



**Menu**  
**Café Bar**



**LECURE  
CATERING  
CONSULTANTS**

*'More than Managing'*

## Breakfast

S e r v e d  
b e t w e e n ...

Bacon or Butchers Sausage Roll  
Halloumi and Mushroom Bap  
...Served in a Fresh Duncan's Bread  
Roll £4

Fresh Fruit Pot  
Bircher Muesli with Mixed Berries  
£2

Smashed Avocado with Poached  
Egg  
Smoked Salmon and Scrambled Egg  
...Served on Toasted Sourdough  
Bread £6

From the bar... a selection of Pain  
au Chocolate, Croissants and Danish  
Pastries  
From £2



  
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## Sandwiches

Served  
between ...

Ham, Salad and Mustard Mayonnaise  
Prawn in Marie Rose Sauce with Iceberg  
Lettuce  
Tuna and Cucumber  
Beef and Horseradish with Salad Leaves  
Onion Bhajee, Carrot, Coriander and  
Mango Chutney  
Mature Cheddar Ploughman's  
£5  
(Gluten Free Bread available upon request)

**Toasted Panini / Sandwich**  
Mature Cheddar and Onion  
Bacon, Avocado and Brie  
Tuna, Cheese and Red Onion  
£5



## Lunch

Served  
between ...

Homemade Soup of the Day  
Served with Fresh Baked Bread  
£4.50

### Salads

Duncan's Ham or Cheese Ploughman's  
With White or Granary Bread £8

Chicken Caesar Salad with Fresh Parmesan  
Shavings £9

(Add bacon for £1 extra)

Smoked Salmon and Avocado with House  
Dressing £9

### Pasta

Macaroni Cheese (V) or Penne Pasta with Pesto  
Served with House Salad and Garlic Ciabatta  
£10

Jacket Potato with Variety of Fillings  
- Prawn, Tuna, Cheese or Beans  
Served with House Salad Garnish  
£6



  
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## Lunch

Served  
between ...

Martlesham Burger - 6oz Burger with  
bacon topped with Melted Stilton or  
Cheddar

Served with House Salad and Chips  
£12

Duncan's Sausages, Served with Root  
Vegetable Mash, Rich Onion Gravy and  
Seasonal Vegetables

£12

Steak and Ale Pie, Root Vegetable Mash  
and Seasonal Vegetables

£13

Sweet Potato, Cauliflower, Chick Pea and  
Spinach Curry with Fragrant Rice and Naan  
Bread (Vegan)

£11

Wholetail Scampi, Chips, House Salad and  
Homemade Tartare Salad

£11

Southern Fried Chicken Strips, House Salad  
and Chips with Honey and Mustard  
Dressing £11

Ask for our daily specials...



  
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Children's

Menu and Sides

Orders

Served  
between ...

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*'More than Managing'*

Two Duncan's Sausages  
Breaded Wholetail Scampi  
Southern Fried Chicken  
Strips

Macaroni Cheese or  
Tomato Penne Pasta  
(Vegan)

Choose two from;  
House Salad, Root  
Vegetable Mash, Chips,  
Peas, Baked Beans or  
Garlic Ciabatta

£5

**Sides**

Chips £3

Cheesy Chips £3.50

Onion Rings £3

Garlic Ciabatta £3

Ask for our daily dessert  
specials...

