

SIGNING OFF FOR THE SUMMER BOOK CLUB KIT



www.alyssadellepalme.com



Thank you so much for choosing my novel for your book club!

Inside this kit, you'll find everything you need to make the experience even more special. There's a playlist to help set the tone, menu ideas inspired by scenes in the book, a local travel guide featuring real places that influenced the setting, and a collection of discussion questions to spark conversation.

Whether you're reading lakeside, on a back deck, or around a table with friends, I hope it brings you joy, connection, and maybe a little nostalgia.

With Gratitude,

Alyssa Delle Palme

WELCOME



MENU IDEAS



Brie, Bubbles and Book Talk

Chapter Eleven

Maggie, June and Katie drink champagne and snack on brie, aged cheddar, grapes, crackers, red pepper jelly, and stuffed green olives.

Under the Stars Spread

Chapter Fourteen

Thomas takes Maggie to the Dark Sky Preserve and packs a picnic. The spread includes beer, barbequed chicken drumsticks, a French baguette, a Tupperware of washed grapes, and a potato salad from the grocery store deli.



The Drive-in Snack Pack

Chapter Twenty-One

Thomas surprises Maggie with a romantic date at the drive-in movie theater. He brings a cooler of buttered popcorn, beer, and Twizzlers

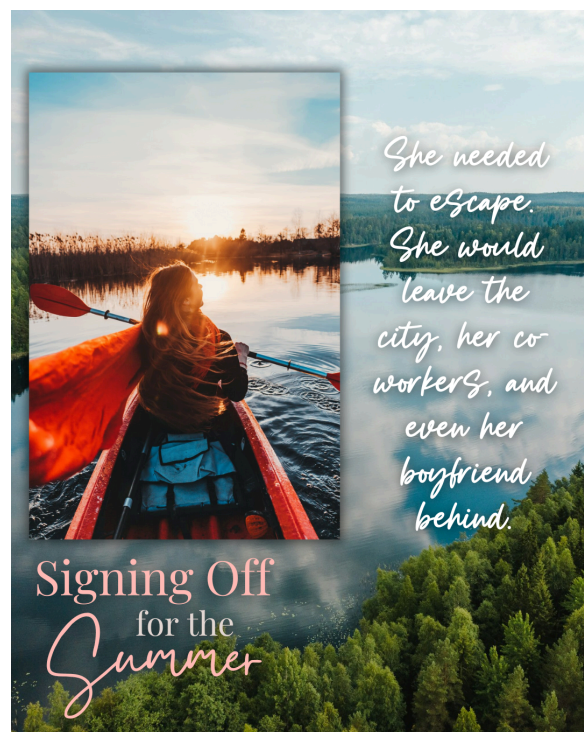


DISCUSSION QUESTIONS



- At the start of the novel, Maggie makes the bold choice to “sign off” and disconnect. What did you think of that decision? Have you ever felt the need to do the same?
- Cottage country plays a major role in setting the tone of the story. How did the setting influence the characters’ choices, moods, and relationships?
- Let’s talk about the romance. What drew Maggie and Thomas together, and what challenges did they face in allowing themselves to fall in love? Did you root for them from the start?
- Friendship and community are strong threads in the book. Which supporting character stood out to you most, and why?
- Maggie’s journey centers on rediscovering her voice after walking away from broadcasting. In what ways does she reclaim her voice over the summer—and what does “having a voice” mean to you in your own life?
- Food, music, and shared experiences play a big role in the story. Which scene felt the most vivid or nostalgic to you?
- What do you think the characters will take with them from this summer into the next chapter of their lives?
- If this story were adapted into a movie or series, who would you cast in the lead roles? What songs would absolutely need to be on the soundtrack?
- What did *Signing Off for the Summer* leave you thinking about? Were there any personal takeaways or moments that stayed with you after you finished the book?

PLAYLIST



Music for long drives, late nights, and falling in love in cottage country.

Music has always been part of my storytelling. I grew up performing in musical theater, belting out dramatic ballads, and dancing in ensemble numbers. It felt natural to pay tribute to that influence in this novel and if you look closely you'll notice a few quiet nods to those timeless songs throughout the pages.

Alongside that theatrical spirit, this playlist is filled with the kind of music that captures the ache and beauty of summer. Indie folk artists like New West and Hollow Coves bring a grounded intimate feel perfect for quiet moments on the dock or a slow walk through the woods. And then there are the songs that speak to the heart's deeper longings. The kind of yearning that only summer romance seems to awaken. Think Lana Del Rey (dreamlike, moody, and full of nostalgia and emotion!)

This playlist is a reflection of all those layers A little bit dramatic, a little bit wistful, and deeply rooted in the atmosphere of cottage country. I hope it sets the mood for your book club gathering or your next drive with the windows down.



Press play and enjoy the feeling!

TRAVEL GUIDE

While the story is fictional, its spirit is rooted in a real place. If your book club is feeling adventurous and wants to gather somewhere that echoes the heart of the novel, consider visiting Perth, Ontario, the town that inspired the setting. Strolling its historic streets, exploring its local cafés, or simply soaking in the atmosphere can bring the story to life in a whole new way. Whether you're planning a road trip or just dreaming from afar, this destination offers a unique backdrop for bookish conversation and connection. This Travel Guide pairs real-life photos of Perth, Ontario with quotes from the book to help bring the story to life.



Downtown Heritage Perth

“Cedar Grove’s small-town charm was a combination of its history, natural beauty, and ever-expanding collection of unique shops, art galleries, and restaurants.”



North Folk Cafe & Bakery

The best and most popular café in town.



The Book Nook

“When I walked past The Book Nook in town today, I saw the new display in the window and thought how much you’d like to go in with a cup of coffee in hand and wander through the aisles of books!”



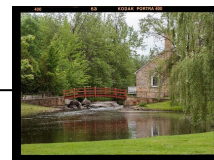
Peter’s Restaurant

“Thomas took her to Peter’s Restaurant and Bakery on Main Street. It was a family-owned diner that served breakfast all day and used fresh, local ingredients. “



Rocky River Cafe

“Maggie collapsed in her chair, sighing. “They have the best fish tacos!”



Stewart Park

“Tourists from all over the world come to town in the summer,” said Maggie, pulling into a parking space overlooking the river that flowed through downtown.



NEXT STEPS



Thank you!



Thank you again for welcoming my story into your book club. It truly means so much to me.

If you happen to take any photos during your discussion or gathering, I'd love to see them. Feel free to share and tag me. I'm always thrilled to reshare book club moments on my social media.

Also, if your group would like to invite me to join your discussion, either in person or online, I'd be more than happy to be part of it. Please don't hesitate to reach out.

Wishing you a wonderful time with the book, and with each other.



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