Eyes are not only Windows to the Soul... but they are Mirrors of the Soul too...



In looking at Wm Bouguereau's painting "Repose", I saw a Madonna and Child that I wanted to repaint. My rendition has always been a favorite, and when I had it for sale in a Palm Desert Gallery— I took it back wanting to keep it!

I have always had a thing for eyes. Calm eyes can be "anchors" which guide the brain into a kind of entrainment with the calm state. Think Mirror Neurons.

What is so wonderful about just about any statue of The Buddha— is that he is giving our brains a cue to model his calmness. This is a brilliant approach that needs to be more common in Sacred Art...