

# Harrison Wildcats - Big Sister / Little Sister Golf Mentorship Program



## Program Overview

This Mentorship Program is a voluntary leadership and development initiative designed to support the growth of young female golfers while strengthening the long-term success of the Harrison girls golf program. It pairs experienced high school golfers with middle school golfers (grades 5–8) to foster skill development, confidence, leadership, and a strong sense of community within the program.

In addition, newer high school golfers may be grouped with an experienced high school golfer and a middle school participant to provide mentorship and support as they transition into competitive high school golf.

## Program Structure

- Little Sisters: Middle school golfers in grades 5–8 who have an interest in learning the game, improving their skills, and becoming part of the Harrison girls golf pipeline.
- Big Sisters: Experienced high school golfers who serve as mentors, role models, and leaders both on and off the course.
- Development Groups (when applicable): Newer high school golfers may be paired with an experienced high school golfer and a middle school golfer to promote peer learning, confidence building, and skill development.

## Program Logistics & Expectations

- Monthly Engagement: Big sisters and little sisters are expected to connect at least once per month through golf-related activities. These sessions will typically combine:
  - Skill-based practice
  - Course management discussions
  - Mental game topics such as handling nerves, emotions, pressure, and competition
- Practice & Lesson Support: Big sisters are encouraged to attend as many little sister practices or lessons as possible to provide instruction, encouragement, and overall support.
- Match Attendance & Program Integration: Little sisters are encouraged to attend select high school matches when feasible to observe, learn, and support their big sister.
- High school golfers will attend select middle school matches to show support, build relationships, and identify developmental opportunities for future practices.
- Team-Wide Event: All big sisters and little sisters will participate in at least one annual group event focused on team building, fun, and strengthening program-wide connections.

## Program Benefits

- Benefits for Little Sisters (Grades 5–8)
  - Accelerated golf skill development through guided practice and observation
  - Increased confidence and comfort in competitive environments
  - Exposure to high school golf expectations and culture
  - Stronger sense of belonging within the Harrison golf community
  - A clear pathway into the high school golf program
- Benefits for Big Sisters (High School Golfers)
  - Development of leadership, communication, and mentorship skills
  - Improved understanding of their own game through teaching and explanation
  - Enhanced accountability and team ownership
  - Preparation for future leadership roles in athletics, academics, and life
  - Opportunity to positively influence the next generation of golfers
- Benefits for the Program
  - Stronger continuity between middle school and high school golf
  - Improved retention and participation of younger players
  - Positive team culture built on support, leadership, and shared purpose
  - Long-term sustainability and competitive growth of the program

## Program Values

The Big Sister / Little Sister Golf Mentorship Program is built on the following core values:

- Leadership
- Confidence
- Teamwork
- Participation
- Sportsmanship
- Accountability
- Personal Growth

Participation in the program is voluntary; however, all participants are expected to represent the golf program with maturity, positivity, and commitment. This program is designed to enhance—not replace—formal coaching, instruction, and competition.