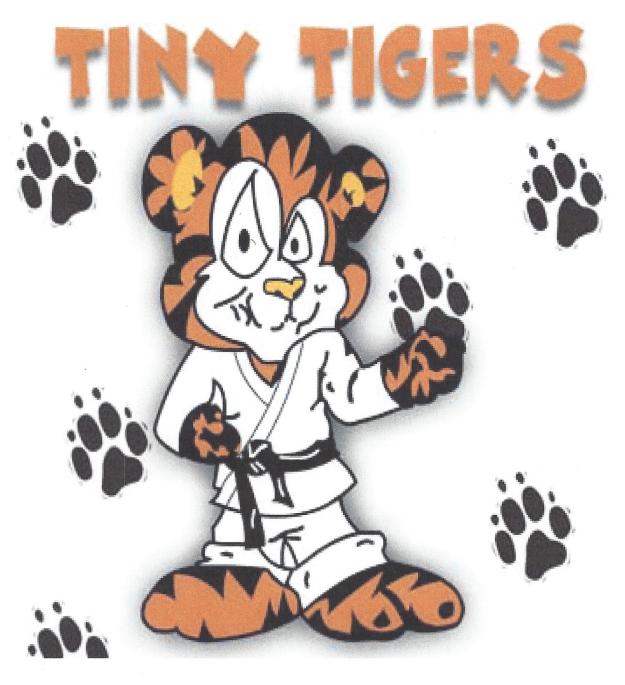
# MBMA



## Martial Arts

# Midnight Blue Martial Arts Academy, LLC Tiny Tigers

Classes for 2 – 4 year olds:

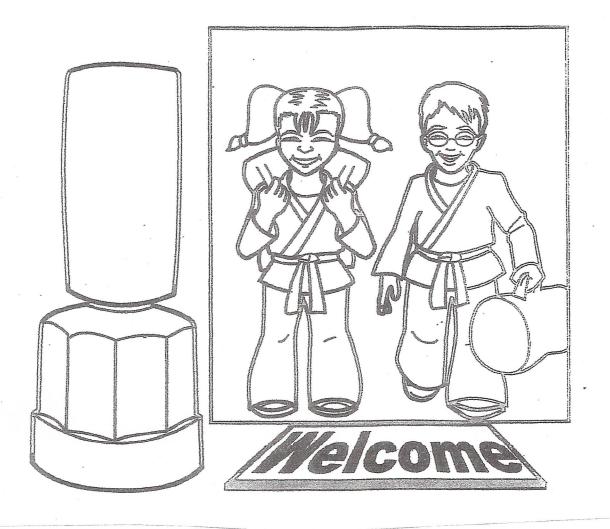
Every Wednesday 5:30pm to 6:00pm

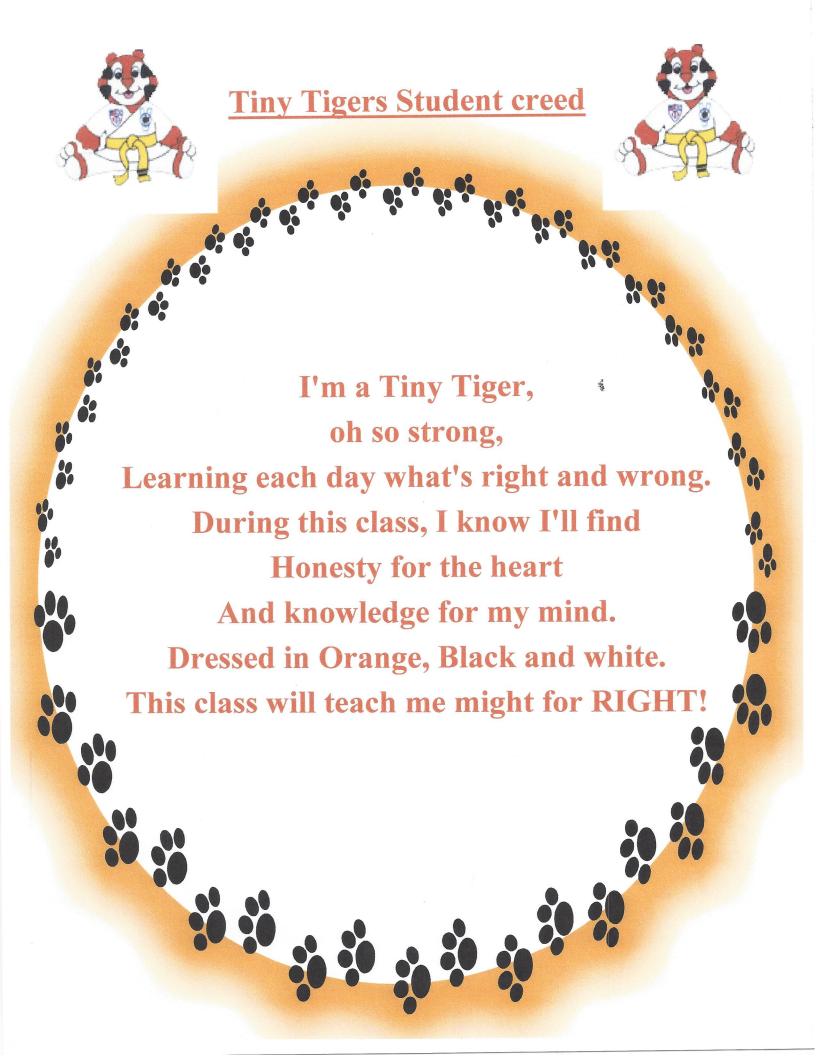
**Black Belt Instructor:** 

**Kimberly Harris** 

252-316-6060 office

252-767-8398 cell





#### WELCOME TO OUR TINY TIGERS PROGRAM!

Our Tiny Tigers program is a detailed curriculum that focuses on improving young children's basic motor skills and listening skills. These skills will help them enter society with a more confident and enthusiastic outlook. They will become better listeners at home and more ambitious towards the future. Our program will enhance positive development in a fun and motivated way.

