

Please call us or visit us to seek help or information for yourself or your loved one who is suffering from substance abuse and co-occurring mental health issues. Our trained admission professionals are available to speak five days a week Mon - Fri from 8am-5pm.

Please call 877-644-2855 to speak to a member of our staff today.

OCEAN COUNTY Overcome
Wellness & Recovery 101 Prospect
Street, Suite 210 Lakewood, NJ 08701

Intake & Admissions

For intake and admissions,
please call: 877-644-2855

For more information, please visit our website:
www.overcomenj.com

**We accept most commercial
insurances and other resources.
Please contact us to find out
more information.**



**Providing Excellence
in Behavioral Healthcare**

Intake & Admissions
877-644-2855



Welcome

to Overcome Wellness and Recovery

We provide a variety of counseling and support services to individuals living in Central/South Jersey. We serve individuals who need help with traditional substance use disorders as well as with co-occurring mental health in an outpatient setting.

Partial Care (PHP – Substance Abuse Primary with Co-occurring services)
Services are designed for adults who can benefit from a daily structured treatment program to address his or her substance abuse and/or mental health concerns. A total of 20-30 hours of treatment services will be provided weekly (about 5-6 hours a day Monday - Friday).

Intensive Outpatient (IOP)
Services are designed for adults who can benefit from professional treatment more than once per week to address his or her substance abuse and/or co-occurring mental health concerns. A total of 9-10 hours of treatment services will be provided weekly.

General Outpatient (GOP)
Services are designed for adults who can benefit from professional treatment. A total of 1-3 hours per week will be provided to address his or her substance use and mental health concerns.



Individualized
treatment
Designed for you
...call today!

SERVICES & AREAS OF FOCUS:

- Psychiatric and Substance Abuse Assessments
- EMDR
- Trauma Informed Care
- Co-occurring Behavioral Health services
- Post-Acute Withdrawal Syndrome (PAWS)
- Relapse Prevention Skills
- Understanding the Brain Chemistry of Addiction
- Alcohol, Opiates, Other Chemical Dependencies, Sexual Addictions, Gambling
- How to Manage Urges & Cravings
- Introduction to the Twelve Steps
- Spirituality
- Stages of Change
- Focus On Co-Occurring Disorders and the Effects on Addiction & Recovery
- The Family Education Program
- Culturally Sensitive Orthodox Jewish Track

Monthly Family Support Groups

Day and Evening Appointments