

PACKAGES

Everything Roses:

Custom Facial (60 min), Rose Petal Wrap with Massage (90 min), Rose Pedicure (60 min)
3.5 hrs. \$250

Total Aromatherapy

Custom Facial (60 min), Aromatherapy Shea Butter Massage (90 min), Custom Pedicure (60 min)
3.5 hrs. \$250

Complete Vitality:

Custom Facial (60 min), Himalayan Salt Stone - OR - Try A Little Thai Massage (90 min) and Pedicure (60 min)
3.5 hrs. \$250

A Gift for All Seasons:

4 60-min. Custom Facials \$360
4 60-min. Swedish Massages \$306

Side By Side Couple's Massage:

Bring your favorite friend, relative or spouse and enjoy a relaxing candlelight massage together! Our room is filled with soft light and music, warm tables, soft sheets and blankets.

Any of our massages can be packaged as a couples massage. 60 or 90 minute services available. Prices available upon request for specific service.

Lunch may be added to any service for an additional \$20 per person.

All package times are approximate.

ONCOLOGY SPA SERVICES

We offer facials, massages, manicures and pedicures for cancer patients and their caregivers.

Our therapists are certified and trained in oncology massage, aesthetics and spa treatments.

Call us for more information. Full menu available on our website.

PRENATAL SPA SERVICES

OFFERED ONLY AFTER FIRST TRIMESTER.

Our service providers are PRENATAL CERTIFIED!

This massage is specifically tailored to the needs of expectant mothers. Sciatica, swelling and back pain are improved. Massage can be enjoyed from second trimester until delivery, resuming again six weeks after birth.

Call us for more information. Full menu available on our website.

Approx. 60 min. \$100 Packages available



MASSAGE

All massages include full-body draping on warmed tables with luxurious sheets and blankets, in quiet, softly-lit rooms with gentle music. Packages of 4 are available.

Warm Bamboo:

This exotic full-body massage - with warm bamboo tools of varying shapes and sizes - reduces tension and stress, provides relief from tight muscles and tendons, and stimulates the flow of blood and lymph, leaving you relaxed, revitalized and moisturized.

90 min. \$140

Hot Thai Stem:

This full-body massage uses Thai herbal compresses - with ginger, turmeric and lemongrass - to relieve aches and pains, enhance flexibility, reduce inflammation and exfoliate the skin. Take home and enjoy the herbal packs by re-heating or adding to your bath.

90 min. \$140

Rose Petal Wrap and Massage:

Your service begins on a warm table with fresh rose petals. We dry-brush your skin, apply rose essential oil and more petals, and wrap you in a warm cocoon. After a brief rest, you'll enjoy a full 60 minutes of Swedish massage with more rose oil, leaving you silky-smooth.

90 min. \$140

Himalayan Salt Massage

Lasting relaxation and pure bliss ... the ultimate in soothing, healing massage. Salt has a vital effect on the body's electrical systems, bringing balance to meridians and reflex points, reducing inflammation, exfoliating skin and detoxing cells.

60 min. \$105 90 min. \$140

Deep Tissue ~ Trigger Point:

For the client who prefers deep bodywork, this treatment focuses on a specific problem: pain, headache, mobility or postural problems, osteoarthritis, fibromyalgia and muscle tension / spasm. (Important: some clients may be sore 24-48 hours after a treatment; this is completely normal following deep tissue work).

60 min. \$105 90 min. \$140 Packages available.

Aromatherapy Shea Butter:

This treatment addresses your needs with a customized experience. Your choice of aromatherapy oil blend is combined with rich, moisturizing French Shea Butter. After your massage, your skin will feel soft, supple and renewed. Take a journey to bliss!

60 min. \$95 90 min. \$125

Swedish:

This traditional, full-body massage is designed for relaxation and stress reduction. A favorite for anyone who is new to massage or prefers light to medium pressure.

60 min. \$90 90 min. \$120

Reflexology:

Feet: 30 min. \$50 Hands: 30 min. \$45 Hands & Feet: 60 min. \$85

Myofascial Release: a massage technique that focuses on relieving pain in the thick network of connective tissues supporting the muscles, joints, bones and organs.

60 min. \$125 90 min. \$185 Packages available.

Reiki: A healing energy session with a Reiki master (who has formal training in this healing art), using gentle hand movements to guide the flow of energy through the body to reduce stress and promote healing. This alternative medicine treatment can reduce stress and help with management of chronic diseases.

30 min. \$60

Therapeutic: This massage technique, with varying amounts of pressure, will be customized to your individual needs and goals. Various modalities will be used to aid in detoxing and restoring balance and flow to your body.

60 min. \$100 90 min. \$135

Lomi Lomi: This Hawaiian technique (translates to "rub rub") applies broad, flowing strokes with the therapist's hands, arms and elbows to release tension, rejuvenate and improve blood and lymph flow. Features natural macadamia, palm and coconut oils.

60 min. \$100 90 min. \$135

es·o·ter·ic / eſə'terik / adjective

1. restricted to initiates. 2. intended for or understood by only an initiated few.

