

# Sexual Addiction & Healing Veterans Services

**INDIVIDUAL TREATMENT FOR ADDICTS:** Involves one-on-one meetings with a therapist to explore issues and concerns related to out of control sexual behaviors. Treatment modalities include addiction, trauma, and cognitive-behavioral. Central to therapy is addressing the cycle of addiction, distorted thinking, relapse prevention, triggers, and consequences that impede healthy decision-making. Underlying causes, prior traumas, and losses often rooted in early primary relationships are explored throughout the therapy experience.

**FOR PARTNERS OF ADDICTS:** Involves meeting one-on-one with a therapist to address concerns following the discovery/disclosure of chronic sexual infidelity by your partner. Treatment modalities include addiction, trauma, and cognitive-behavioral. The primary focus of therapy is addressing non-negotiables for immediate safety concerns, self-care, and development of a support system where exploration and validation of your experiences can occur. Once crisis caused by addiction is resolved, ongoing treatment centers on maladaptive coping skills, also referred to as codependency, that interfere with self-care and healthy interpersonal relationships. Underlying causes, prior traumas, and losses often rooted in early primary relationships are explored throughout the therapy experience.

**SEX OFFENDER AND IMPAIRED PROFESSIONALS GROUP:** The purpose of this group is to help you stop and prevent your sexual offending/professional sexual misconduct. An intense and structured cognitive behavioral-relapse prevention group focuses on accepting responsibility for sex offending/professional sexual misconduct; understanding the relapse process and changing harmful behaviors; understanding childhood, family, and past abuse and neglect experiences; and developing victim empathy, relationship and communication skills.

**VIVITROL MAINTENANCE:** Naltrexone (Vivitrol) is generally used to treat alcohol and opiate dependence and blocks the part of your brain that feels pleasure with certain addictive behaviors. It may help with behavioral addictions such as compulsive sexual behavior or gambling disorder.

# Veterans Services

## **MENTAL HEALTH PRIMARY PARTIAL CARE OUTPATIENT SERVICES:**

Behavioral Crossroads offers a recovery program tailored to the specific concerns of veterans with PTSD. The Mental Health Primary Partial Care Outpatient services for veterans living in our transportation catchment area include:

- Trauma Informed Care
- Medication-assisted treatment (MAT)
- Therapy for post-traumatic stress disorder (PTSD)
- Counseling for Anger Management
- Group and Individual Psychotherapy

**WRAPAROUND WITH HOUSING PROGRAM:** We offer housing for veterans with chronic and persistent conditions who need the additional structure and support.

Services include:

- Medication Management
- Medical case management and navigation.
- Meals provided 7 days a week, breakfast, lunch & dinner.
- Transportation to social service and medical appointments.
- Trauma Informed Care
- Medication-assisted treatment (MAT)
- Therapy for post-traumatic stress disorder (PTSD)
- Counseling for Anger Management
- Group and Individual Psychotherapy



**Behavioral Crossroads, LLC**  
**1.877.645.2502**  
**205 W Parkway Drive**  
**Egg Harbor Township, NJ 08234**  
**[www.behavioralcrossroads.com](http://www.behavioralcrossroads.com)**