

## PACKAGES

### Radiance:

Intracuticals Picture Perfect (90 min), Choice of Body Mask (90 min)  
3 hrs. \$205

### Everything Roses:

Custom Facial (60 min), Rose Petal Wrap with Massage (120 min),  
Rose Pedicure (60 min)  
4 hrs. \$239

### Total Aromatherapy

Custom Facial (60 min), Aromatherapy Shea Butter Massage (60 min),  
Pedicure (60 min), Manicure (30 min)  
3.5 hrs. \$240

### Complete Vitality:

Custom Facial (60 min), Lava Shell - OR - Try A Little Thai Massage  
(90 min) and Pedicure (60 min)  
3.5 hrs. \$240

### A Gift for All Seasons:

4 60-min. Facials \$340  
4 60-min. Massages \$305

### Side By Side Couple's Massage:

Bring your favorite friend, relative or spouse and enjoy a relaxing,  
candlelight massage together! Our room is filled with soft light and  
music, warm tables, soft sheets and blankets.

Any of our massages can be packaged as a couples massage. 60  
or 90 minute services available. Prices available upon request for  
specific service.

Add to your celebration: we can also make arrangements upon  
availability for chocolates, cake, flowers, champagne, a horse and  
buggy ride or even a night at one of our B&B's. (Book your event  
early, let us know what else you would like to include and we will  
offer pricing and suggestions).

Lunch may be added to any service for an additional \$20  
All packages are approximate times.

## MAKEUP SERVICES

Post-treatment makeup application \$25

Makeup lesson 60 minutes, \$60

Special occasion (bridal, prom, party) makeup application  
\$60 and up False lash strips extra.

## ONCOLOGY SPA SERVICES

We offer facials, massages, manicures and pedicures for cancer  
patients and their caregivers. Our therapists are certified and  
trained in oncology massage, aesthetics and spa treatments.  
Call us for more info.

## PRENATAL SPA SERVICES

OFFERED ONLY AFTER FIRST TRIMESTER. Our service provid-  
ers are PRENATAL CERTIFIED!

This bodywork is specifically tailored to the needs of expectant  
mothers. Sciatica, swelling and back pain are improved.  
Massage can be enjoyed from second trimester until delivery,  
resuming again six weeks after birth.

Approx. 60 min. \$90 Packages available

We also have a full spa menu exclusively for expectant moms.

## MASSAGE (packages of four are available)

All massages are performed with full-body draping, on warmed  
tables with luxurious sheets and blankets, in quiet, softly-lit  
rooms with gentle music. A full 60 or 90 minutes.

### Warm Bamboo:

An exotic full body massage, performed with warm bamboo tools of  
varying shapes and sizes greatly reduces tension and stress, provides  
relief from tight muscles and tendons, stimulates the flow of blood  
and lymph, leaving you wonderfully relaxed, revitalized moisturized.  
90 min. \$135

### Hot Thai Stem:

This full body massage uses Thai herbal therapeutic compresses to  
relieve aches and pains, enhances flexibility, and reduce inflamma-  
tion. The compresses also exfoliate and detox the skin with plai,  
ginger, turmeric, lemongrass and camphor. Take home and enjoy the  
herbal packs by re-heating or adding to your bath.  
90 min. \$135

### Rose Petal Wrap and Massage:

Starting your massage on a warm table scattered with fresh rose  
petals, we apply essential rose oil to your skin. Adding more petals,  
we wrap you in a warm cocoon to absorb the wonderful oil. After a  
brief rest you will enjoy a full 60 minutes of a Swedish massage with  
the remainder of the aromatic rose oil, leaving you silky smooth.  
120 min. \$110

### Try a Little Thai:

A therapeutic massage with the addition of a warm Thai poultice on a  
single area of your choice to work out the extra kinks. Take home  
your poultice and enjoy continued relief.  
60 min. \$100 90 min. \$115

