

The Exchange Club *Center for Family Unity* **FEBRUARY** **FAMILY NEWSLETTER**

Phone Number - 507-455-1190

Email - info@centerforfamilyunitymn.com

Tuesday February 3rd

Pop up Diaper Distribution

507-287-2047



Free Diapers, Pull ups, and Wipes

Place: Center for Family Unity
1820 Hartle Ave, Owatonna
Date: First Tuesday of Every Month
Time: 1-3pm

**Birth certificate or footprint card required for
each child in need of diapers**

 **Catholic Charities
of Southern Minnesota**
PROVIDING HELP. CREATING HOPE.

Catholic Charities of Southern Minnesota
**CHILD and FAMILY
SERVICES**
*** **

Coming Up! **Parenting Circle**

3rd Thursday
of each month!

Parenting Circle groups offer a safe space
where parents and caregivers find support as
they share the challenges and successes of
raising children through parent driven topics.
You will learn new skills and strategies to use,
helping you become the best parents,
grandparents and caregivers you can be.



February 19, 5:30-6:30 PM

Meet at the Center: 1820 Hartle Ave, Owatonna



Call to learn more: 507-455-1190



www.centerforfamilyunitymn.org



**EXCHANGE CLUB
CENTER for
FAMILY UNITY**

Follow us on Facebook for more information

Winter Weather Policies

- Call ahead to cancel any appointment you have with the center so we can plan appropriately.
- Dress your kids in appropriate winter gear; just in case they want some outside time!
- 15 degrees or colder, all kids must play inside.
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- Contact Shelly our supervised visit coordinator at
sbarker@centerforfamilyunitymn.com or
507-455-1190 with any questions

Free Community Meals

Bethel Church

Wednesday Evenings 5:00 - 6:00 pm
1611 Hemlock Ave NE, Owatonna, MN 55060
Phone: (507) 451-8548

St. Joseph Church

Tuesday Evenings 5:30 - 6:30 pm
512 S Elm Ave, Owatonna, MN 55060
Phone: (507) 451-4845

Trinity Lutheran Church

Tuesday Evenings 5:30 - 6:30 pm
609 Lincoln Ave S, Owatonna, MN 55060
Phone: (507) 451-4520

Our Saviors Lutheran Church

Wednesday Evenings: 5:00 - 6:00 pm
Sept. - May
1909 St. Paul Rd, Owatonna, MN 55060
Phone: (507) 451-4853



Next Pop-Up Pantry is Saturday February 07, 2026

Held at the Freeborn County Fairgrounds
1105 Bridge Avenue, Albert Lea, Minnesota 56007

DAYS AND HOURS

1st Saturday of the Month
Registration begins at 8:45 AM
Food bundles available 8:45-10:00 AM

Hosted by: Ruby's Pantry

February and March Adaptive Programs



Adaptive Valentine's Day Craft
Ages 8+
THURSDAY February 5 from 5-6 p.m.
West Hills Social Commons
Price \$6



Adaptive Cookie Decorating
Ages 8+
THURSDAY February 19 from 5-6 p.m.
West Hills Social Commons
Price \$10



Adaptive Bingo
Ages 8+
THURSDAY March 5 from 5-6 p.m.
West Hills Social Commons
Price \$6



Adaptive Tie Dye Socks
Ages 8+
THURSDAY March 19 from 5-6 p.m.
West Hills Social Commons
Price \$7

Monday Night
Bowling
All Ages
Sparetime



Call (507) 444-4321 or register online at Owatonna.gov

Happy 
Valentine's Day!
from
All Staff at
The Center for
Family Unity!
