

WINGS

Beyond the Sky

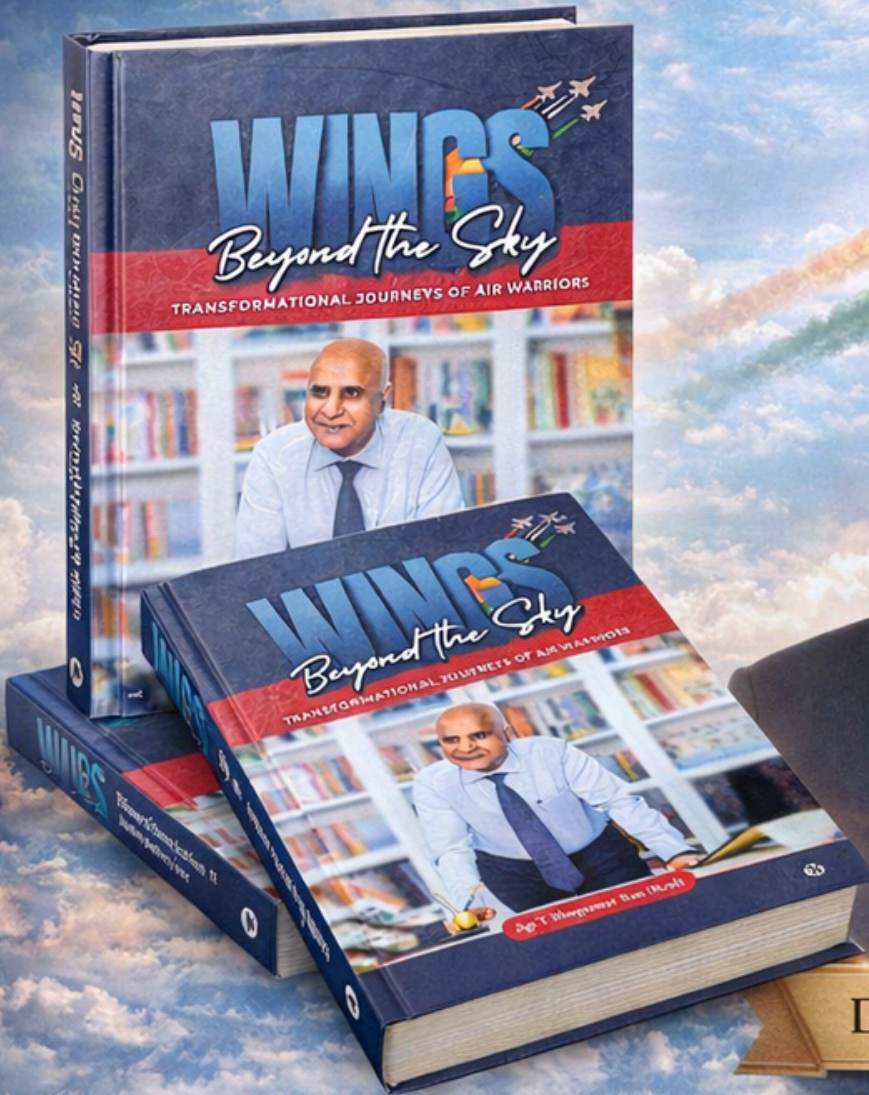
TRANSFORMATIONAL JOURNEYS OF AIR WARRIORS



Sgt T Bhogeswar Rao (Retd)



DR ASHOK KUMAR LENKA



Dr. Ashok Kumar Lenka (Retd)

JWO & Taekwondo Grand Master (Retd)

I am Dr. Ashok Kumar Lenka, 
and my success story has been featured in **Chapter 12**
of the book **Wings Beyond the Sky - Transformational**
Story of 80 Air Warriors. My Sl. No. in the book is **65**.

Proud to be placed alongside
distinguished Air Warriors from
Indian Air Force who have e-
after their first phase of service.

NOW AVAILABLE ON
amazon

My Serial Number: **65**

Chapter 12 – Champions in Action – Strength Beyond Service

Air Warriors in Sports & Physical Excellence

"Discipline forged in the hangars. Endurance built on the tarmac. And a spirit that never accepts defeat."

In the world of sports, champions are often seen as those who overcome pain, tired limbs, and minor injuries. For the Air Force veterans, this was a never-ending journey. The physical training was not only a means to maintain fitness, but also a source of pride and a way to overcome challenges. These men didn't just have physical strength; they had a mindset that was as resilient as their bodies. They had climbed more than 11 mountain peaks in the Himalayas and World Banker's School in the United States. They had been to the most prestigious military academies and had a long and illustrious career in the Indian Air Force.