### Lava Shell:

Authentic Tiger Clam shells from the South Pacific are heated with all  
natural elements. This massage combines lasting relaxation and pure  
pampering bliss to be the ultimate in soothing, heated massage. Treat  
your senses to a luxurious blend of oils that combine with heat to  
refresh the soul and leave your skin silky smooth.  
60 min. \$100 90 min. \$115

### Deep Tissue-Trigger Point:

Massage designed for the client who prefers deep bodywork. Using  
Trigger Point massage you can focus on a specific problem such as:  
chronic pain, headaches, limited mobility, postural problems, osteoar-  
thritis pain, fibromyalgia and muscle tension or spasm. It is important  
to understand that some clients may be sore 24-48 hours after a  
treatment. This is completely normal following deep tissue work.  
60 min. \$85 90 min. \$110 Packages available.

### Therapeutic:

This massage technique and amount of pressure will be customized  
to your individual needs and goals. Modalities such as orthopedic,  
cranio-sacral, lymphatic drainage or shiatsu will be used to aid in  
detox and restore balance and flow to your body's system.  
60 min. \$85 90 min. \$110 Packages available.

### Aromatherapy Shea Butter:

This treatment is designed to suite the "mood of the moment" giving  
you a customized experience. Choose your aromatherapy from our  
recipe cards and blended with French Shea Butter, your skin will  
become soft and supple along with a renewed spirit of your essential  
oil blend. Enjoy this massage and take a journey to bliss.  
60 min. \$85 90 min. \$110

### Swedish:

This traditional, full body massage is designed for relaxation and  
stress reduction. A favorite for anyone who has not had a massage,  
or just would like light to medium pressure.  
60 min. \$80 90 min. \$105

### Reflexology:

Hands: 30 min. \$45  
Feet: 30 min. \$45  
Hands and Feet: 60 min. \$80

es·o·ter·ic / eſə'terik / adjective

1 restricted to initiates. 2 intended for or under-  
stood by only an initiated few.

### SPA POLICIES:

Please arrive 30 minutes before your appointment so you  
will have time to complete the required forms and relax  
before your service.

A 24 hour notice is required to cancel any appointment. Spa  
Packages require a 48 hour cancellation notice.

A credit card is required to secure more than 2 services and  
for all spa packages. We will process your credit card for  
packages not canceled / rescheduled with 48 hr notice.  
Skin care products may be exchanged within 10 days of  
purchase. No refunds.

The spa is a quiet zone. No children, and please turn your  
cell phones off.

Please advise staff of any medical issues.

Gift Certificates are non-refundable and good for 6 months  
from date purchased. They may be exchanged for  
services or retail products.

Prices and services are subject to change without notice. We  
reserve the right to refuse service to anyone.

### SERVICES:

Facials, Intracuticals Oxygen Treatments,  
Micro-Needling, micro-current, peels, massage,  
body treatments, scrubs, wraps, waxing, non-laser  
tattoo removal, natural nail manicures  
& pedicures, oncology spa services, pregnancy spa  
services, hair care for men and women,  
retail products, gift certificates and  
Rue 105 Candles

### MAP AND ADDRESS:

105 South Church Street, McKinney TX 75069



## Full-Service Day Spa in Historic McKinney

105 South Church Street  
McKinney TX 75069



SpaEsoteric.com  
phone: 972.540.2278  
fax: 972.542.1452

## FACIALS & SKIN TREATMENTS

Facials may include deep cleansing, exfoliation, facial massage, mask, hand and foot treatment. Wrapped in warm sheets and blankets to quietly rest or sleep, your skin will feel wonderful, rested and glowing. Perfect for your first facial, or for an assessment of your skin to create an on-going program. Extractions upon request, and time permitting.

### Intracuticals Infusion:

The premier anti-aging oxygen infusion therapy. It is the only treatment in the world that delivers therapeutic-grade oxygen with specially formulated vitamin-packed serums to work deep within the skin, via pressurized oxygen, transforming each layer inside and out. Intracuticals recommends a series of six consecutive weekly oxygen serum infusions, which will optimize results and create a cumulative benefit; followed by a maintenance regimen of every four to six weeks for continued results.

