Case Study Assessment

In order to become a practitioner of IEMT, your assessments must show competency in the below areas.

- [ ] 1. Explained to the participant that this is a case study, and their details will be kept anonymous. No payment to be accepted
- [ ] 2. Have they been through the client intake form to identify emotions, identities, negative memories and the use of any of the
- [ ] 3. Started session one with the opening exercise using the Basic Pattern
- [ ] 4. Demonstrated the use of the integrative kinesthetic algorithm (K PATTERN)
- [ ] 5. Use of the PTSD and episodic time model if required
- [ ] 6. Managed to spot any patterns of chronicity that emerged during the session including what they did in response or what th
- [ ] 7. Review the work done in the previous session
- [ ] 8. Explain the “I, Me, Self and You” set up correctly
- [ ] 9. Demonstrated the use of the simple identity algorithm
- [ ] 10. Demonstrated the use of the complex algorithm to other identities
- [ ] 11. Set up and use the PSCA’s correctly (if noticed)
- [ ] 12. Summarize the sessions and include what they would do different or what they would do in future sessions

Please note that items 5 and 11 are not mandatory.

Case Study Template

Please give a brief explanation of the client’s issues:

Please confirm that you have explained to the client that this is a case study and no payment has been taken:

Please explain what you detected in the intake form and how you intend to work on them:

Emotions:

Identities (of self and others):

Negative memories:

Any of the 5 patterns of chronicity:

Basic Pattern or 'before we get started':

Basic pattern for any negative memories (why they are there):

Integrative (K Pattern) kinesthetic pattern for any negative:

Please confirm how you used the K pattern and the results you achieved:

Use of PTSD and episodic time model (if necessary):

Patterns of chronicity:

Session 1 review:

Session Two - Review the work done in the previous session:

Did you explain the 'I, Me, Self and You' set up correctly:

_____

Simple identity pattern:

_____

Elicitation

	Location	Age	Happening Around
I			
Me			
Self			
You			

After First set of eye movements

	Location	Age	Happening Around
I			
Me			
Self			
You			

After Second set of eye movements

	Location	Age	Happening Around
I			
Me			
Self			
You			

Complex Identity Pattern

PSAC's

Session 2 Review

Overall review of Sessions One and Two