The Tiny Tigers Program will also prepare your child for our Children's Martial Arts Program. In the Tiny Tigers classes, your child will be exposed to positive social interaction. They will learn how to work with others and follow directions from their instructors. Our Tiny Tigers instructors are good role models who are trained specifically to work with young children.

The Tiny Tigers curriculum consists of developing 8 major skills that are necessary for participation in any sport or activity. The curriculum also contains 8 Tiny Tigers Personal Development skills that are used to reinforce family values. Upon completion of our Tiny Tigers Program, your child will become more focused and motivated.

In our Tiny Tigers classes, we make learning fun and educational. Our goal is to help your child be the best they can be at everything they put their minds to. Our motto is "It's easier to build boys and girls, than repair men and women"

The 8 Tiny Tigers skill requirements are composed of physical and mental benefits. The following are the skills with the benefits from participation in the Tiny Tigers class:

#### 8 Tiny Tiger Skills

Skill #1: FOCUS – This skill will help your child's aim, listening, and reaction skills. They will excel faster in any physical activities. Your child will also become a better listener and be more focused in school.

Skill # 2: TEAMWORK – Teamwork is necessary for any young child to develop. The more confident your child is working with other students, the more they will be able to accomplish. Your child will develop character, which will help him/her make new friends and become a better leader in life.

Skill #3: CONTROL – Having control means making good decisions. Whether your child is handling a pet or handling a problem, your child will learn to make the right decisions with good control. Control builds confidence in children.

Skill #4: BALANCE - This skill is crucial to develop at an early age. Your child is beginning to participate in many physical activities that are challenging, like riding a bicycle with training wheels. Your child will develop good balance and better posture.

Skill #5: MEMORY – Developing a good memory is exercise for your child's brain. The sooner a child exercises this, the greater their memory has the potential to be, and the smarter they may become. Our drills are constantly helping your child think and make smart decisions.

Skill #6: DISCIPLINE – Our instructors use the Tiny Tigers drills to help fulfill our vision that discipline is fun and rewarding. Your child will take pride in doing the right thing. They will also follow directions better.

Skill #7: FITNESS — It is important for children to understand the importance of being healthy and physically fit. If they do not burn off excess energy exercising, what else will they do to burn off all of their energy?

Skill #8: COORDINATION – Your child will learn their left from their right. They will become better physical participants in sports and activities. The better coordination they have, the less they will be at risk of injury.

## The Tiny Tigers Will:

Learn to share Develop Self-esteem Develop a sense of independence Take Turns Stimulate curiosity Develop speech and language Promote physical strength Promote coordination and stamina Develop a love of learning Build fundamental motor skills Increase awareness of body and space Follow directions Encourage socialization Problem solve Demonstrate responsibility Show Self-control Act Respectfully

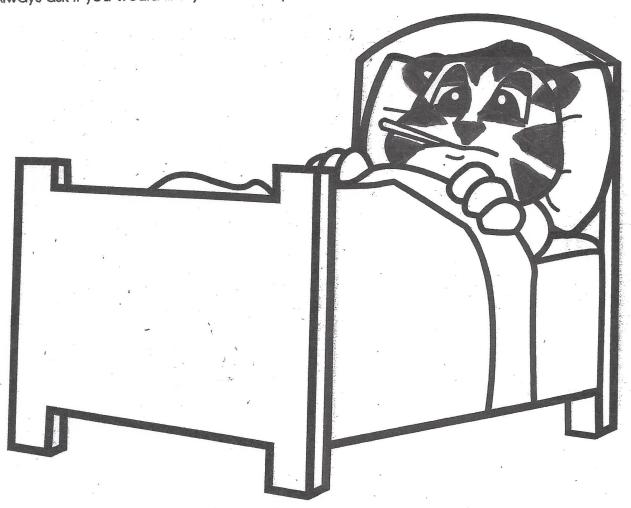
### **Tiny Tigers**

#### We Love Having Your Child, But...

We love having your child/children in class, however please keep them home if any of the following symptoms apply:

- Fever within the last 24 hours.
- Severe or phlegm-producing cough.
- Thick colored nasal discharge.
- Sore throat with fever or swollen glands.
- Within 24 hours of beginning antibiotic treatment.
- Three or more watery stools in 24 hours.
- Vomiting two or more times in 24 hours.
- Body rash, especially with a fever.
- While chicken pox sores are still infected.
- Thick mucus or pus draining from the eye.
- While any evidence of lice remain.

Always ask if you would like your child exposed to this.



#### **Tiny Tigers Birthdays!!**

We do AWESOME Birthday Parties!! It is a great time for your Tiny Tiger to bring an unlimited number of friends to see their Karate class and celebrate their birthday. The party will include one and one half hours of fun and games! 45 minutes of physical activity and 45 minutes for pizza, cake, and gifts. The birthday child will break a real board and cut the cake with a real sword!

We provide: Cake, Pizza, Kool-aid, paper goods, and treat bags for the kids. Parents, all you need to do is bring your Tiny Tiger, relax and enjoy the celebration with your child!

Birthday guests receive: A FREE Karate Lesson Pass! Birthday child receives: A Tiny Tiger T-Shirt!

We have several Birthday Packages available. Please see staff for more information.

