

THE COLLECTION

IaDCTA Newsletter



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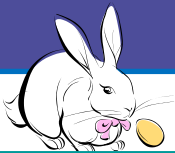
Nominate Your Horse for Year End Awards

Don't forget to nominate your horse for the 2023 Year End Awards Program. We look forward to an active year of dressage and eventing.

There are only two steps to qualify for the IaDCTA Year End Awards.

First be a member! Second- nominate your horse before you start showing!

Log into the IaDCTA website IaDCTA.org with your membership name and password. Then click the Nomination button at the top. You can nominate your horse in any of the disciplines listed - dressage, western dressage, sporthorse, or horse trials. Each nomination costs \$15. Scores can be easily submitted through an online portal beginning this summer. **PLEASE NOTE: You must nominate your horse prior to receiving a score that will be submitted for year end awards.**



Virtual Ride A Test with "R" Judge Heather Stalker April 24, 2023

Heather is a United States Equestrian Federation (USEF) R (Registered) Dressage judge as well as an R Western Dressage judge. She is currently involved in the USDF/USEF Dressage Judges "S" training program. Judging highlights include officiating at the 2021 Arabian Sport Horse Nationals, the 2021 National Dressage Pony Cup, the 2019 Morgan Grand National Championships and at the 2020 and 2022 Western Dressage Association of America (WDAA) World shows. She has also had the opportunity to judge the Caribbean Equestrian Association Championships in 2020, as well as to judge internationally in Trinidad and Jamaica in the past. She actively judges both dressage shows and horse trials in Florida.

Heather is an amateur dressage competitor and has ridden through the Grand Prix level, earning her bronze, silver and gold medals from the United States Dressage Federation (USDF). As an amateur rider, she earned the 2011 national championship at Grand Prix and the reserve national championship at Intermediare 2 and Intermediare 1, as well as numerous regional championships at all levels competing on Arabians that she has owned and trained. She further was awarded the reserve year end high point honors at Prix St. Georges in the amateur and vintage categories against all competitors in 2018.

Members should email their information to Rhea at cello2002@hotmail.com, including the YouTube link for their video, name, phone number for text message, and what test they are doing. If you want to use a Google drive link, dropbox, etc that is also OK. Sometimes YouTube wants to strip the music off of Musical Freestyles due to copyright issues, if that is an issue we can use another app. Rhea will also be at the Spring Ahead show if you want me to download your file to my computer.

Rhea will check and make sure the link works, and send info to Heather.

Heather will be judging/commenting on tests the last week of April, and will send the paper forms back to Rhea (I'll give her a Priority Mail envelope, so we will get them promptly).

Rhea will scan the paper tests and email to each participant and forward the text message with the recorded oral comments to each participant.

Tests may be submitted from now- April 24. You are welcome to record at the Spring Ahead show and send your ride for additional comments and inputs.

The videos do not need to be done in an actual dressage arena, but should be in an area approximately the size of an arena with something to mark the letters. Record from "C," if possible. The first test is free for members. For nonmembers, the cost is \$15 per test. If members wish to do more than one test, the cost for additional tests is \$15 per test. Payment can be mailed to Nena or made via PayPal.

Paypal: IaDCTA405@gmail.com



**Iowa Dressage and Combined Training Association
Spring Ahead Schooling Show**
Saturday, April 22, 2023
Middle River Ranch
2972 214th Trail, Winterset, Iowa
Celebrating the Sport of Dressage in Iowa

ENTRY DEADLINES April 15, 2023

Ride times will be posted on the IaDCTA website & Facebook the evening of April 21, 2023

Judge: Nena Denman –
USDF "r", USEA "r", WDAA "R"

Manager: Derith Vogt & Rhea Allen

Assistant Managers: David Law & Mary Wood

Secretaries: Carmen Pierce & Anne Sushko

Payment:

Checks payable to "IaDCTA" and sent to:
Carmen Pierce 13726 NE 104th Maxwell, IA 50161
Entries payable on-line through PayPal to
IaDCTA405@gmail.com. Please add \$2 to total.

SHOW INFORMATION

Tentative Schedule:

Beginning 8:00 AM on Sat. Apr.22nd-Arrival, Check-In, Schooling in both show and warm up arenas.

Beginning 9:00 AM on Sat. Apr.22nd- Competition begins.
Warm up ring available (5 horses at a time.)

Earlier arrival may be arranged with Robin Sprafka.

Scores may be used for IaDCTA year-end awards. Horse and rider combination must be nominated prior to the competition ride.

Post entries will be taken if scheduling permits for a \$5 post entry fee per class.

Volunteers- Contact Derith Vogt

The hours will count for this year.

hartvogt@netins.net

Covid 19 Requirements – Please refrain from attending if you are running a fever, coughing, or showing signs of Covid 19 or any other contagious illness.

