

# PACKAGES

**Everything Roses:**  
Custom Facial (60 min), Rose Petal Wrap with Massage (120 min), Rose Pedicure (60 min)  
4 hrs. \$245

**Total Aromatherapy**  
Custom Facial (60 min), Aromatherapy Shea Butter Massage (60 min), Pedicure (60 min), Manicure (30 min)  
3.5 hrs. \$245

**Complete Vitality:**  
Custom Facial (60 min), Lava Shell - OR - Try A Little Thai Massage (90 min) and Pedicure (60 min)  
3.5 hrs. \$245

**A Gift for All Seasons:**  
4 60-min. Custom Facials \$360  
4 60-min. Swedish Massages \$306

**Side By Side Couple's Massage:**  
Bring your favorite friend, relative or spouse and enjoy a relaxing, candlelight massage together! Our room is filled with soft light and music, warm tables, soft sheets and blankets.

Any of our massages can be packaged as a couples massage. 60 or 90 minute services available. Prices available upon request for specific service.

**Lunch:** may be added to any service for an additional \$20 per person.

All packages are approximate times.

# ONCOLOGY SPA SERVICES

We offer facials, massages, manicures and pedicures for cancer patients and their caregivers.

Our therapists are certified and trained in oncology massage, aesthetics and spa treatments.

Call us for more information. Full menu available on our website.

# PRENATAL SPA SERVICES

OFFERED ONLY AFTER FIRST TRIMESTER.  
Our service providers are PRENATAL CERTIFIED!

This massage is specifically tailored to the needs of expectant mothers. Sciatica, swelling and back pain are improved. Massage can be enjoyed from second trimester until delivery, resuming again six weeks after birth.

Call us for more information. Full menu available on our website.

Approx. 60 min. \$100 Packages available



# MASSAGE

**All massages include full-body draping, on warmed tables with luxurious sheets and blankets, in quiet, softly-lit rooms with gentle music. Packages of 4 are available.**

**Warm Bamboo:**  
An exotic full body massage, performed with warm bamboo tools of varying shapes and sizes greatly reduces tension and stress, provides relief from tight muscles and tendons, stimulates the flow of blood and lymph, leaving you wonderfully relaxed, revitalized moisturized.  
90 min. \$140

**Hot Thai Stem:**  
This full body massage uses Thai herbal therapeutic compresses to relieve aches and pains, enhances flexibility, and reduce inflammation. The compresses also exfoliate and detox the skin with plai, ginger, turmeric, lemongrass and camphor. Take home and enjoy the herbal packs by re-heating or adding to your bath.  
90 min. \$140

**Rose Petal Wrap and Massage:**  
Starting your service on a warm table scattered with fresh rose petals, we apply essential rose oil to your skin. Adding more petals, we wrap you in a warm cocoon to absorb the wonderful oil. After a brief rest you will enjoy a full 60 minutes of a Swedish massage with the remainder of the aromatic rose oil, leaving you silky smooth.  
120 min. \$140

**Your Choice: Lava Shell or Himalayan Salt Massage**  
These massages combine lasting relaxation and pure pampering bliss for the ultimate in soothing, healing massage. Treat your senses!  
LAVA SHELL: Authentic Tiger Clam shells from the South Pacific are heated with all natural elements.  
HIMALAYAN SALT: salt has a vital effect on the electrical systems of our bodies, bringing balance to the meridians and reflex points ... reducing inflammation, exfoliating skin and detoxing cells.  
60 min. \$105 90 min. \$125

**Deep Tissue-Trigger Point:**  
Massage designed for the client who prefers deep bodywork. Using Trigger Point massage you can focus on a specific problem such as: chronic pain, headaches, limited mobility, postural problems, osteoarthritis pain, fibromyalgia and muscle tension or spasm. It is important to understand that some clients may be sore 24-48 hours after a treatment. This is completely normal following deep tissue work.  
60 min. \$95 90 min. \$120 Packages available.