✦ Junior Warrant Officer Master Dr. Ashok Kumar Lenka (Retd)

An Exemplar of Air Force Excellence, Sportsmanship, and Nation-Building

Junior Warrant Officer Master Dr. Ashok Kumar Lenka is a 6th Dan Black Belt, Top Class world ranking Judo (South Korea) II mount to master, qualified, and has climbed more than 11 mountain peaks in Himalayas and World Banker's School in the United States. They had been to the most prestigious military academies and had a long and illustrious career in the Indian Air Force.



खोजिए

विंग्स बियाँड द स्काई पुस्तक में मिला डॉ. अशोक कुमार लेंका को स्थान

प्रतिष्ठित पुस्तक ने भारतीय वायु सेना के वीर डॉ. लेंका की उपलब्धियों को सराहा

खेलपथ संवाद

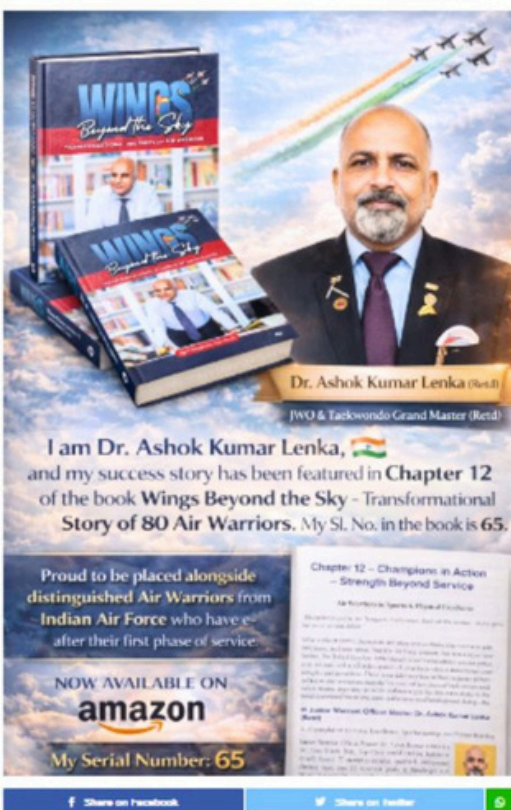
चेन्नई। भारतीय वायु सेना के सेवानिवृत्त अधिकारी एवं प्रसिद्ध ताइक्वांडो ग्रेट मास्टर डॉ. अशोक कुमार लेंका (सेवानिवृत्त) को प्रतिष्ठित पुस्तक विंग्स बियाँड द स्काई (आकाश से परे पंख) में स्थान मिला है। यह एक प्रेरणादायक पुस्तक है जो भारतीय वायु सेना के योद्धाओं की सच्ची और अनकही कहानियों को प्रस्तुत करती है। यह पुस्तक हर किसी को बड़े से बड़े सपने देखने को प्रेरित करती है। यह पुस्तक उन लोगों के लिए एक बेहतरीन मार्गदर्शक है जो जीवन में चुनौतियों का सामना करके सफलता पाने की प्रेरणा चाहते हैं।

डॉ. अशोक कुमार लेंका के कुतिल और जीवन दर्शन को विंग्स बियाँड द स्काई- (वायु योद्धाओं की परिवर्तनकारी यात्राएं) पुस्तक के अध्याय 12 में शामिल किया गया है। यह अध्याय चैम्पियंस इन एक्शन (ताकत से परे सेवा), उन 80 विशिष्ट वायु सेना के पूर्व सैनिकों की प्रेरणादायक कहानियों को प्रस्तुत करता है, जिन्होंने सेवानिवृत्ति के बाद भी खेल, शारीरिक उत्कृष्टता और नेतृत्व के माध्यम से राष्ट्र की सेवा जारी रखी है। इन सभी में डॉ. अशोक कुमार लेंका की यात्रा अनुशासन, दृढ़ संकल्प और राष्ट्र निर्माण का एक उत्कृष्ट उदाहरण है।