FEES – class fees on show bill – see page 2

\$5.00 - Office Fee (nonrefundable)

\$5.00 - Late Entry Fee (per class)

\$50.00 – Returned Check fee

\$20.00 - Non-Competing Horse Fee

\$15.00 - Non-Member Fee (per rider - per show)

STABLING - Contact Robin Sprafka (515-462-3000)

Limited stabling available

LODGING – Covered Bridge Inn (515) 462-4888

Cobblestone Inn and Suites (515) 462-4889

SHOW INFORMATION

USEF rules and USDF/WDAA/USEA www.usef.org and tack guidelines are to be followed.

Designated hours will be posted at the show office for use of the warm-up area and show arena. Riding on the show grounds prior to or after the posted designated times is by permission only.

The release/waiver form must be signed by riders and/or their parents in a form acceptable to IaDCTA.

Warm up area- No children are allowed in the warmup area that are not entered in the show. Competing children in the warmup area must be accompanied by their parent (or designated responsible adult).

No jumping of horses in the warmup area.

Show is open to any interested individual. Membership/Horse nomination application may be submitted with entry.

For safety reasons all mounted riders and handlers are required to wear an ASTM approved safety helmet with harness fastened and boots with heels.

Awards-Classes awarded to 6 places. High Point award in each division Jr, YR, AA, O). Iowa Classic Ribbons presented to the highest 6 scores of the show.

Refunds – Refund requests after the closing date must include a veterinary statement of inability to compete.

Entry limitations - Horses may only enter two consecutive levels even if ridden by different riders. Horses are limited to four Dressage tests per day (excludes equitation/freestyle/in hand/multi-rider tests).

Show recognition – The show is registered with the USDF Regional Schooling Show Awards Program.

Medical Facilities – Madison County Memorial Hospital 300 W Hutchings St. Winterset IA (515) 462-2373
Cedar Creek Animal Clinic 2057 210th St. Winterset IA (515) 462-3200

For Emergency – Dial 911 from a phone with a local area code.

IaDCTA Schooling Show 2023

Divisions-Junior (Jr)- ages 14 and under, Young Rider (YR)- ages 15-21, Open (O)-may be entered by anyone.

Adult Amateur (AA) as defined in USEF rules- ages 22 and over

Test of Choice (TOC)-Specific level and test/tests need to be declared. Each class can be entered only once, but TOC choices may be repeated. For ex. Training 1 may be entered in two Training Level TOC classes.

Placing and Ribbons Open classes may be placed and awarded as a group. Divisions with three or more entries within the class may be separated for awards.

Sport Horse Handlers/Riders must be age 14 or older.

Sat Class#	Class Name	Division	Fee
IA	Introductory Test A	JR/YR/AA/Open	\$20
ITC1	Introductory TOC- Specify test	Open	\$20
ITC2	Introductory TOC – Specify test	Open	\$20
T1	USEF Training Test 1	JR/YR/AA/Open	\$20
TTC1	USEF Training TOC- Specify test	Open	\$20
TTC2	USEF Training TOC – Specify test	Open	\$20
F1	USEF First Level Test 1	JR/YR/AA/Open	\$20
FTC1	USEF First Level TOC-Specify test	Open	\$20
FTC2	USEF First Level TOC – Specify test	Open	\$20
S1	USEF Second Level Test 1	JR/YR/AA/Open	\$20
STC1	USEF Second Level TOC-Specify test	Open	\$20
STC2	USEF Second Level TOC-Specify test	Open	\$20
3TC1	USEF Third Level TOC-Specify test	Open	\$20
3TC2	USEF Third Level TOC-Specify test	Open	\$20
4TC1	USEF Fourth Level TOC-Specify test	Open	\$20
4TC2	USEF Fourth Level TOC-Specify test	Open	\$20
FEITOC	FEI TOC-Specify test	Open	\$20
W1	WDAA Introductory Test 1	JR/YR/AA/Open	\$20
WITC1	WDAA Introductory TOC-Specify test	Open	\$20
WITC2	WDAA Introductory TOC-Specify test	Open	\$20
WB1	WDAA Basic Test 1	JR/YR/AA/Open	\$20
WBTC1	WDAA Basic TOC- Specify test	Open	\$20
WBTC2	WDAA Basic TOC -Specify test	Open	\$20
W11	WDAA Level 1 Test 1	JR/YR/AA/Open	\$20
W1TC1	WDAA Level 1 TOC-Specify test	Open	\$20
W1TC2	WDAA Level 1 TOC-Specify Test	Open	\$20
W21	WDAA Level 2 Test 1	JR/YR/AA/Open	\$20
W2TC1	WDAA Level 2 TOC-Specify test	Open	\$20
W2TC2	WDAA Level 2 TOC-Specify test	Open	\$20
W35TC1	WDAA Level 3-5 TOC- Specify test	Open	\$20
W35TC2	WDAA Level 3-5 TOC-Specify test	Open	\$20
PDT	Pat De Deux TOC- Specify test	Open	\$10/rider
QTC	Quadrille TOC- Specify test	Open	\$10/rider
SHA	Sport horse In Hand -Am Handler	Am Handic age 14 and older (JR/YR/AA)	\$20
SHH	Sport Horse in Hand (W/Yr, 2+)	Age 14 and older - Open	\$20
SU	Sport horse Prospect Under Saddle	Age 14 and older - Open	\$10
DE	Dressage Equitation	Open	\$15
WE	WDAA Equitation	Open	\$15
EVTC1	USEA TOC- Specify Test	Open	\$20
EVTC2	USEA TOC – Specify test	Open	\$20
MFTC	USDF/WDAA/FEI Musical Freestyle-TOC	Open	\$20



Iowa Dressage and Combined Training Association

Schooling & Championship Show Entry Form

Name of Competition(s)-

Competition Date(s)-

Please **print** all information.