### Rejuvenate ~ Opulence ~ Clarity:

A unique serum containing hyaluronic acid and a mixture of vitamins, antioxidants, Vitamin C and alpha arbutin to instantly hydrate skin, promote natural collagen and elastin, improve texture, reduce fine lines, wrinkles and boost facial skin firmness. Perfect for hyper-pigmentation and rosacea, blocking melanin for brighter, more even skin tone.

Single Treatment ~ 60 min. \$150  
Age Management Treatment ~ 90 min. \$200 (Serum + Atoxylene)  
6 treatments once a week for 6 weeks. \$1000\*  
Age Management 6 treatments once a week for 6 weeks, \$1300\*  
\*includes take home products and additional services.

### Picture Perfect:

Intracuticals Atoxylene Treatment. After cleansing your skin, we apply an exfoliating enzyme to remove dull, dead skin. Next, a custom facial mask is applied to hydrate your skin. Finishing with an infusion of Atoxylene serum, the fine lines and wrinkles in your eye and lip area will be hydrated and seem to vanish. Perfect before any special occasion. 90 min. \$125. With Rejuvenate or Opulence serum \$150.

### Custom Facial:

Relaxation facial, whether an introduction or for maintenance, enjoy the benefits of healthy, glowing skin. Cleanse, enzyme peel, massage, and mask. Finished with appropriate skin care products. 60 min. \$95 or 90 min. \$125

### Teen Facial:

Start your teenager (boy or girl) off right with a proper assessment of skin, deep cleansing as needed, light enzyme, extractions as needed. We finish with recommendations and instructions for proper skin care. 60 min. \$75

### Gentlemen's Facial:

Men need skincare as well. Deep cleansing, enzyme or light peel, extractions if needed due to ingrown hair. A custom mask to hydrate and brighten. Finish with appropriate skin care products and recommendations for proper skin care. Nothing fluffy, just important treatments. Intracuticals also apply to men's skin for the best results. 60 min. \$80

### Back Facial Treatment:

A facial for your back. Includes deep cleansing to remove dead skin and excessive oil, exfoliation or light peel, extractions where necessary this is followed by a custom mask, to leave your skin smooth, repaired and in a healing state. May include oxygen spray. 60 min. \$80

### The Ultimate Esoteric Facial: (see treatment descriptions at right)

Spend a few hours and have a transformation to be rivaled. First, we deep cleanse your skin and apply an enzyme peel. Followed by Facial Dermaplaning, Dermapen Micro-Needling for face and neck, Intracuticals oxygen infusion for face and neck, Microcurrent treatment face and neck. Aprox 3 hrs. No down time and your face will look and feel totally transformed. Must be provided at the same time. Long lasting results. \$350 (regular ala cart price \$725)

## FACIALS & SKIN TREATMENTS (continued)

### CLINICAL SKIN ENHANCEMENTS:

Clinical enhancements are "working facials." They are more structured and goal oriented than our "relaxing" treatments and may include cleansing, steam, exfoliation, enzymes or peels, extractions, custom mask and the selected procedure.

#### Peel and Dermaplaning with Intracuticals:

Dermaplaning is a technique where the outer layers of the skin are exfoliated with the use of a blade to shave or remove the dead skin cells from the epidermis. Along with a peel or exfoliation, Dermaplaning also helps remove the unwanted velus (fine) hairs from the face and is an effective way to resurface the skin. We finish off the treatment with an application of Intracuticals. You will see and feel a difference after the first treatment. Your skin will be smooth, silky, hydrated and feel like glass with no down time.

Single treatment 90 min. \$150  
Series of 3 treatments 90 min. \$400

### CHEMICAL PEELS:

Peels remedy skin aging, pores, acne, dry skin, hyperpigmentation, melasma, smoker's skin, blackheads and fine lines. The skin texture is refined; your complexion will become clearer and brighter giving you a younger, soft, fresh look.

