



### EXTRAS

Shampoo Blow Dry \$40.00  
 Manicure \$30.00  
 Pedicure \$60.00

Lunch can be provided for an additional cost.

Our massage therapists are  
Pregnancy Certified...

Intracutaneous Oxygen Facial Treatments  
Are Wonderful for the pregnant and can be  
added at an additional price.

Spa Esoteric accepts Master Card, Visa,  
and American Express,  
Gratuity not included

Custom Rue 105 candles , in baby  
powder scent are available to order.

Join our email list for specials,  
our newsletter and spa info.  
[www.spaesoteric.com](http://www.spaesoteric.com) ~

To maximize your experience please note the  
following:

We request you arrive 15 minutes early to prepare  
for your day and complete your intake forms. Late  
arrivals may not receive full treatment. Missed  
services will be charged unless a

24 hour cancellation notice is given. A credit card  
is required to reserve multiple services or same day  
services.



#### Hours:

Tuesday 10:00 am - 4:00 pm  
 Wednesday 10:00 am - 5:00 pm  
 Thursday 10:00 am - 7:00 pm  
 Friday 10:00 am - 5:00 pm  
 Saturday 10:00 am - 6:00 pm

Closed Sunday, Monday

All treatment times are approximate

## SPA ESOTERIC

HAIR\*SKIN\*NAILS  
MASSAGE\*BODY TREATMENTS

105 South Church Street  
McKinney, TX 75069

## SPA ESOTERIC

### For The Pregnant

Pre-Natal Care

Mummy Care Packages



After Care



Gift Certificates... An ideal gift for  
expectant and new mothers  
Great baby shower gifts  
or as a congratulatory note for  
all other new child occasions.

Let them know how special they are with  
this unique gift.

Presented Exclusively from  
Spa Esoteric  
972.540.2278

## PRENATAL CARE

### THE SMOOTHIE

Rejuvenate your skin and clear your mind in preparation for your pending arrival. The Mama Mio Smoothie will exfoliate your skin and follow with a moisturizing massage to hydrate and elasticize your skin. A luxurious scalp massage will sweep away your stress leaving you with soft smooth skin.

90 min \$200.

## SKIN CONDITIONING

### THE YUMMY TUMMY

This combination treatment includes a gentle skin brushing to increase circulation, a concentrated serum and deep treatment mask to soothe and moisturize the abdomen. Enjoy a gentle face, head neck and shoulder massage which will release cranial and jaw tension to ease the stress associated with pregnancy

90 min \$180.

## MASSAGE

### THE MELLOW MAMA

A complete body massage using specific pre-natal techniques to help relax, increase circulation, alleviate tired muscles and reduce excess water retention, focusing on the specific muscles that are responsible for supporting the pregnant tummy.

"Available after first trimester"

60 min \$100.

## POST NATAL CARE

### POST NATAL MASSAGE

30 days after birth  
Approximately 60 min \$100.

**\*BODY TREATMENTS\***  
Rejuvenating, Contouring  
or Detoxing  
Approximately 90 min \$105.

**\*Some treatments may not  
be suitable  
for nursing mothers\***

## FACE, HANDS AND FEET

**CUSTOM FACIAL**  
60 min \$100.

**MANICURE**  
30 min \$30.

**SPA PEDICURE**  
One Hour \$60.

**PARAFFIN TREATMENT**  
Hands...\$20.  
Feet...\$20.  
Hands and Feet...\$35.

## MUMMY CARE PACKAGES

Because you crave moments of  
solitude and lots of care...

**THREE HOURS OF BLISS...**  
Body Scrub, Custom Facial, Massage  
\$220. approximately 3 hrs.

**THREE HOURS TO GET READY...**  
Custom Facial, Massage, Pedicure  
\$220. approximately 3 hrs.

**ALMOST TIME...**  
Massage and Pedicure  
\$140. approximately 2 hrs.