SPA POLICIES:

Please arrive 30 minutes before your appointment to allow time for parking and to complete the required forms.

Late arrivals will be subject to a shorter service or a reschedule if necessary.

A 24 hour notice is required to cancel any appointment. Spa Packages require a 48 hour cancellation notice.

A credit card is required to secure services and packages. We will process your credit card for services not canceled or for no-shows.

Skin or hair care products may be exchanged within 10 days of purchase. No refunds.

The spa is a quiet zone ... no children. Please speak in hushed tones and turn your cell phones off to preserve the quiet and relaxing atmosphere.

Please advise staff of any medical issues.

Gift Certificates are non-refundable and good for 6 months from date purchased. They may be exchanged for other services or retail products.

Prices and services are subject to change without notice. We reserve the right to refuse service to anyone.

SERVICES:

Facials, Intraceuticals Oxygen Treatments, micro-needling, Jet plasma treatments, peels, massage, body treatments, scrubs, wraps, waxing, natural nail manicures and pedicures, oncology spa services, pregnancy spa services, hair care for men and women, retail products, gift certificates and Rue 105 Candles.

ADDRESS:

105 South Church Street, McKinney TX 75069



Full-Service Day Spa in Historic McKinney

105 South Church Street
McKinney TX 75069

SpaEsoteric.com
phone: 972.540.2278
fax: 972.542.1452



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FACIALS & SKIN TREATMENTS

Facials may include deep cleansing, exfoliation, facial massage and mask. While wrapped in warm sheets and blankets to quietly rest or sleep, your skin will feel wonderful, rested and glowing. Perfect for your first facial, or for an assessment of your skin to create an on-going program. Extractions upon request, and time permitting.

Intracuticals Infusion:

The premier anti-aging oxygen infusion therapy. Intracuticals is the only treatment in the world that delivers therapeutic-grade oxygen with specially formulated vitamin-packed serums to work deep within the skin, transforming each layer, inside and out. We recommend a series of six consecutive weekly oxygen-serum infusions, which will optimize results and create a cumulative benefit; followed by a maintenance regimen of every four to six weeks for continued results.

Rejuvenate ~ Opulence:

A unique serum containing hyaluronic acid and a mixture of vitamins, antioxidants, Vitamin C and alpha arbutin to instantly hydrate skin, promote natural collagen and elastin, improve texture, reduce fine lines, wrinkles and boost facial skin firmness. Perfect for hyper-pigmentation and rosacea, blocking melanin for brighter, more even skin tone.

Single Treatment ~ 90 min. \$175

Series of 6 treatments, once a week for 6 weeks. \$1000*

*includes take-home products and additional services.

Custom Facial:

Our relaxation facial. Perfect for an introduction to facial treatments or for on-going maintenance, enjoy the benefits of healthy, glowing skin. Features cleansing, enzyme peel, massage and mask. Finished with appropriate skin care products for your needs.

60 min. \$100 or 90 min. \$130. Add on planing for \$40.

Teen Facial:

Start your teenager (boy or girl) off right with a proper assessment of skin. Features deep cleansing (as needed), light enzyme application and extractions as needed. We finish with recommendations and instructions for proper skin care. Appropriate for age 16 and up.

60 min. \$75

Gentlemen's Facial:

Men need skincare as well! This treatment features deep cleansing, enzyme or light peel, extractions (if needed due to ingrown hairs), and a custom mask to hydrate and brighten. We finish with appropriate skin care products and recommendations for proper care. Nothing "fluffy", just treatment.

60 min. \$100

Back Facial Treatment:

A facial for your back. Includes deep cleansing to remove dead skin and excessive oil, exfoliation or light peel, extractions where necessary. This is followed by a custom mask to leave your skin smooth, repaired and in a healing state. May include oxygen spray.

60 min. \$100

Jet Plasma Lift Treatments:

Jet Plasma Lift is the next generation technology for skin tightening, collagen production, wrinkle reduction, and elasticity improvement – especially in those areas where no effective non-surgical options were previously available. This treatment has no pain, no down time and can be added to other facial services and Intracuticals treatments. This procedure can be used on face, neck, arms and other parts of the body. Celluma treatments are recommended following the Jett Plasma service for a heightened improvement.

Packages are available upon consultation.

CLINICAL SKIN ENHANCEMENTS

Clinical enhancements are “working facials.” They are more structured and goal-oriented than our “relaxing” treatments and may include cleansing, exfoliation, enzymes or peels, extractions, custom mask and the selected procedure.

CHEMICAL PEELS:

Peels remedy skin aging, pores, acne, hyperpigmentation, dry skin, melasma, smoker’s skin, blackheads and fine lines. The skin texture is refined; your complexion will become clearer and brighter giving you a younger, soft, fresh look.

Light to Medium Peels:

Also known as Salicylic, Lactic Acid or Vitamin A, these peels remove the outer layer of skin so that a new, smooth layer of skin is revealed. This action stimulates the production of elastin and collagen essential to healthy, youthful skin. A light chemical peel is left on your skin for a short amount of time. Shedding, flaking and redness after peel may occur.

