



8 E BIJOU

SALAD

MEDITERRANEAN

Add:

Seasoned Tofu 3.00

Grilled Chicken. 4.00

Smoked Salmon 7.00

Hard Boiled Egg 1.50

Deli Sliced Turkey 4.00

heritage lettuce blend, spinach, artichoke hearts, quinoa, tomatoes, Greek olives, bell peppers, feta, dolmade, Greek dressing

16.00

ANTIPASTO

romaine, genoa salami, pepperoni, sliced cherry peppers, mozzarella balls, artichoke hearts, tomatoes, black olives, croutons, shredded parmesan, red wine vinaigrette

16.50

SPINACH BACON & BLUE

heritage lettuce, spinach, crumbled bacon, blue cheese crumbles, red onion, beets, quinoa, blueberries, seed blend, red wine vinaigrette

17.00

TACO

romaine, cheddar, roasted corn and black-bean relish, bell peppers, red onions, jalapeños, tomatoes, black olives, avocado mash, salsa and ranch dressing

15.00

CHEF

romaine, cheddar jack, hard boiled egg, cucumber, tomatoes, turkey, bacon, croutons and ranch dressing

17.00

SALMON ZING

heritage lettuce blend, salmon, feta, seed blend, red onions, cucumber, tomatoes, capers, pickled vegetables, *Red Rocket Lemon Mustard Zing Vinaigrette

22.00

APPLE WALNUT

heritage lettuce, granny smith apples, candied walnuts, dried cranberries, seed blend, *Laughing Lab Maple Pumpkin Vinaigrette (entree/side)

15.50/9.00

VEGGIE

heritage lettuce blend, spinach, quinoa, artichoke hearts, tomatoes, beets, bell peppers, pickled vegetables, Greek olives, with choice of cheese / dressing

16.50

CAESAR

romaine, shredded parmesan, croutons, caesar dressing (entree/side)

12.00/8.00

BUILD YOUR OWN

ask your server for the build your own card

17.00

SIDE SALADS		8.00/each
CAPRESE - heritage lettuce, mozzarella balls, cherry tomatoes skewered and served with pesto and balsamic drizzle		
GARDEN SIDE - heritage lettuce, bell peppers, red onions, cucumber, tomatoes, cheddar / dressing		

GRAIN BOWLS (VEGAN)		Add Cheese or Extra Protein
SERVED WITH QUINOA OR BLACK PEARL MEDLEY RICE		
WARM OR COLD - ADD EXTRA PROTEIN?		
EDAMAME heritage lettuce, red cabbage, edamame, avocado mash, bell peppers, almonds, sesame seeds, *Red Rocket Onions, sesame dressing		14.00
TRADITIONAL heritage lettuce, roasted sweet potatoes, roasted chickpeas, *Red Rocket balsamic onions, purple cabbage, chia seeds, tahini greek dressing		14.00
GREEK heritage lettuce, roasted chickpeas, hummus, cucumber, Greek olives, tomato, tahini greek dressing.		15.00
BEET citrus roasted beets, spinach, heritage lettuce, slivered almonds, avocado mash, *Red Rocket balsamic onions, red wine vinaigrette		15.50



DOWNTOWN

NOT SALAD

Add Some Spice:

House-made Giardiniera

1.00

HOAGIES/WRAPS

Teacher's Pet

grilled chicken, crumbled bacon, red onion, bell pepper, jalapenos, provolone, greek dressing, served hot or cold

12.00

Pastrami

smoked by *Spark, provolone, romaine, red onion, *Red Rocket whole grain mustard, pickle, served hot or cold

14.50

Italian Club

genoa salami, fire braised turkey, pepperoni, provolone, romaine, sliced cherry peppers, red onion, red wine vinaigrette, oregano

15.00

Hippy Love

hummus, provolone, artichoke hearts, red onion, bell pepper, romaine, cucumber, black olive, greek dressing

11.00

A/V Club

fire braised turkey, applewood smoked bacon, provolone, romaine, bell peppers, avocado mash, mayonnaise

14.00

Chicken Bacon Ranch Wrap

grilled chicken, crumbled bacon, shredded cheddar, romaine, bell peppers, red onions, house made ranch, served hot

12.00

Hummus Roll-Up

seasoned hummus, fire braised turkey, cucumber, artichoke, bell peppers, feta, dilly beans

14.00

Lil' Turkey Meal

For the kiddos! ½ hoagie, fire braised turkey, provolone, romaine, chips **or** mini fruit cup

8.00

SOUPS/SHAREABLES		
Charcuterie genoa salami, pepperoni, calabrese, variety of cheese, artichoke hearts, pickled vegetables, fruit, dolmades, greek olives, flatbread crackers, Red Rocket whole grain mustard		20.00
Hummus Plate seasoned hummus, bell peppers, cucumbers, tomatoes, flatbread crackers		10.00
Dolmades rice, mint and lemon wrapped in grape leaves		6.50
Frito Pie just like you get at the game but a little tastier! Fritos, chili, cheddar, romaine, red onion, jalapeno		8.00
Chili / Soup du Jour bowl/cup		8 / 6
100% house-made soups and vegan red chili		

Add a grilled cheese 5.00		
DRINKS		
Teakoe Fizzy Tea		3.50
Bai Water		3.50
Big B's Lemonade		4.00
Perrier		3.00
Kombucha		4.00
Coke/Diet Coke		2.00
Iced Tea		3.00
Medium Roast		3.50
Hot English Black Tea		3.50

SIDES/SWEETS		Vegan/GF? let us know!
Chips	3.00	We have Follow Your Heart provolone and shredded cheddar
Sweet Potatoes	4.00	
Dilly Beans	4.00	
Black Beans & Corn	5.00	We have bread substitutes
Cookie	4.00	
Vegan/GF Cookie	3.00	