HORSE - Show name		USDF #
Breed		
Year of Birth	Gender	Color

Rider Name	Age (if under 22)	USDF #
Street Address		
City, State, Zip Code		
Email Address	Cell Phone #	
Name of Emergency Contact Person	Cell Phone #	
Name of Parent or Guardian (if rider is under age 18)	Cell Phone #	

Owner Name	USDF #
Email Address	Cell Phone #
Trainer (Must be age 18 or over and present during the show)	
Name	Cell Phone #

Class #	Division (Jr/YR, AA, Open)	Class Title TOC-state test	Fee

Subtotal of Class Fees - _____

IaDCTA Non-member fee (Rider and/or Owner) \$15 - _____

Office fee (\$5 per show) - _____

Late fee (\$5 per class) - _____

Returned Check fee (\$50) - _____

Non-Compete Horse (\$20) - _____

Other (ex. IaDCTA Membership Or Horse Nomination) - _____

Total - _____

Release/waive form must be signed by adult or parent of minor.

Make checks payable to **IaDCTA**. Mail entry and payment to:
Carmen Pierce, 13236 NE 104th St. Maxwell, IA 50161 (515) 494-9008
 Enter on-line. Send a digital copy of the entry form to
crpierce1977@gmail.com
 Payment may be charged using one of the following:
IaDCTA.org (Sponsorship/Donations tab, Show Fee account)
Pay Pal – iadcta405@gmail.com

RELEASE, ASSUMPTION OF RISK, WAIVER AND INDEMNIFICATION This document waives important legal rights. Read it carefully before signing. I AGREE in consideration for my participation in this event to the following: I AGREE that the "Association" and "Event" includes all of their officials, officers, directors, employees, agents, personnel, volunteers and affiliated organizations of the Iowa Dressage and Combined Training Association. I AGREE that I choose to participate voluntarily in the event with my horse, as a rider, driver, handler, vaulter, longeur, lessee, owner, agent, coach, trainer, or as parent or guardian of a junior exhibitor. I am fully aware and acknowledge that horse sports and events involve inherent dangerous risks of accident, loss, and serious bodily injury including broken bones, head injuries, trauma, pain, suffering, or death ("Harm"). I AGREE to hold harmless and release the Association and the Event from all claims for money damages or otherwise for any Harm to me or my horse and for any Harm of any nature caused by me or my horse to others, even if the Harm arises or results, directly or indirectly, from the negligence of the Association or the Event. I AGREE to expressly assume all risks of Harm to me or my horse, including Harm resulting from the negligence of the Association or the Event. I AGREE to indemnify (that is, to pay any losses, damages, or costs incurred by) the Association and the Event and to hold them harmless with respect to claims for Harm to me or my horse, and for claims made by others for any Harm caused by me or my horse while at the Event. I have read the United States Equestrian Federation Rules about protective equipment, including GR801 and, if applicable, EV114 and I understand that I am entitled to wear protective equipment without penalty, and I acknowledge that the Association strongly encourages me to do so while **WARNING** that no protective equipment can guard against all injuries. If I am a parent or guardian of a junior exhibitor, I consent to the child's participation and AGREE to all of the above provisions and AGREE to assume all of the obligations of this Release on the child's behalf. I represent that I have the requisite training, coaching and abilities to safely be involved in this Event. I AGREE that if I am injured at this Event, the medical personnel treating my injuries may provide information on my injury and treatment to medical professionals. BY SIGNING BELOW, I AGREE to be bound by all applicable Association guidelines and all terms and provisions of this entry blank and all terms and provisions of this Prize List. If I am signing and submitting this Agreement electronically, I acknowledge that my electronic signature shall have the same validity, force and effect as if I affixed my signature by my own hand.

Rider/Handler/ <u>Longeur</u> (mandatory) Signature: _____	Print Name: _____
Parent/Guardian (Mandatory if Rider/Handler/ <u>Longeur</u> if under the age of 18.) Signature: _____	Print Name: _____
Emergency Contact Phone No. _____	
Owner/Agent (mandatory) Signature: _____	Print Name: _____
Trainer (mandatory, must be age 18 or over and present) Signature: _____	Print Name: _____
Coach (if applicable, must be age 18 or over) Signature: _____	Print Name: _____

Scheduling Acknowledgement – It is understood that an entry's rides may be scheduled less than 50 minutes apart.

Signature of Rider

Signature of Parent (if rider is under the age of 18)

DEMO RIDERS NEEDED ...

