather Wilson-Roller	10472	105177	01/08/17 Moon 01/08/17 Leah 01/08/17 Bonnie
03/02/17 Sabrina Wright	10352	192566	03/02/17 Swedish Dala 03/02/17 Mattie
02/11/17 Lou Ann Wulf	10380	42836	02/11/17 Busy Kitty 02/11/17 Zoom Zoom
12/01/16 Barbara Zukowski	10166	16104	

Leg-yield to Canter Depart

Benefit: This is a great exercise for green horses. It helps refine their canter balance. Set up cones or markers to provide a visual focus to leg-yield toward. This will also prevent you from wandering too far up the rail before asking for the canter depart.

How do I ride this?

1. Begin in working sitting trot, tracking right.
2. Turn up the center line at A.
3. Immediately leg-yield to the left. Strive to arrive at the rail halfway down the long side.
4. When you reach the rail, depart immediately into working canter, right lead.
5. Canter straight ahead to the corner.
6. Transition back down to working trot.
7. Turn up the center line at C and repeat the exercise.



Keep in mind: If you allow the leg-yield to become unbalanced, with the shoulders leading, the canter depart will be unsteady. Warm up with a couple of leg-yields, tuning your horse up to your aids. The canter depart must be prompt!



Have an exercise you like to do with your horse? Send it to collectioneditor@hotmail.com

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YOUR CONNECTION TO THE LOCAL DRESSAGE COMMUNITY



laDCTA Mission Statement:

To encourage & support interest in dressage & combined training by providing:

- ◇ Educational Opportunities
- ◇ Competitions
- ◇ Information
- ◇ Acting as liaison with USDF & USEA
- ◇ Marketing of all laDCTA activities throughout the state & region.

In Brief

Letters to the Board— laDCTA is welcoming its *Collection* readers to submit any concerns or kudos to collectioneditor@hotmail.com.

Change of Hand— Due to members not notifying editor when items sell, all items will run for two months and then be removed unless member notifies *Collection* editor.

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