

Case Study Assessment

In order to become a practitioner of IEMT, your assessments must show competency in the below areas.

Pre session

1. Explained to the participant that this is a case study, which their details will be kept anonymous. No payment to be accepted.
2. Have they been through the client intake form to identify emotions, identities, negative memories and the use of any of the 5 patterns of chronicity and made notes on how they intend to work with them.

First session

3. Started session one with the opening exercise using the simply kinesthetic algorithm
4. Demonstrated the use of the integrative kinesthetic algorithm
5. Use of the PTSD and episodic time model if required
6. Managed to spot any patterns of chronicity that emerged during the session including what they did in response or what they will do in the next session.

Second session

7. Review the work done in the previous session
8. Explain the “I, Me, Self and You” set up correctly
9. Demonstrated the use of the simple identity algorithm
10. Demonstrated the use of the complex algorithm to other identities
11. Set up and use the PSCA's correctly
12. Suggest the client a direction to move, a challenge to do or a training to go on.
13. Summarize the sessions and include what they would do different or what they would do different or what they would do in future sessions

Please note that items 5 and 12 are not mandatory.

Case Study Template

Please give a brief explanation of the client's issues.

Please confirm that you have explained to the client that this is a case study and no payment has been taken.

Please explain what you detected in the intake form and how you intend to work on them:

Emotions:

Identities (of self and others):

Negative memories:

Any of the 5 patterns of chronicity:

Basic Pattern or (before we get started)

Please confirm that you started with the simple pattern and give details of how it went.

Basic pattern for any negative memories

Integrative (complex) kinaesthetic pattern for any negative emotions

Please confirm how you used the integrative pattern and the results you achieved

Use of PTSD and episodic time model (if required)

Please give details of if you used the PTSD or episodic time models. Please explain the results you achieved.

Patterns of chronicity

Did you spot any patterns of chronicity that emerged during the session including what they did in response or what they will do in the next session? If so please give details.

Session 1 review

Please give your thoughts on how the first session went. Any issues you encountered and the overall results achieved.

Session review

Review the work done in the previous session

Please confirm that you reviewed the work done in the first session and anything that may have arisen afterwards.

Did you explain the “I, Me, Self and You” set up correctly

Please state how you introduced the identity work and any issues you encountered.

Simply identity pattern

Please give details and results of the “I, Me, Self and You identity work”. Please state where the elicitation if from in their life, and fill out the below tables. If you did not use the eye movements on the identity, please use NA in the second and third tables.

Elicitation

	Location	Age	Happening around
I			
Me			
Self			

You			
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After first set of eye movements

	Location	Age	Happening around
I			
Me			
Self			
You			

After second set of eye movements

	Location	Age	Happening around
I			
Me			
Self			
You			

Complex Identity pattern

Please give details of any pronouns, labels, nicknames, beliefs and identities of others you worked on.

PSAC's

Please give details of how you set up the PSACs, the states you elicited and the results attained. Did you make any suggestions to the client to continue their progress? If so please give details.

Session 2 review

Please review the second session, the results achieved and any issues encountered.

Overall review

Please review the sessions as a whole and include what you would do differently and what they would do in future sessions.