Our neighboring GMO, Eastern Iowa Dressage and Combined Training Association is hosting a symposium on the new dressage tests presented by Anne Cizaldo on April 29-30. This will be held at River Ridge Stables in Potosi, WI. Megan Ward is still looking for demo riders for 2nd, 3rd, and 4th levels. If you are interested in being a demo rider, contact Megan at mward@mwnet.com

If you would like more information or to audit the symposium, check out the flyer:

<https://www.facebook.com/100064841194262/posts/581236120714423/?>



LAURA ASHLEY RETURNS FOR CLINIC IN MAY

Laura Ashley Killian Clinic

May 18-21, 2023

\$140 for 45-minute lesson
Auditors welcome \$20 for the day

Two locations:
Northern Lights Stables, Mt Vernon, IA
- trailer in only
Double H, Mechanicsville, IA
-stalls available \$50 for the weekend

Limited camping available at Tamarack Stables-
less than 2 miles from Double H



Contact: tammylisi71@gmail.com



MARINA PARRIS WOODHEAD CLINIC AND SCHOOLING SHOW IN JUNE

Clinic with Marina
Parris Woodhead
June 23-24, 2023

Schooling show June 25,
2023 Greenbriar,
Springville, IA

Contact: tammylisi71@gmail.com



Out and About ...

Aiken South Carolina



Meaghan Marinovich-Burdick on Riviera Lu at Stableview



Mary Curran



Hannah Jungling and Amanda Steffen



Chris Heydon on Shotzie



Derith Vogt on Lu at Constellation Farm



Amanda Steffen



Mary Curran on Butler at Sandy Hills



Shannon Soot on Horizon



Lisa King on Just Plain Nuts



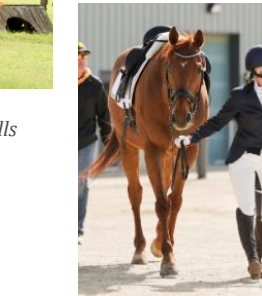
PJ Koehler on This Magic Moment



Evan Fleck on Ari



Tom and Tammy Lisi with Adalyn Nelson at Matsell Park



Carol Linnan's Apollo



Leann Nelson On DK



Leslie McBride on Fritz NHH



Peyton Burch on Joey



Sophia Erickson on Hocus Pocus



Adalyn Nelson on Tali



Evan Fleck on Ari



Carolyn Woodring on JP



Ashlyn Ward on Warwick



Carol Linnan on Apollo 2



Leslie McBride on Mi Fionn McCool



Jackson Williams on Atlas

Tamarack Sporthorse Show
Photos generously donated by **Hannah Brecht Photography** and submitted by **Wendy Fleck**



Ask the Judge Questions about Dressage With Amy McElroy

Amy McElroy is an FEI competitor, and a USEF S judge. She is qualified to officiate at any USEF recognized national show at all dressage levels. She rides, trains and teaches at Fair Lane Farm in Aiken and judges between 15 and 20 dressage and eventing shows

Dear Amy,

I am planning to compete with my horse at Training Level Test Three and First Level Test One this season. I noticed that there have been some changes in the new 2023 versions of these tests and I am hoping you can answer some questions about them.

First, I am curious why the trot serpentine in Training Three was replaced with a “loop”? I am also wondering what is the correct way to ride this movement. Another question: how do you know which posting diagonal to be on? Can you be penalized, or get an error, if you are not on the correct one? What about when you are trotting across the diagonal? Are there any other changes for these two tests that I should know about? I would appreciate your guidance.

Signed,
Ready for 2023

Dear Ready,

You have some very good questions and I would be happy to share information about these tests. First, let’s look at the new patterns in the 2023 Training Level Test Three. Test Three has many changes and improvements, and it is clearer than the 2019 version that it replaces. It is also a shorter test, although the recommended ride time is the same 5 minutes, and 30 seconds, it has two fewer scoring boxes, 13 as opposed to 15.

Let’s begin with the purpose of the test. You can find this stated on the top left-hand corner of your test sheet and it is always important to keep it in mind. The purpose of the 2023 test is “To confirm that the horse demonstrates correct basics, by showing suppleness both laterally and longitudinally, moving freely forward in a clear rhythm with a steady tempo, and readily accepting contact with the bit. Correct geometry and lines of travel should be shown.” This test introduces two new movements: a shallow trot loop and a canter-to-trot transition on the diagonal. There are new directives for the free walk, which now includes the word “overtrack.” In other words, your horse’s hind hooves step should clearly be stepping over the print made by his front hooves. This is true for any test where the free walk is asked for, but this is a clearer description than we have had.

To answer your question regarding replacing the trot serpentine with the trot shallow loop, I understand this was done for several reasons. Prior to the 2019 test, Training Three also required a trot shallow loop. It was replaced in 2019 by the three-loop serpentine in an attempt to help riders because there was often confusion over the correct geometry for the shallow loop, as well as how to execute a correct bend throughout the pattern. Unfortunately, riders were still having difficulties with the bend and geometry in the three-loop serpentine. I also understand it was too tricky to fit in all three loops when the test was ridden in the small arena (20 meters by 40 meters) as opposed to the full-sized arena (20 meters by 60 meters.) So here we are back to the shallow loop, redesigned to be clearer and simpler to ride correctly. This movement directs you to leave the track slightly after the first long side letter, trot to X, then return to the track slightly before the last letter on the long side. It is performed in both directions and has a coefficient of two, meaning that the score is counted twice each time.

