



Family Newsletter

1820 Hartle Ave, Owatonna MN, 55060

507-451-1190



Coming Up!
Parenting Circle

3rd Thursday of each month!

Parenting Circle groups offer a safe space where parents and caregivers find support as they share the challenges and successes of raising children through parent driven topics. You will learn new skills and strategies to use, helping you become the best parents, grandparents and caregivers you can be.

May 21, 5:30-6:30 PM

Meet at the Center: 1820 Hartle Ave, Owatonna

Call to learn more: 507-455-1190

www.centerforfamilyunitymn.org



Tuesday May 5th, 2026

Pop up Diaper Distribution

507-287-2047



Free Diapers, Pull ups, and Wipes

Place: Center for Family Unity
1820 Hartle Ave, Owatonna
Date: First Tuesday of Every Month
Time: 1-3pm

Birth certificate or footprint card required for each child in need of diapers



Free Community Meals

Bethel Church

Wednesday Evenings 5:00 - 6:00 pm
1611 Hemlock Ave NE, Owatonna, MN 55060
Phone: (507) 451-8548

Our Saviors Lutheran Church

Monday Evenings 5:30 - 6:30
1909 St. Paul Rd, Owatonna, MN 55060
Phone: (507) 451-4853

St. Joseph Church

Tuesday Evenings 5:30 - 6:30 pm
512 S Elm Ave, Owatonna, MN 55060
Phone: (507) 451-4845

Trinity Lutheran Church

Tuesday Evenings 5:30 - 6:30 pm
609 Lincoln Ave S, Owatonna, MN 55060
Phone: (507) 451-4520

JOIN US FOR COMMUNITY KINDNESS

MAY 17TH

11:00AM - 12:30PM
LAUNCH AT VIBES STUDIO
1400 S OAK AVE, OWATONNA



FTINNES + YOGA + MEDITATION SESSION
COFFEE BAR EXPERIENCE
TAKE-HOME SUCCELUENT
\$55 TO ATTEND
PROCEEDS SUPPORT THRIVING MINDS
#BEKINDTOYOURMIND



Held at the Freeborn County Fairgrounds
1105 Bridge Avenue, Albert Lea, Minnesota 56007

DAYS AND HOURS

1st Saturday of the Month
Registration begins at 8:45 AM
Food bundles available 8:45-10:00 AM

Hosted by: Ruby's Pantry