Custom Chemical Peel Treatments. (Consultation and prior skin services required. Post-peel products required.

60 min. \$80

60 ~ 90 min. \$100 ~ \$150

Elain Brenner Peel ~ 90 min. \$150 per area

Add on service \$15 per layer

CELLUMA TREATMENTS:

LED light therapy helps smooth skin texture, improve skin firmness and resilience, increase lymphatic system activity, restore skin’s natural cellular activity, and reduce the appearance of fine lines, wrinkles, and superficial hyperpigmentation.

Single treatment for face approx. 30 min. \$50

Series of 6 treatments for face \$250

MICRONEEDLING:

This advanced treatment boosts collagen production through a micro-needling technique. Improves or diminishes fine lines, wrinkles, acne scarring, hyperpigmentation and stretch marks; provides skin tightening, lifting and rejuvenation. There is virtually no down time, involves minimal discomfort and is safe on all skin types. This treatment can be used anywhere on the body. Consultation prior to treatment for body work.

Full face \$300 90 minutes includes Intracuticals.

Add on growth factor serum for \$300.

Added to any other facial service \$150 approx. 30 min.

Facial treatments are scheduled 30 days apart.

Arms, hands, scars, per consultation and may be added to any facial service.

Body treatments may be scheduled every 2 weeks.

BODY TREATMENTS

Renewing Body Scrub:

This highly addictive body scrub detoxifies and exfoliates, allowing new skin to flourish in botanically-rich elements. Red rice, traditionally used in Asia, is a skin refiner, which removes dead cells. Aloe Vera, almond and cucumber nourish while pure lavender essential oil calms and soothes, imparting a luminous glow to the body.

Full Body 60 min. \$80 Back only \$25 Add to Body Wrap \$60

Contouring, Detox and Rejuvenate Body Wrap:

With 18 powerful herbs and essential oils, this is a deeply detoxifying herbal remedy. Experience the energy of true inner cleansing.

Eugenol from clove bud stimulates blood vessels for better circulation. Ginger promotes the removal of toxic wastes, while spirulina and rain forest andiroba nourish the skin and invigorate the metabolism. Curcumin, found in turmeric, promotes internal cell function. Kaffir lime stimulates the metabolism while harmonizing the body’s sense of balance. Tryptophan, bromelain, geranium and lavender provide moisture to nourish, soothe and repair the skin.

This treatment eases tensions, repairs dry, aging or damaged skin and activates the skin’s own healing power. Your metabolism is boosted, leaving your body deeply cleansed and your mind with a renewed vitality.

Full Body 90 min. \$125

Ear Candling:

Ear candling is a simple and natural ear cleansing technique using hollow candles that slowly burn to gently assist in drawing out excess earwax and toxins. It can improve conditions such as sore throat, earache, swimmer’s ear, and some chronic headaches, hearing difficulty, tinnitus, vertigo, allergies and lack of mental clarity.

4 Candles 60min. \$65



ALL-NATURAL NAIL SERVICES

Natural Nail Manicure:

Includes: Soak, cuticle trim, file, buff, lotion and your choice of polish.

Approx. 30 min. \$30 French additional \$10 Polish change \$12

Pedicure:

Our Classic Pedicure starts with warm water soak in our custom bowls while sitting in a comfortable silk chair. While you rest or sleep we will, soak, scrub, remove calluses, trim cuticles, shorten nails, buff and file. After massaging your lower leg and feet, a polish application will complete your day.

Approx. 60 min. \$60.

FOR OPTIMUM CLIENT SAFETY AND SANITATION WE ONLY USE CUSTOM FIBERGLASS BOWLS THAT ARE CLEANED WITH HOSPITAL-GRADE PRODUCTS. NO PIPES OR JETS.

FULL-SERVICE HAIR CARE

Shampoo-Blow Dry starting at \$40

Haircut-Men starting at \$30

Shampoo-Cut-Style-Women starting at \$75

One Step Colour-Style starting at \$80

One Step Colour-Haircut-Style starting at \$100

Highlights-Style \$100 and up

Highlights-Haircut-Style \$130 and up

Partial Highlights by consultation

One-step colour-highlights-haircut-style \$140 and up

Custom, colour-correction or long hair, prices by consultation

We carry and use Matrix and Aquage hair care products. We cut hair for donations to “Wigs for Kids” and “Matter of Trust”.

WAXING - TINTING

We use French Blue Wax. All prices are “starting at”.

Brows:

First time \$30, Maintenance \$20

Upper Lip \$15

Chin/Neck \$20

Underarm \$35

Back or Chest \$75

Full face: Brow, lip, chin-neck, sides of face \$55

Eyelash tinting \$30

Eyebrow tinting \$25

Lash-Brow tinting \$45

Legs:

Half leg \$55

Full leg \$100

Bikini (female only)

Panty line \$40

Thong \$60