Continued on next page...



What is important in the shallow loop is to show clear changes of bend on a curved line. For example, if tracking left, slightly after H, you begin a single loop through X, developing your horse's bend to the right as you leave the track. Maintain the right bend until you return to the track slightly before K, at which point you change your bend back to the left. At Training Level you may do the trot work either in rising or sitting.

If you choose to post, what diagonal is required? You might be surprised to learn that there is not a required posting diagonal for judging purposes. Your judge will not be focusing on this aspect of your ride, and there would not be any deduction and for sure not an error if you were not on a specific diagonal. In fact, the posting diagonal would never warrant an error: The only time you could receive an error for your rising trot is if the test clearly requires you to be sitting and you are not. What is most important is for your horse to stay in balance. Many riders choose to change their diagonal with the changes of bend as you technically will be changing direction through the loop. When it comes to changing the rein across the diagonal in the rising trot, your main concern should not be which diagonal you're on, or when or where you change it. This is totally optional: Change at the start of the line, at X, or at the end of the line. This movement is not part of the current Training Three test but it is asked for in both directions in First Level Test One in conjunction with a trot lengthening. Reminder: you are on the correct diagonal when you rise and fall with your horse's outside front leg.

The current First Level Test One is similar to the 2019 test. In the past, this test introduced 10-meter half circles in the trot and 15-meter circles in the canter, as well as trot and canter lengthenings. In the new test, the canter lengthening has been removed, giving the canter tour more ease and allowing the horse to develop more strength and balance before lengthenings are introduced at this gait. This test still has an average ride time of 5 minutes and 30 seconds, but there are only 15 scoring boxes compared to the 17 boxes in the past. First Level Test One also has some changes in the verbiage of the purpose. It now states the horse should be on the bit, whereas before it stated that the horse was to maintain "a more consistent contact with the bit."

I hope this has given you more insight into these two tests including how to ride the loop and what to do about posting diagonals. Please note that I am not discounting the importance of the posting diagonal. In these movements, you should be most concerned about quality, balance, and geometry, all of which can be easier to achieve if you are on the correct diagonal. As you prepare for your first show in 2023, remember to read the purpose of your test and make sure you can achieve it: this will be the expectation of your judge.

Happy riding and showing.

Amy McElroy



Annual Banquet, Awards, & Election Results

The IaDCTA Annual Meeting and Awards Banquet was held on Sunday, January 29, 2023 at the Wakonda Golf and Country Club. We had a good attendance despite some arctic weather, 41 members and guests enjoyed the afternoon of food, education, and fun. After a nice meal (with an ice cream buffet for dessert!), members enjoyed a presentation by Dr. Gail Hoff. Dr. Hoff is the owner and director of Los Alamos Dressage Center, the first school of dressage in the United States. She is a USEF licensed S Dressage Judge, R Dressage Sport Horse Breeding Judge, and R Western Dressage Judge. She did a presentation on her books, Harmonic Dressage Part 1 and Part 2.

Some of the topics presented included elements of the training pyramid and expectations at various levels of training. She reviewed biomechanics of bending, and the relationship of correct bending to engagement of the hindquarters. Dr. Hoff donated an autographed set of her books, which a lucky member took home as a door prize.

We finished the afternoon with presentation of Year End Awards and Rider Medals. Mary Wood once again expertly managed our silent auction, with \$725 raised for future awards and events. Board member Derith Vogt was recognized for her tireless work putting out the Collection. David Law put in many, many hours this past year converting the website. Carmen Pierce is our secretary, and in addition to managing the monthly board minutes and paperwork, she serves as the Show Secretary for our Spring Ahead show. Tobi Sharon personalized all of the year end awards with the IaDCTA logo. In addition to her work as treasurer, Nena Denman did a fantastic job again in planning the banquet and making all of the arrangements and decorations. We thanked Melinda Antisdel for her years of service on the board and made her promise to let us continue to lean on her for her expertise. We welcomed our two new board members Lisa Grove and Amanda Steffen. I want to also thank our members who volunteered throughout the year. I am blessed to have the opportunity to work with our hardworking board and our dedicated members.

