

How Does EARTHING Work?

THE EARTH IS LIKE A
GIGANTIC BATTERY

continually being
recharged by the sun.

Heat from the sun's
molten core spews
ions and free electrons
to THE IONOSPHERE
and then transfers them
via lightning to the
surface of the earth
contributing to its
NEGATIVE CHARGE.

This natural energy flowing
through the surface of the
EARTH KEEPS THE
BIOLOGICAL MACHINERY
OF GLOBAL LIFE RUNNING
IN RHYTHM AND BALANCE.

This benefits everything
that lives on the land
or in the sea.

