

PLAN C – Hybrid & Long-Iron Confidence

Primary goal: Get the ball airborne consistently

1) Technical Rehearsal (10 min)

- Hybrid or longest iron
 - Focus cues:
 - Sweep the ball
 - Finish tall
 - Drills:
 - **Low tee drill** (slight upward strike feel)
 - Smooth rhythm swings
-

2) Repetition (30 min)

- Same club
 - Same target
 - Hit 20–25 balls
 - Goal:
 - Ball gets airborne
 - No rushing the swing
 - If thin shots appear → slow tempo
-

3) Completion (20 min)

- Rotate hybrid → mid-iron → wedge
- One ball per shot
- New target each time