Rhea Allen, President



President Rhea Allen



Carmen Pierce



Mary Wood



Mary Wood, Nena Denman



PJ Koehler and Nena Denman



Leann Nelson



Cassie Stowe



Tom Koehler



Jamie Westrum



Junior Winner:
Carolyn Woodring



Richard Hildreth, Robin Sprafka
Amy and Lee Vanwyk



Tammy Lisi and Mark Fuhrman



Pat Foley



AA Winners: Tom Koehler, Cassie Stowe, Molly Severn, Amy Vanwyk, Leslie McBride



Open Winners: Lisa King, Jamie Westrum, Michelle Kalsem, Robin Sprafka,, PJ Koehler



Rider Recognition Medal Winners: Molly Severn, Robin Sprafka, Carolyn Woodring, Jamie Westrum

YEAR END AWARDS FOR 2022

Intro A/B

Adult Amateur

1. Amy Vanwyk and Odin

Open

1. Michele Kalsem and Mi Fionn MacCool
2. Jamie Westrum and Windsor's Mishka May
3. Daniele Kalsem and Rori

Intro

Adult Amateur

1. Lisa Grove and Louis Vuitton

Junior

1. Ashlyn Ward and Warwick

Open

1. PJ Koehler and DLR Dreammaker
2. Lisa King and Just Plain Nuts

Eventing Novice

Adult Amateur

1. Alex Novotny-Pasker and Soft Spoken 307

Sport Horse

Adult Amateur

1. Cassie Stowe and DLR Dreammaker

Amateur Handler

Adult Amateur

1. Cassie Stowe

English/Western Equitation

Open

1. PJ Koehler

Western Intro

Adult Amateur

1. Tom Koehler and Oh Cleopatra
2. David Law and Jake
3. Cassie Stowe and DLR Dreammaker

Junior

1. Jackson Williams and Babe



Training

Adult Amateur

1. Kaelin Schildmier and Saffire Star
2. Cari Johnson and Twenty Carat
3. Lisa Grove and Norbren
4. Shannon Soot and Horizon

Junior

1. Carolyn Woodring and Justa Plain Horse
2. Adalyn Nelson and Bonita
3. Ashlyn Ward and Warwick
4. Dahlia Mohr and Ames Kinki Affair

First Level

Adult Amateur

1. Leslie MacBride and Fritz NHH
2. Molly Severn and Remington
3. Alex Novotny-Pasker and Soft Spoken 307
4. Natalie Tomarus and Zevadora

Open

1. Robin Sprafka and Ben Fan Morningstar

Second Level

Open

1. PJ Koehler and This Magic Moment



RIDER AWARDS

Molly Severn Silver – First Level
Molly Severn Bronze – First Level
Jamie Westrum Silver – Intro A/B
Jamie Westrum Bronze – Intro A/B
Robin Sprafka Bronze - First Level
Kaelin Schildmier Bronze – First Level
Kaelin Schildmier Gold – Training Level
Carolyn Woodring Silver – Training

Overall High Score

Lisa Grove – Intro 74.183 with Louis Vuitton

Congratulations all!



FEI WORLD CUP IN OMAHA NEBRASKA

The Mental Aspects of Dressage: a Synopsis

By Tammy Lisi

On Friday April 16, 2023 I was able to attend Steffen Peter's lecture called *The Mental Aspects of Dressage*, and I wanted to share some of the notes I took.

Learning to be patient with yourself is critical. This means tolerance of yourself too.

You have to be okay with whatever outcome

Mindful network of thoughts will set you up for success

When you are doing the actual test it becomes a flow state which stops all the noise

You cannot manage stress, you can only manage yourself

Put a period on overthinking by telling yourself to shut up and move on.

Keep it simple. Understand the aids, and slow yourself down

One destructive thought can destroy. Being mindful, think about the way you feel, but more importantly think about the way you think.

Learn to enjoy autobiographies so you can read about how others overcome challenges.

AND ALWAYS be patient and find time to share space with the horse.

Books to read:

Don't Believe Everything You Think. By Joseph Nguyen

The Untethered Soul, By Michael A Singer

Say Goodnight to Insomnia. By Gregg D Jacobs PhD

Adalyn Nelson had the chance to meet some of the best while at the World Games



With Anna Buffini



With Steffen Peters



With Isabell Werth



USDF Puts Regional Schooling Show Series Award Program on Indefinite Hold.

“Dear Regional Schooling Show Awards Program Nominee,

USDF would like to thank you for your participation in the USDF Regional Schooling Show Awards Program.

It is with great regret that we inform you that the USDF Regional Schooling Show Awards Program has been suspended by the USDF Executive Board due to SafeSport liability concerns. Suspension of the program will be effective immediately.

USDF will be evaluating other award related opportunities that may be of interest in the future.

In the coming weeks you will receive a full refund for your 2023 USDF Regional Schooling Show nomination fee.

Thank you for your interest in this program. We apologize for this necessary development.”

Since this is a USDF program and USDF is an affiliate of USEF these concerns need to be addressed.

WHAT I DID ON MY VACATION IN AIKEN SC by Derith Vogt

I have been visiting my Midwestern transplant friends in Aiken for many years. In the late 19th century, Aiken gained fame as a wintering spot for the wealthy from the Northeast, and of course, some of them had horses. You name it, it is there... driving, polo, racing, dressage, steeplechasing, eventing, and trail riding in the center of town in the wonderful Hitchcock Woods. There is something horse related going on almost every day.

