



# THE COLLECTION

*Monthly Newsletter*  
*For Members By Members*  
*January 2010*



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**Materials for The Collection are due by the 25th of each month.**

\*\*\*\*\*

Publishing Rates, CLINICS and SHOWBILLS

Clinics and Shows put on by an individual IaDCTA member

Clinics and Shows put on by groups other than IaDCTA

\* MAXIMUM 20 words per Change of Hand item, and two items/person/month.

\*\*\*\* Horsin' Around Column: event name, date, contact information only

LOCALLY RECOGNIZED SHOWS/SCHOOLING SHOWS:

Showbill rates include recognition by IaDCTA for year-end awards.

The words, "*Recognized by IaDCTA for Year-End Awards*" Must Appear on Show Bills

	Members	Non-Members
Full Page	\$30.00	\$45.00
Half Page	\$25.00	\$35.00
Quarter Page	\$10.00	\$25.00
Business Card	\$7.00	\$15.00
Change of Hand	Free	\$5.00
Horsin' Around	Free	\$5.00

Materials for *The Collection* should be e-mailed to  
**collectioneditor@hotmail.com**

or mailed to:

**Sandra Bommert-Zion**

**P.O.BOX 63 Decatur, Ia 50067**

Payment for material should be mailed to:

**Patricia Foley 55789 Oak Blvd. Huxley, Ia. 50124-8075**

Please send payments by the 25th of the month.

**Materials will not be printed until payment is received.**

**NEXT DEADLINE: January 25, 2010**

# Calendar of Events

**January 8:** RSVP Deadline for the Year End Award Banquet

**January 15:** Absentee ballots and membership application/renewals due

**January 16:** Year End Award Banquet 6pm at the Holiday Inn on Merle Hay Road

*IaDCTA Mission Statement:*

*to encourage and support interest in  
Dressage and Combined Training by providing:*

- *Educational Opportunities*
- *Competitions*
- *Information*
- *Acting as a liaison with USDF and USEA along with Marketing of all activities of the IaDCTA throughout the state and region.*



**IaDCTA Board of Directors**

**President:**

PJ Koehler 636-577-1449  
Pamela.j.koehler@wellsfargo.com

**Vice President:**

Robin Sprafka 515-462-3000

**Secretary:**

Heather Huntoon 515 778-6687

**Treasurer:**

Patricia Foley 515-597-3294  
Foleys@huxcomm.net

**Membership:**

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**Equipment:**

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collectioneditor@hotmail.com

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jeaune@iastate.edu  
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mypenny21@aol.com  
Marcia Young 515-770-1629  
marciamjy@aol.com

**Year End Points:**

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**Fund Raising:**

Barb Zukowski 641-396-2935  
Paula Meyer 515-996-2788

**USEA Liaison:**

Kristen Johansen 515-597-3519

**Year End Awards:** Tom Koehler 515-462-4308

**2010 IaDCTA Board Absentee Ballot**

To be used only if you **will not attend** the year-end banquet at the Holiday Inn, 4800 Merle Hay Road, Des Moines (just south of I-80/I-35 on Merle Hay Road) on January 16, 2010

Watch your December Collection for more information on the Year-End Banquet and Awards Ceremony!

Single membership (one vote); Family membership (2 votes); Junior membership, 18 and under – no vote.

Remember, you must be a 2010 member of IaDCTA to vote for the 2010 board. A membership form is enclosed.

Your absentee Ballots and 2010 membership renewals must be received by January 15, 2010.

Please mail your absentee Ballot to: Paula Meyer, 1147 Prairieview Avenue, Van Meter, IA 50261

