Workbook | Sit to Stand





# **Sit to Stand Solutions**

A guide for healthcare professionals



Etac | Molift

### oetac | R82 <sup>C</sup>

### Sit to Stand - an introduction

This workbook looks at a number of sit to stand solutions for users with varying ability levels and their carers.

Maintaining as much independence as possible is key to everyone. We have a range of products for every situation which will assist those with mildly restricted mobility through to those with very limited ability to stand.

Our products are designed to be used in the home or a care setting.

Standing and raising aids enable users

Always carry out a full risk assessment before using any equipment

### What to use when?

#### **Etac Turner Pro:**

Weight bearing client, shuffles, difficulty in turning safely but consistent when standing. Use of both arms.

#### Molift Raiser Pro:

Weight bearing client, unsteady when standing, not always consistent. Use of one or both arms. Needs to stand to adjust clothing for personal care.

#### Molift Ouick Raiser 205:

Minimally weight bearing. Minimal or no upper body strength. Larger/bariatric clients.

to stand up from a bed, chair, toilet or wheelchair for transfer.

Our products will help promote mobility and early mobilisation as part of rehabilitation.

Users gain important physical and psychological benefits when their mobility is maintained. Choosing the right equipment is vital for maintaining mobility.

This interactive workbook also includes "how to videos", our Turner Pro case story, our NEW Molift Raiser Pro and improvements to the QuickRaiser 205.







### High Ability levels

### **Etac Turner Pro**

A turn aid offering safe patient turning with standing support.

 Encourages natural standing and sitting movement for the user and a good posture, minimising the risk of injury for the carer

 Lightweight construction - easy for the carer to move and position. Often this task is carried out by an elderly partner.

. Works well whatever the floor covering.

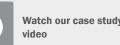
 Brightly coloured handle can be an aid to those with a visual impairment or dementia.





See our Turner Pro video







www.etac.com



### **Case Study**

Find out how the Turner helped Kate Davies in her rehabiliation and regain her independence after suffering a stroke



#### Moderate ability levels

### **NEW Molift Raiser Pro**

This new and improved sit to stand aid has many clever features to help the user and caregiver.

- Lighter weight now only 10 kgs
- Aluminium base for easier recycling
- New integrated locking brakes with auditive feedback
- Additional fixing point for Raiserbelt & Strap for users of different heights
- New knee supports one handed adjustment with auditive feedback when in position
- · Angled knee pad, follows movement of leg when raising from sit to stand
- Hygienic, easy to clean leg support padding (closed cell foam)

Watch our Molift **Raiser Pro video** 

### **Raiser Pro Accessories**

#### Soft Handles

If the user has difficulty reaching the handle, Soft Handles can be used to help the user reach all the way. The handles can be used individually or as a pair and can be attached at any position on the grey grip.

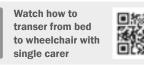


Watch how to use the Raiser Pro with soft handle





- Reduced total width, now 540mm for narrow doorways
- Lower step on height of only 35mm
- Higher SWL now 170 kgs (was 150 kgs)





#### Moderate ability levels - extra support

#### **RaiserStrap+ (with Sleeve)**

This provides additional support, especially when using one carer. It can be positioned lower on the buttocks which for some users may give better assistance when standing.

The non slip sleeve grips the users clothing and allows the Strap to move without causing shear.



about the Raiser Strap+ & other accessories

### **RaiserStrap+ and 2 carers**

The strap has two additional hand grips which enable a second carer to provide additional support at the hips when standing.





Watch how to use the RaiserStrap+ with 2 carers





Watch how to use the RaiserStrap+ with 1 carer



#### For additional support -**RaiserBelt**

The RaiserBelt assists with both standing and sitting. It gives the user the confidence to stand and the carer. the extra support they need to carry out the transfer for personal care.

The RaiserBelt easily clips around the user ensuring it won't slip down if they stand or lean forward.

Once standing it can be easily repositioned for adjusting clothing or for personal care.



See how to use the RaiserBelt with a single carer



Workbook | Chapter

#### **Moderate ability levels**

### **Raiser Pro Uses**

#### **Personal Care**

When the RaiserBelt or Strap+ is positioned on the lower back it provides room for the carer to adjust clothing and safe support for the user.



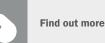
See how to use the Raiser Pro and Raiser Belt for personal care



### Accessories

#### **CloverFoot**

For shorter adults or children, the CloverFoot can add some extra height.





#### **Repositioning in a Chair**

Use the Raiser to move a person who has slipped forward in a chair back to the correct position.





#### One arm usage

Typically the user would grip the central vertical hand grip. However, the handle design offers multiple grip options.





#### Solutions for more dependent users

### Molift QuickRaiser 205

Our new generation sit to stand hoist still has the same ergonomic natural lifting pattern as the QuickRaiser family but with a new compact design and higher lifting capacity - now 205 kg. It has:

- Excellent manoeuvrability & electrical adjustable legs for easy access under/ around wheelchairs, toilets, beds and chairs
- Easy to adjust soft padded leg supports
- New operational panel with intuitive functionality & quick guide
- New 4 point suspension and RgoSling Active sling with sliding loops
- New knee pad options



Watch our Quick-Raiser 205 video

## E AS

### New Active Sling

The sling self-adjusts and grips the users trunk ensuring it stays in the right position when standing.

### **Stand Up Slings**

Available in a range of sizes from XS to XL. The picture (right) shows the Stand Up sling with support. It gives full support to a user who can only weight bear for a very short space of time.



Find out more about the NEW Active Sling











infection control.

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Low lifetime service costs

Redesigned for easier cleaning and



### The Etac Group

### oetac | immedia | molift | \* STAR | ( Convaid | R82 ~

The Etac Group is a leading developer of mobility equipment and solutions in Northern Europe and one of a handful of leading players on the global scene. The Etac Group product brands are R82 (Paediatrics), Convaid (Paediatric buggies), Molift (Hoists and Slings), Immedia (Manual transfer) and Etac (Wheelchairs, Bathing and Toileting, Aids for Daily Living) and Star Cushion Products Inc (pressure care).

### Workshops

We offer a range of free, hands on, practical workshops tailored to suit your needs and timings.

- Moving and Handling Solutions .
- Selecting the Right Hoists & Slings
- **Overhead Hoisting Problem Solving**
- Sit to Stand Solutions

### Book your workshop now!



More details about our free workshops





**Complete the** contact form



#### **Contact our Sales Team**

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