This trip I attended a clinic with [Lucinda Green](#). There are those that do and those that teach. She does both extremely well. The first day of her clinics are getting to assess you and your horse over stadium fences. She may have four set up as bounces and tell you to take one and three at an angle. You might find yourself coming in at an angle and then take the last one straight. The goal is to see how fast you can get your horse to focus on where they are going Yes, you can change direction in mid air. Banks,? Just walk up them first. If your horse stumbles, he will figure it out and not do it the next time. Let them do it. They have to be able to think. They have to be allowed to see the fence early and find their own take off spot. You stay in balance. When in two point you should just see your toes when you look down. You want the sense that if your horse tripped, that you would not been thrown off. Your job is to be ready for trouble at all times. “Plug into the saddle, enclose the horse with your legs and cuddle them. The riders that pinch with their knees and pitch forward throw the horse’s balance off and they are the ones that die. “ To say that she is bit more blunt than most of us are used to is an understatement, but she teaches without having anyone in tears. She is not a fan of studs . She thinks they are over rated and mostly don’t do anything but jam your horses legs. You have to be clear, fair, and consistent with your horse. Your hands have to be able to go from “concrete to feathers in a second.” (N. Olivera) It is a paradox ...go and then stop. Use your voice. After jumping the last fence, “ Remember that you are going to tell them to stop and use your voice. I don’t want to see these horses shocked by the halt. I don’t care if they are not on the bit or have legs akimbo, I just want their bodies absolutely straight. The landing is basically your prep for the next fence so what happens after the fence is almost more important than what happens in front of the fence. So don’t forget your halt and keep them straight. It’s a really brilliant training aid that so many people waste, by just cantering off and patting their horses. “

The thing is, you have to trust your horse and your horse has to trust you. It is a partnership, not a dictatorship. Partnerships take time.



Lucinda Green



Meaghan Burdick and Chris Heydon over some of the tricky angles. Using a gap between two barrels is a good way to introduce a horse to jumping into water.

SAVE THE DATES !

IaDCTA Spring Ahead Show to be held at Middle River Ranch

April 22 ,2023

IOWA DRESSAGE AND EVENTING SHOWS as of April 18 2023

APRIL

22 IaDCTA Spring Show **dressage** MRR, Winterset <https://iadcta.com>

22 LRE Spring Eventing Show **eventing** Leighton lreventing01@gmail.com

MAY

6-7 Maffitt Lake Fantasy Show I&II **dressage** MLEC, <http://maffittlakeequestriancenter.com>

7 Catalpa Corner One Day **eventing** CCHP, Iowa City <http://www.catalpacorner.org>

17-21 Spring Gathering II **dressage** MLEC, <http://maffittlakeequestriancenter.com>

JUNE

11 BCF School and Show **eventing/dressage** Solo [Bent Creek Farm | Facebook](https://www.facebook.com/bentcreekfarm)

7-18 Maffitt Lake Classic I&II **dressage** MLEC, <http://maffittlakeequestriancenter.com>

25 Tamarack Show Series **dressage** Greenbriar, Sringville <https://tamarackstablesiowa.com>

JULY

9-10 LRE Summer Eventing Show **eventing** Leighton lreventing01@gmail.com

23 BCF School and Show **eventing/dressage** Solon [Bent Creek Farm | Facebook](https://www.facebook.com/bentcreekfarm)

29-30 Two Rivers Classic I&II **dressage** MLEC, Cumming
<http://maffittlakeequestriancenter.com>

AUGUST

9-13 Two Rivers Summer Fest II **dressage** Cumming <http://maffittlakeequestriancenter.com>

6 Catalpa Corner Charity Horse Trial **eventing** CCHP, Iowa City <http://www.catalpacorner.org>

26-27 Maffitt Lake Fantasy Show IV & VI **dressage** MLEC, Cumming
<http://maffittlakeequestriancenter.com>

SEPTEMBER

9-10 Tamarack Schooling & Championship Show **dressage** IEC Kirkwood,
<https://tamarackstablesiowa.com>

Cedar Rapids

23-24 Maffitt Lake Fantasy Show VII Finale **dressage** MLEC, Cumming
<http://maffittlakeequestriancenter.com>

27-1 GAIG/USDF Region 4 Dressage Championships & MLEC Fall Harvest Dressage Show
dressage MLEC, Cumming

<http://maffittlakeequestriancenter.com>



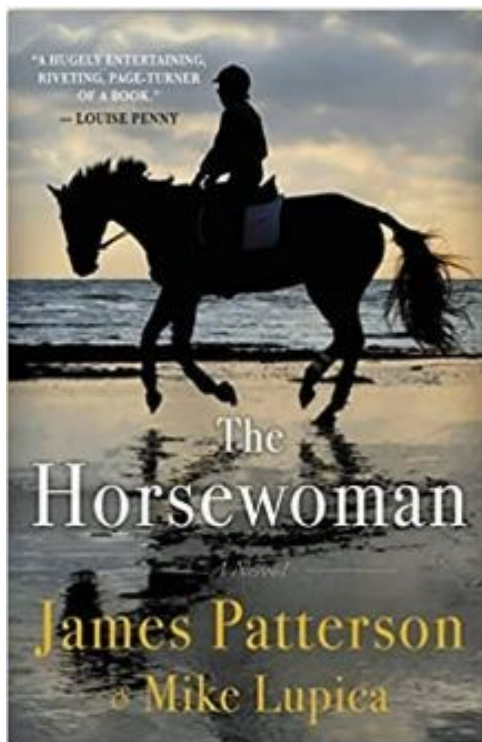
BOOK REVIEW

The Horsewoman by James Patterson and Mike Lupica

One of the good things about winter in the Midwest is a certain amount of time to catch up on many of the indoor things, like reading books in the pile that you meant to get to. Being a sucker for horse novels, I was tickled to be able to bid on a copy of *The Horsewoman* at the silent auction at our annual banquet.