#### Light to Medium Peels:

Also known as a Glycolic, Salicylic or Lactic Acid, Vitamin A, these peels remove the outer layer of skin so that a new, smooth layer of skin is revealed. This action stimulates the production of elastin and collagen essential to healthy, youthful skin. A light chemical peel is left on your skin for a short amount of time. Shedding, flaking and redness after peel may occur.  
Custom Chemical Peel Treatments. (Post peel products required.)  
60 min. \$75  
60 ~ 90 min. \$100 ~ \$150

### MICRO-CURRENT TREATMENTS:

Facial-sculpting wands glide over the treatment area and emit a gentle micro-current to the cells rehabilitating and firming the muscles. The current penetrates deep into the facial connective tissue, increasing collagen and elastin to smooth out fine lines and wrinkles. Revitalizes the skin tone, firms, contours, lifts, tones and tightens the skin. A fabulous addition to any other skin care treatment.

Single treatment for face approx. 30 min. \$50  
Series of 6 treatments for face \$250

Single treatment for face and neck approx 90 min. \$75  
Series of 6 treatments for face and neck \$375

### DERMAPEN - MICRONEEDLING:

The Dermapen boosts collagen production through a micro-needling technique. Improves or diminishes fine lines, wrinkles, acne scarring, hyperpigmentation and stretch marks; provides skin tightening, lifting and rejuvenation. There is virtually no down time, minimal discomfort and safe on all skin types. This treatment can be used anywhere on the body. Consultation prior to treatment for body work.

Full Dermapen facial \$200 90 minutes includes Intracuticals. Added to any other facial service \$150 approx. 30 min. Facial treatments are scheduled 30 days apart.

Body work prices by consultation, packages available, approx. 30 to 60 min. Body treatments may be scheduled every 2 weeks

## BODY TREATMENTS

### Renewing Body Polish:

This highly addictive body scrub detoxifies and exfoliates, allowing new skin to flourish under botanical rich elements. Red Rice, traditionally used in Asia, is a skin refiner, which removes dead cells. Aloe Vera, almond and cucumber nourish while pure lavender essential oil calms and soothes, imparting a luminous glow to the body. Full Body 60 min. \$60 Back only \$20 Add to Body Mask \$50

### Contouring Body Wrap:

With black pepper, clove bud and kaffir lime, this rich spicy wrap does wonders for sculpting and toning bodies. Eugenol from clove bud stimulates blood vessels for better circulation. Ginger promotes the removal of toxic wastes, while Spirulina and rain forest Andiroba nourish the skin and invigorate the metabolism. This treatment is ideal for achieving contour by increasing circulation, lymphatic drainage and eliminating toxins that contribute to weight gain and cellulite. Full Body 90 min. \$105

### Detox Body Wrap:

With 18 powerful herbs and essential oils, this is a deeply detoxifying herbal remedy. Experience the energy of true inner cleansing. Curcumin, found in Turmeric enhance detox enzymes, promoting internal cell function and Kaffir Lime stimulates the metabolism while harmonizing the body's sense of balance. This treatment is ideally suited to refine your skin and boost your metabolism, leaving your body deeply cleansed and your mind with a renewed vitality. Full Body 90 min. \$105

### Rejuvenating Body Wrap:

Tryptophan, Bromelain, geranium and lavender provide a moisturizing body wrap to nourish sooth and repair the skin, while protecting the fragile epidermis. Tryptophan from banana infuses the skin with nurturing and anti-aging elements. Bromelain from pineapple prevents signs of aging while geranium and lavender help combat wrinkles and restore elasticity. This treatment is suited to ease tensions, repair dry, aging or damaged skin and activates the skins healing power. Full Body 90 min. \$105

### Youth Booster Body Wrap:

Green Tea and Thai White Clay. This light body mask is a rich antioxidant wrap that acts as a fountain of youth for skin cells improving skin condition and leaving it feeling years younger. Green Tea contains polyphenols to help eliminate free radicals and safeguard healthy cells. Thai White Clay moisturizes and softens the skin. Your skin will be nourished and replenished. Full Body 90 min. \$105

