

# Current Services

## Services we are currently able to offer in Maidstone:

### Meals on Wheels

Hot, freshly-cooked two course meals delivered to your door. Try your first meal completely free, thereafter meals charged at £8 per person. Optional snack packs delivered with meal for an extra £3.

### Foot Care Clinics

Our foot care clinics have returned to two locations, with PPE and social distancing measures in place- 7 Mill Street in Maidstone and The Goodman Centre in Bearsted. £20 per person.

### Dementia Outreach

Supporting people with Dementia in their own homes with daily activities, delivered by specialist Dementia trained staff. £16.50 per hour.

### Independent Living Support

Our ILS service is able to offer shopping, cleaning, prescription collection and befriending to clients for £16.50 per hour.

### Gardening

Ongoing and one-off gardening services available at £16.50 per hour.

### Handyman

Our handyman can help with a wide range of jobs from the fitting of access ramps to changing a lightbulb. First hour £27.50 subsequent hours £22.

### Information & Advice

Our phone line remains open for you to access reliable information and support at this time.

### Befriending

Our Befriending service is currently delivered by telephone only, please get in touch if you would like to volunteer.



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