James Patterson is a prolific author who has written detective stories, thrillers, science fiction, romance and young adult novels. Venturing into a sports novel, Patterson teamed up with sports writer Mike Lupica as his co-writer. Lupica is a veteran sports columnist—spending most of his career with the *New York Daily News*—who is now a member of the National Sports Media Association Hall of Fame. For three decades, he was a panelist on ESPN's *The Sports Reporters*. As a novelist, he has written sixteen *New York Times* bestsellers. His daughter has been a competitive rider since the age of ten. Lupica's sports writing expertise makes this story easy to follow for non-horsey folks as well.

The story will resonate with anyone who has had a loss of confidence due to an accident. The bad guys are bad. The good guys are good. There is romance. It is mothers and daughters. It is generations of strong women. It is a well-written and well-researched book. Most of all it was an enjoyable read.



Little, Brown and Company; First Edition (January 10, 2022)

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ISBN-13 : 978-0316499774





It is IaDCTA's 50th!!

This is quite a milestone. Have photos of your riding journey from long ago? Many of us have been at this horse thing for close to 50 years, if not longer. Send us your photos from days gone by for a slide show at the 2023 Awards banquet and the Collection. Please send them to:

Hartvogt@netins.net

Board Members for 2023

Rhea Allen President

cello2002@hotmail.com

Derith Vogt VP

Nena Denman Treasurer

Carmen Pierce Secretary

David Law

Tobi Sharon

Mary Wood

Lisa Grove*

Amanda Steffen*

** denotes new board member*



Treasurer's Report

March 2023

Beginning Checking Acct Bal. \$15,451.14

<u>CREDITS:</u>	This period:	Prior period	Total To Date
Horse Nominations -Cash	\$60.00	\$285.00	\$345.00
Membership Dues - Cash	\$190.00	\$945.00	\$1,135.00
Horse Nomination - PayPal	\$47.06	\$237.22	\$284.28
Membership - PayPal	\$39.80	\$363	\$402.49
Sponsorships	\$10.00	\$280	\$290.45
Silent Auction	\$0.00	\$725.00	\$725.00
Award Fund - Raffle	\$0.00	\$0.00	\$0.00
Annual Banquet	\$0.00	\$1,282.00	\$1,282.00
Show	\$0.00	\$0.00	\$0.00
Clinic	\$0.00	\$0.00	\$0.00
Misc. Advertising/Arena Rental	\$0.00	\$0.00	\$0.00
Misc. interest	\$71.13	\$0.00	\$71.13
TOTAL CREDITS	\$417.99	\$4,117.36	\$4,535.35

<u>DEBITS:</u>			
Operations: Printing	\$0.00	\$0.00	\$0.00
Banquet WakondaGCC	\$0.00	-\$1,486.86	-\$1,486.86
Bank Fees- Club Express	\$0.00	\$0.00	\$0.00
Banquet Misc.	-\$122.18	-\$11.53	-\$133.71
Awards/Ribbons	\$0.00	-\$162.00	-\$162.00
Education - Clinic	\$0.00	\$0.00	\$0.00
Shows	-\$25.00	\$0.00	-\$25.00
Insurance	\$0.00	\$0.00	\$0.00
Membership dues-USDF	-\$462.00	-\$490.00	-\$952.00
Conference, Convention, Meeting	\$0.00	\$0.00	\$0.00
Misc. - office supplies/License	\$0.00	\$0.00	\$0.00
TOTAL DEBITS	-\$609.18	-\$2,150.39	-\$2,759.57
NET INCOME	-\$191.19	\$6,267.75	\$7,294.92

<u>RESERVES/DESIGNATIONS:</u>			
Betsy Coester Grant	\$0.00	\$634.80	\$634.80
Clinic/Educ/Con/Trophies	\$0.00	\$411.00	\$411.00
ITBOA	\$0.00	\$0.00	\$0.00
TOTAL RESERVES/DESIGNATIONS			\$1,045.80

SAVINGS \$0.00 \$2,202.77 \$2,202.77

Checking Acct Balance-current	\$15,259.95
Total Reserves/Designations	\$1,045.80
Outstanding Debits	\$192.00
Daily Operating Balance	\$14,022.15

Checking		\$15,259.95
Certificate of Deposit	\$0.00	\$10,931.73
Savings	\$0.00	\$2,202.77
Total Bank Balances		\$28,394.45

IaDCTA is a USDF Group Member Organization (GMO), and all members are automatically USDF Group Members (GMs). For USDF Participating Membership, members must apply directly to USDF. We're Online: www.iadcta.org or visit our Facebook page