<p><b>Officers – (One Year Term Each)</b></p> <p><b>President – vote for one</b></p> <table border="1"> <tr><td>Laird Nossuli</td><td></td></tr> <tr><td>Write-in</td><td></td></tr> </table> <p><b>Vice President – vote for one</b></p> <table border="1"> <tr><td>Marcia Young</td><td></td></tr> <tr><td>Write-in</td><td></td></tr> </table> <p><b>Secretary – vote for one</b></p> <table border="1"> <tr><td>Heather Huntoon</td><td></td></tr> <tr><td>Write-in</td><td></td></tr> </table> <p><b>Treasurer – vote for one</b></p> <table border="1"> <tr><td>Patricia Foley</td><td></td></tr> <tr><td>Write-in</td><td></td></tr> </table>	Laird Nossuli		Write-in		Marcia Young		Write-in		Heather Huntoon		Write-in		Patricia Foley		Write-in		<p><b>Board of Directors – vote for four (4)</b>  <b>There will be 3 – 3 year terms and 1 – 2 year term. After the top 4 vote receivers are determined, the person filling the 2 year term will be drawn from a hat containing all 4 new board member’s names.</b></p> <table border="1"> <tr><td>Gloria Olson</td><td></td></tr> <tr><td>Vicki Gatter</td><td></td></tr> <tr><td>Heather McCauley</td><td></td></tr> <tr><td>Rachel Wehrheim</td><td></td></tr> <tr><td>Dana McCullough</td><td></td></tr> <tr><td>Janice Kennedy</td><td></td></tr> <tr><td>Write-in</td><td></td></tr> <tr><td>Write-in</td><td></td></tr> <tr><td>Write-in</td><td></td></tr> <tr><td>Write-in</td><td></td></tr> </table>	Gloria Olson		Vicki Gatter		Heather McCauley		Rachel Wehrheim		Dana McCullough		Janice Kennedy		Write-in		Write-in		Write-in		Write-in	
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**Volunteer of the Year  
Vote for One**

**Remember -Volunteer of the Year cannot be a board member**

Lisa Balduchi	
Dawn Sassatelli	
Sherie Vermeer	
Write-in	

# IaDCTA 2010 Membership Application and Renewal (and Donations)

Membership Year Runs December 1, 2009 to November 30, 2010

## Member Information:

Name: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Barn Phone: \_\_\_\_\_

**Family Membership** - 2 votes - \$45.00 (must designate one USDF member)

\_\_\_\_\_ (additional family members are \$8.00 apiece)

ADDITIONAL FAMILY MEMBERS: \$8.00 \_\_\_\_\_

\$8.00 \_\_\_\_\_

\$8.00 \_\_\_\_\_

**Adult Membership** - 1 vote - \$40.00

**Junior Membership** (18 years & under) - no vote - \$25.00 / Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

An Adult, Junior, or Family Member automatically becomes an **Individual Member\*** of USDF and will receive the IaDCTA Collection and the USDF Connection magazines. For each **individual member** of IaDCTA, \$17.00 is paid to USDF for your Group Membership

**Newsletter Only** — subscription - \$25.00 / IaDCTA Collection newsletter only. / No vote or year-end awards.

Please **MAIL** The Collection to me Please **E-MAIL** The Collection to me (Please circle one of the choices)

**Year-End Award Nominations:** \$5.00 per horse/rider combination

Rider: \_\_\_\_\_

#1 Horse & Breed: \_\_\_\_\_ Blanket Size: \_\_\_\_\_

#2 Horse & Breed: \_\_\_\_\_ Blanket Size: \_\_\_\_\_

#3 Horse & Breed: \_\_\_\_\_ Blanket Size: \_\_\_\_\_

#4 Horse & Breed: \_\_\_\_\_ Blanket Size: \_\_\_\_\_

## IaDCTA Betsy Coester Memorial Grant Donation:

All donations go to the Betsy Coester Memorial Grant Fund for Education. Grants are awarded to individuals for tuition for educational events. See your Membership Directory for details. Make a donation as a special GIFT or MEMORIAL to a person, pet, or horse.

Donation Amount: \_\_\_\_\_ Memorial to: \_\_\_\_\_

## IaDCTA General Donation:

All donations will be used to further IaDCTA educational programs.

**TOTAL ENCLOSED:** \_\_\_\_\_ Check #: \_\_\_\_\_ Date: \_\_\_\_\_

Mail this form with check, payable to "IaDCTA" to: **Trudy Tatum, 16631 563rd Avenue, Ames, Ia. 50010**  
*IaDCTA is a 501 (c)(3) non-profit organization. All donations are tax-de*

## IaDCTA 2009 YEAR END AWARDS SPONSORSHIP PROGRAM

SPONSOR NAME: \_\_\_\_\_

(How it should appear on the certificate)

SPONSOR ADDRESS: \_\_\_\_\_

SPONSOR E-MAIL: \_\_\_\_\_

SPONSOR PHONE #: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Your sponsorship dollars will be used for Champion, Reserve Champion and Breed Awards. Juniors and seniors in each division, last year received a quarter sheet or anti sweat sheet for championships and bridle bags for reserve champions. Breed award winners received sport boots.