**Therapeutic:**  
This massage technique and amount of pressure will be customized to your individual needs and goals. Modalities such as orthopedic, cranio-sacral, lymphatic drainage or shiatsu will be used to aid in detox and restore balance and flow to your body's system.  
60 min. \$90 90 min. \$115

**Aromatherapy Shea Butter:**  
This treatment is designed to suite the "mood of the moment" giving you a customized experience. Choose your aromatherapy from our recipe cards and blended with French Shea Butter, your skin will become soft and supple along with a renewed spirit of your essential oil blend. Enjoy this massage and take a journey to bliss.  
60 min. \$90 90 min. \$115

**Swedish:**  
This traditional, full body massage is designed for relaxation and stress reduction. A favorite for anyone who has not had a massage, or just would like light to medium pressure.  
60 min. \$85 90 min. \$110

**Reflexology:**  
Feet: 30 min. \$50  
Hands and Feet: 60 min. \$85

**es·o·ter·ic** / esə'terik / adjective  
1. restricted to initiates. 2. intended for or understood by only an initiated few.

## SPA POLICIES:

Please arrive 30 minutes before your appointment to allow time for parking and to complete the required forms.

Late arrivals will be subject to a shorter service or a reschedule if necessary.

A 24 hour notice is required to cancel any appointment. Spa Packages require a 48 hour cancellation notice.

A credit card is required to secure more than 2 services and for all packages. We will process your credit card for packages not canceled / rescheduled with 48 hr notice.

Skin or hair care products may be exchanged within 10 days of purchase. No refunds .

The spa is a quiet zone ... no children. Please speak in hushed tones and turn your cell phones off to preserve the quiet and relaxing atmosphere.

Please advise staff of any medical issues.

Gift Certificates are non-refundable and good for 6 months from date purchased. They may be exchanged for other services or retail products.

Prices and services are subject to change without notice. We reserve the right to refuse service to anyone.

## SERVICES:

Facials, Intraceuticals Oxygen Treatments, micro-needling, peels, massage, body treatments, scrubs, wraps, waxing, natural nail manicures & pedicures, oncology spa services, pregnancy spa services, hair care for men and women, retail products, gift certificates and Rue 105 Candles

## MAP AND ADDRESS:

105 South Church Street, McKinney TX 75069



## Full-Service Day Spa in Historic McKinney

105 South Church Street  
McKinney TX 75069

SpaEsoteric.com  
phone: 972.540.2278  
fax: 972.542.1452



VOTED BEST SPA  
IN MCKINNEY 5  
YEARS IN A ROW!

-McKinney Online



FACIALS & SKIN TREATMENTS

Facials may include deep cleansing, exfoliation, facial massage, mask. Wrapped in warm sheets and blankets to quietly rest or sleep, your skin will feel wonderful, rested and glowing. Perfect for your first facial, or for an assessment of your skin to create an on- going program. Extractions upon request, and time permitting.

**Intraceuticals Infusion:**  
The premier anti-aging oxygen infusion therapy. It is the only treatment in the world that delivers therapeutic-grade oxygen with specially formulated vitamin-packed serums to work deep within the skin, via pressurized oxygen, transforming each layer inside and out. Intraceuticals recommends a series of six consecutive weekly oxygen serum infusions, which will optimize results and create a cumulative benefit; followed by a maintenance regimen of every four to six weeks for continued results.

**Rejuvenate ~ Opulence:**  
A unique serum containing hyaluronic acid and a mixture of vitamins, antioxidants, Vitamin C and alpha arbutin to instantly hydrate skin, promote natural collagen and elastin, improve texture, reduce fine lines, wrinkles and boost facial skin firmness. Perfect for hyper-pigmentation and rosacea, blocking melanin for brighter, more even skin tone.

Single Treatment ~ 90 min. \$150  
6 treatments once a week for 6 weeks. \$1000\*  
\*includes take home products and additional services.

**Custom Facial:**  
Relaxation facial, whether an introduction or for maintenance, enjoy the benefits of healthy, glowing skin. Cleanse, enzyme peel, massage, and mask. Finished with appropriate skin care products.

60 min. \$100 or 90 min. \$130. Add on planing for \$40.

**Teen Facial:**  
Start your teenager (boy or girl) off right with a proper assessment of skin, deep cleansing as needed, light enzyme, extractions as needed. We finish with recommendations and instructions for proper skin care. Appropriate for age 16 and up.