### Olea Slim:

Starting with a full body brush to exfoliate dead skin cells and increase circulation, this wonderful blend of warm essential oils are applied to your body. You are wrapped in a warm cocoon and left to rest while your metabolic function increases to eliminate fat and cellulite while leaving you feeling rested and refreshed. Full Body 90 min. \$105 Packages available

### Full Body Brushing:

This simple action of gentle brushing over the skin stimulates blood circulation, improves tissue metabolism, providing more oxygen to the brain and can help reduce cellulite. Brushing moves toxins and trapped fluids along the lymphatic drainage pathways. This brushing will also loosen dry skin cells and promote a noticeable reduction in stress. Perfect before any massage or body wrap. Full Body 90 min. \$90

### Ear Candling:

Ear candling is a simple and natural ear cleansing technique using hollow candles that slowly burn to gently assist in drawing out excess earwax and toxins. It may improve conditions such as sore throat, earache, swimmer's ear, and some chronic headaches, hearing difficulty, tinnitus, vertigo, allergies and lack of mental clarity. Using 4 Candles 60min. \$60 Packages available.

## BODY TREATMENTS (continued)

### Cold Stone Migraine Therapy:

This all-natural 3-part migraine headache treatment starts with a pressure-point release technique to soothe pain. Next, aromatherapy oils applied to face an pulse points to balance. Last, specially shaped cold marble stones are applied to specific areas to reduce inflammation. 60 min. \$85

## ALL-NATURAL NAIL SERVICES

### Natural Nail Manicure:

Includes: Soak, cuticle trim, file, buff, lotion and your choice of polish. Approx. 30 min. \$30 French additional \$10 Polish change \$12

### Pedicure:

Our Classic Pedicure starts with warm water soak in our custom bowls while sitting in a comfortable silk chair. While you rest or sleep we will, soak, scrub, remove calluses, trim cuticles, shorten nails, buff and file. After massaging your lower leg and feet, a polish application will complete your day. Approx. 60 min. \$60. Add paraffin for an additional \$10

FOR OPTIMUM CLIENT SAFETY AND SANITATION WE ONLY USE CUSTOM FIBERGLASS BOWLS THAT ARE CLEANED WITH HOSPITAL GRADE PRODUCTS. NO PIPES OR JETS.

### Paraffin Hand or Foot Treatment:

Paraffin treatments soften, improve circulation, rejuvenate skin and ease joint stiffness. A great treatment for dry neglected hands or feet, you will feel silky, smooth and soft. Give yourself the gift of relaxation and pampering with this soothing treatment. May be added to any other service for \$10. Hands \$20 Feet \$20 Hands and Feet \$35

## FULL-SERVICE HAIR CARE

Shampoo-Blow Dry starting at \$35

Haircut-Men starting at \$30

Shampoo-Cut-Blow-Dry-Women starting at \$70

One Step Colour-Style starting at \$75

One Step Colour-Haircut-Style starting at \$95

Highlights-Style \$90 and up

Highlights-Haircut-Style \$125 and up

Partial Highlights by consultation

One-step colour-highlights-haircut-style \$135 and up

Custom, colour-correction or long hair, prices by consultation

We carry and use Matrix and Aquage hair care products. We cut hair for donations to "Locks of Love" and "Matter of Trust"

## WAXING - TINTING

We use French Blue Wax. All prices are "starting at".

Brows:	Legs:
First time \$25	Half leg \$50
Maintenance \$12	Full leg \$95
Upper Lip \$ 8	Bikini (female only)
Chin/Neck \$15	Panty line \$35
Underarm \$30	Thong \$55
Back or Chest \$70	Brazilian \$85
Full face: Brow, lip, chin-neck, sides of face \$50	
Eyelash tinting \$25	Eyebrow tinting \$20
Lash-Brow tinting \$40	