This year we have some new ideas for awards and would really appreciate any assistance. The minimum financial donation per sponsor is \$35.00. Any person or stable wishing to donate a cooler blanket is welcome to do so.

Total Donation: \_\_\_\_\_

Signature of Donor: \_\_\_\_\_

Name of Member Obtaining Sponsorship: \_\_\_\_\_

(Obtaining \$200 or more in sponsorship money fulfills volunteer requirements for 2009)

Mail to:

Tom Koehler c/o Blue Horse  
111 S. John Wayne Drive  
Winterset, IA 50273

# ASK THE PRO



Ask The Pro is a new addition to The Collection. It's a way for club members to ask the professionals in the club i.e. trainers, vets, etc. questions and get feedback. Each month different questions will be featured and a different professional will give their opinion. Please have questions emailed to [collectioneditor@hotmail.com](mailto:collectioneditor@hotmail.com) by the 15th of each month. To our professionals: You can email me with a month you'd like to answer the questions for or names will be selected randomly based on the question.



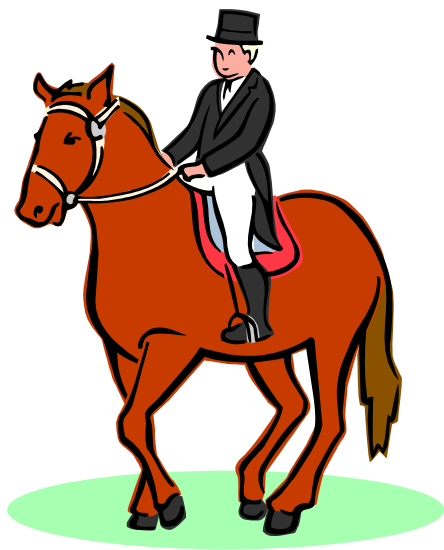
*This month's question comes from "Bored with Dressage" who writes "I just love the excitement of stadium jumping and cross country but when it comes to dressage it seems so BORING. I mean what's the point? All the 20 meter circles in the world won't make my horse jump any better."*

While you may find dressage boring it is a solid foundation for many types of riding including jumping. Sound dressage training based on the training pyramid can help jumping in many ways. At the base of the pyramid is the core of rhythm and relaxation. The best jumpers have rhythmic gaits and will more consistently arrive at the correct spot for their jumps. Helping your horse develop consistent rhythm is one of the most important things you can do to improve the consistency of his jumping. Even the most talented jumper can improve from consistent rhythm. Just imagine never having to scramble from a long or tight take off!

A fun way to help you and your horse to better rhythm is by using music. Just have a friend use a watch or kitchen timer to measure your horse's stride at the walk, trot and canter. You can use 15 second increments and calculate how many steps he takes. Measure several 15 second intervals and use the average. You already know the walk is a four beat gait and the trot is a two beat gait so you just need to know how many "beats per minute" he is stepping. And although the canter is a three beat gait based on the footfalls it is actually a four beat gait musically because the moment of suspension counts as the fourth beat. Once you have all the gaits measured then you can sit with your iPod or stereo and the timer and start counting the beats per minute to find your rhythms to ride to.

My horse trots between 24 and 26 beats per minute and being a child of the 50's we spend a lot of time trotting to the Beach Boys and Elvis. Every rider should use music that they enjoy but that has the correct rhythm for their own horse. Remember your rhythm needs to remain consistent whether you are in a working trot or in a "lengthened" trot as the tempo should not change rather the horse should be lengthening its stride and frame. This is also true in the walk and in the canter. By being able to lengthen and shorten that canter stride on the jump course you should never miss a take off again. Hopefully between the music and the improvements on the jump course you will find your dressage work a little less boring in the future.

*This month's Pro is PJ Koehler who is a graduate of William Woods University. She teaches and trains basic dressage and hunt seat from Rough Road Ranch in Madison County. Her most recent training has been with Marina Parris-Woodhead and Courtney Quinn.*



We're On the WEB:  
<http://iadcta.tripod.com>



Thank you to Jenny Kim for permission to publish this Tribute to Amen, a lovely Arabian who was lost to strangulation Colic in 2009.



Thank you to Camie Stockhausen of Field Day for the cover image.

Due to the holidays the November secretary and treasurer's report will be read at the January meeting.