60 min. \$75

**Gentlemen’s Facial:**  
Men need skincare as well! Deep cleansing, enzyme or light peel, extractions if needed due to ingrown hair. A custom mask to hydrate and brighten. Finish with appropriate skin care products and recommendations for proper care. Nothing “fluffy”, just treatment.

60 min. \$100

**Back Facial Treatment:**  
A facial for your back. Includes deep cleansing to remove dead skin and excessive oil, exfoliation or light peel, extractions where necessary this is followed by a custom mask, to leave your skin smooth, repaired and in a healing state. May include oxygen spray.

60 min. \$85

**The Ultimate Esoteric Facial:** *(see treatment descriptions at right)*  
Spend a few hours and have a transformative experience. First, we deep cleanse your skin and apply an enzyme peel. Followed by facial Dermaplaning, Microneedling with growth factor serum, the application of Intraceuticals Oxygen infusion for face and neck, and Celluma LED light therapy for face and neck. Aprox 3 hrs. No down time and your face will look and feel totally transformed, with long-lasting results. All included services must be provided at the same time.

\$575 (regular ala cart price \$725)

CLINICAL SKIN ENHANCEMENTS

Clinical enhancements are “working facials.” They are more structured and goal oriented than our “relaxing” treatments and may include cleansing, exfoliation, enzymes or peels, extractions, custom mask and the selected procedure.

CHEMICAL PEELS:

Peels remedy skin aging, pores, acne, hyperpigmentation, dry skin, melasma, smoker’s skin, blackheads and fine lines. The skin texture is refined; your complexion will become clearer and brighter giving you a younger, soft, fresh look.

**Light to Medium Peels:**  
Also known as Salicylic, Lactic Acid or Vitamin A, these peels remove the outer layer of skin so that a new, smooth layer of skin is revealed. This action stimulates the production of elastin and collagen essential to healthy, youthful skin. A light chemical peel is left on your skin for a short amount of time. Shedding, flaking and redness after peel may occur.

Custom Chemical Peel Treatments. (Post peel products required.)

60 min. \$80  
60 ~ 90 min. \$100 ~ \$150  
Add on service \$15 per layer

CELLUMA TREATMENTS:

LED light therapy helps smooth skin texture, improve skin firmness and resilience, increase lymphatic system activity, restore skin’s natural cellular activity, and reduce the appearance of fine lines, wrinkles, and superficial hyperpigmentation.

Single treatment for face approx. 30 min. \$50  
Series of 6 treatments for face \$210

MICRONEEDLING:

This advanced treatment boosts collagen production through a micro~needling technique. Improves or diminishes fine lines, wrinkles, acne scarring, hyperpigmentation and stretch marks; provides skin tightening, lifting and rejuvenation. There is virtually no down time, minimal discomfort and safe on all skin types. This treatment can be used anywhere on the body. Consultation prior to treatment for body work.

Full facial \$250 90 minutes includes Intraceuticals.  
Add on growth factor serum for \$300.  
Added to any other facial service \$150 approx. 30 min.  
Facial treatments are scheduled 30 days apart.

Arms, hands, scars, per consultation and may be added to any facial service.  
Body treatments may be scheduled every 2 weeks.

BODY TREATMENTS

**Renewing Body Scrub:**  
This highly addictive body scrub detoxifies and exfoliates, allowing new skin to flourish under botanical rich elements. Red Rice, traditionally used in Asia, is a skin refiner, which removes dead cells. Aloe Vera, almond and cucumber nourish while pure lavender essential oil calms and soothes, imparting a luminous glow to the body.

Full Body 60 min. \$65 Back only \$25 Add to Body Mask \$55

**Contouring, Detox and Rejuvenate Body Wrap:**  
CONTOUR: With black pepper, clove bud and kaffir lime, this rich spicy wrap does wonders for sculpting and toning bodies. Eugenol from clove bud stimulates blood vessels for better circulation. Ginger promotes the removal of toxic wastes, while Spirulina and rain forest Andiroba nourish the skin and invigorate the metabolism. This treatment is ideal for achieving contour by increasing circulation, lymphatic drainage and eliminating toxins that contribute to weight gain and cellulite.

