



565 S. Lakeview Drive Unit 101 – Lake Helen, FL 32744
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Dance Effective: 8/10/26

Dress Code

Dance leotard (any color) or athletic clothing

STUDIO ALLEGRO-(Downstairs)

Monday	Tuesday	Wednesday	Thursday	Friday
	3:30-4:25 Move & Groove	3:30-4:25 Move & Groove	3:30-4:25 Move & Groove	
	4:30-5:25 Move & Groove	4:30-5:25 Move & Groove	4:30-5:25 Move & Groove	

Create an account on our website
so we can schedule your child for a
free trial class.

Move & Groove: Move and Groove is a physical activity class where students exercise, dance, and participate in movement-based activities. It is like PE but focuses more on music, rhythm, fitness, and having fun while staying active.