DETOX: With 18 powerful herbs and essential oils, this is a deeply detoxifying herbal remedy. Experience the energy of true inner cleansing. Curcumin, found in Turmeric enhance detox enzymes, promoting internal cell function and Kaffir Lime stimulates the metabolism while harmonizing the body’s sense of balance. This treatment is ideally suited to refine your skin and boost your metabolism, leaving your body deeply cleansed and your mind with a renewed vitality.

REJUVENATE: Tryptophan, Bromelain, geranium and lavender provide a moisturizing body wrap to nourish sooth and repair the skin, while protecting the fragile epidermis. Tryptophan from banana infuses the skin with nurturing and anti-aging elements. Bromelain from pineapple prevents signs of aging while geranium and lavender help combat wrinkles and restore elasticity. This treatment is suited to ease tensions, repair dry, aging or damaged skin and activates the skins healing power.

Full Body 90 min. \$110

**Full Body Brushing:**  
This simple action of gentle brushing over the skin stimulates blood circulation, improves tissue metabolism, providing more oxygen to the brain and can help reduce cellulite. Brushing moves toxins and trapped fluids along the lymphatic drainage pathways. This brushing will also loosen dry skin cells and promote a noticeable reduction in stress. Perfect before any massage or body wrap.

Full Body 90 min. \$105

**Ear Candling:**  
Ear candling is a simple and natural ear cleansing technique using hollow candles that slowly burn to gently assist in drawing out excess earwax and toxins. It may improve conditions such as sore throat, earache, swimmer’s ear, and some chronic headaches, hearing difficulty, tinnitus, vertigo, allergies and lack of mental clarity.

4 Candles 60min. \$65

ALL-NATURAL NAIL SERVICES

**Natural Nail Manicure:**  
Includes: Soak, cuticle trim, file, buff, lotion and your choice of polish. Approx. 30 min. \$30 French additional \$10 Polish change \$12

**Pedicure:**  
Our Classic Pedicure starts with warm water soak in our custom bowls while sitting in a comfortable silk chair. While you rest or sleep we will, soak, scrub, remove calluses, trim cuticles, shorten nails, buff and file. After massaging your lower leg and feet, a polish application will complete your day.

Approx. 60 min. \$60. Add paraffin for an additional \$10

FOR OPTIMUM CLIENT SAFETY AND SANITATION WE ONLY USE CUSTOM FIBERGLASS BOWLS THAT ARE CLEANED WITH HOSPITAL-GRADE PRODUCTS. NO PIPES OR JETS.

**Paraffin Hand or Foot Treatment:**  
Paraffin treatments soften, improve circulation, rejuvenate skin and ease joint stiffness. A great treatment for dry neglected hands or feet, you will feel silky, smooth and soft. Give yourself the gift of relaxation and pampering with this soothing treatment. May be added to any other service for \$10.

Hands \$20 Feet \$20 Hands and Feet \$35

FULL-SERVICE HAIR CARE

Shampoo-Blow Dry starting at \$40  
Haircut-Men starting at \$30  
Shampoo-Cut-Style-Women starting at \$75  
One Step Colour-Style starting at \$80  
One Step Colour-Haircut-Style starting at \$100  
Highlights-Style \$100 and up  
Highlights-Haircut-Style \$130 and up  
Partial Highlights by consultation  
One-step colour-highlights-haircut-style \$140 and up  
Custom, colour-correction or long hair, prices by consultation

We carry and use Matrix and Aquage hair care products. We cut hair for donations to “Wigs for Kids” and “Matter of Trust”.

WAXING - TINTING

We use French Blue Wax. All prices are “starting at”.

Brows:  
First time \$30, Maintenance \$20

Upper Lip \$15  
Chin/Neck \$20  
Underarm \$35  
Back or Chest \$75

Full face: Brow, lip, chin~neck, sides of face \$55

Eyelash tinting \$30 Eyebrow tinting \$25 Lash~Brow tinting \$45

Legs:  
Half leg \$55  
Full leg \$100

Bikini (female only)  
Panty line \$40  
Thong \$60