डॉ. अशोक कुमार लेंका एक अंतरराष्ट्रीय मास्टर, कोच एवं पदक विजेता हैं, साथ ही एक पर्वतारोही, प्रकृति प्रेमी ट्रेकर और रॉक क्लाइम्बर भी हैं। उन्होंने पर्वत, रेगिस्तान, समुद्र तट और जंगल जैसे विभिन्न प्राकृतिक क्षेत्रों में ताइक्वांडो का अभ्यास किया है। जूनियर वारंट ऑफिसर पद से सेवानिवृत्त डॉ. लेंका एक छठा डान ब्लैक बेल्ट हैं तथा कुविकिर्वॉन (दक्षिण कोरिया) से प्रमाणित अंतरराष्ट्रीय ताइक्वांडो मास्टर और वर्ल्ड ताइक्वांडो लेवल-1 कोच हैं। पिछले 37 वर्षों से अधिक समय से वे मार्शल आर्ट्स, फिटनेस और युवा सशक्तीकरण के क्षेत्र में सक्रिय हैं। उन्होंने दो लाख से अधिक लोगों को प्रशिक्षित किया, 10,000 से अधिक पदक विजेता तैयार किए और कई राष्ट्रीय व अंतरराष्ट्रीय खिताबों का मार्गदर्शन किया है।

डॉ. अशोक कुमार की उपलब्धियां केवल मार्शल आर्ट्स तक सीमित नहीं हैं। डॉ. लेंका एक कुशल पर्वतारोही भी हैं, जिन्होंने हिमालय की 11 से अधिक चोटियों पर विजय प्राप्त की है और भारतीय वायु सेना के माउंट एवरेस्ट अभियान के लिए चयनित हुए थे। उन्होंने अत्यंत कठिन परिस्थितियों में, जैसे शून्य से नीचे तापमान में ध्यान साधना, जैसी अद्भुत उपलब्धियां भी हासिल की हैं, जो उनकी मानसिक और शारीरिक दृढ़ता को दर्शाती हैं।

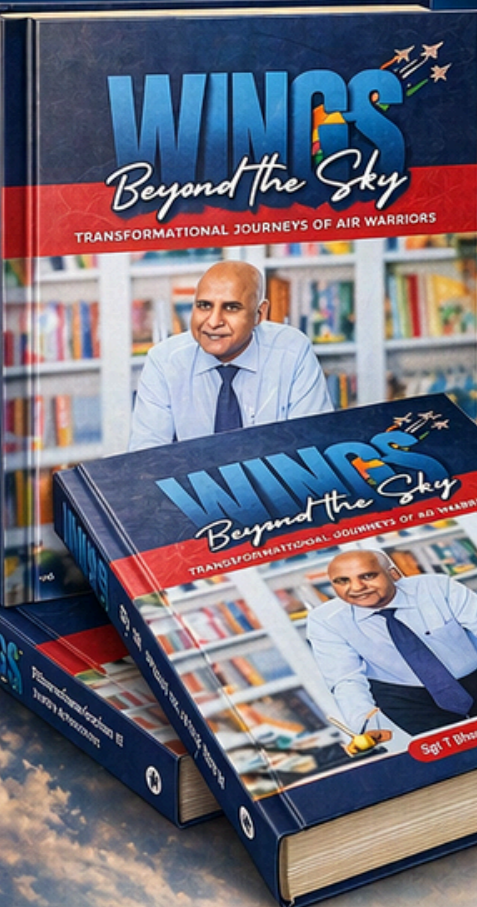
डॉ. लेंका हावरंग अकादमी के संस्थापक एवं वेटेरंस इंडिया स्पोर्ट्स विंग के राष्ट्रीय सचिव हैं। वे अपने मिशन "राष्ट्र भक्ति खेल से शक्ति" के माध्यम से युवाओं को प्रेरित करते हुए राष्ट्र निर्माण में महत्वपूर्ण योगदान दे रहे हैं। उन्होंने वायु सेना के जवानों, गरुड़ कमांडो, कैडेट्स एवं देशभर के युवाओं को प्रशिक्षण देकर आत्मरक्षा, अनुशासन और देशभक्ति की भावना को मजबूत किया है। उनके उत्कृष्ट योगदान के लिए उन्हें तेनजिंग नॉर्गे राष्ट्रीय साहसिक पुरस्कार जैसे प्रतिष्ठित सम्मानों के लिए नामांकित किया गया है। इस प्रतिष्ठित पुस्तक में उनका समावेश न केवल उनकी व्यक्तिगत उपलब्धियों का सम्मान है, बल्कि यह भारतीय वायु सेना के उन वीरों की भावना का प्रतीक भी है, जो वर्दी के बाद भी राष्ट्र की सेवा में निरंतर लगे हुए हैं।



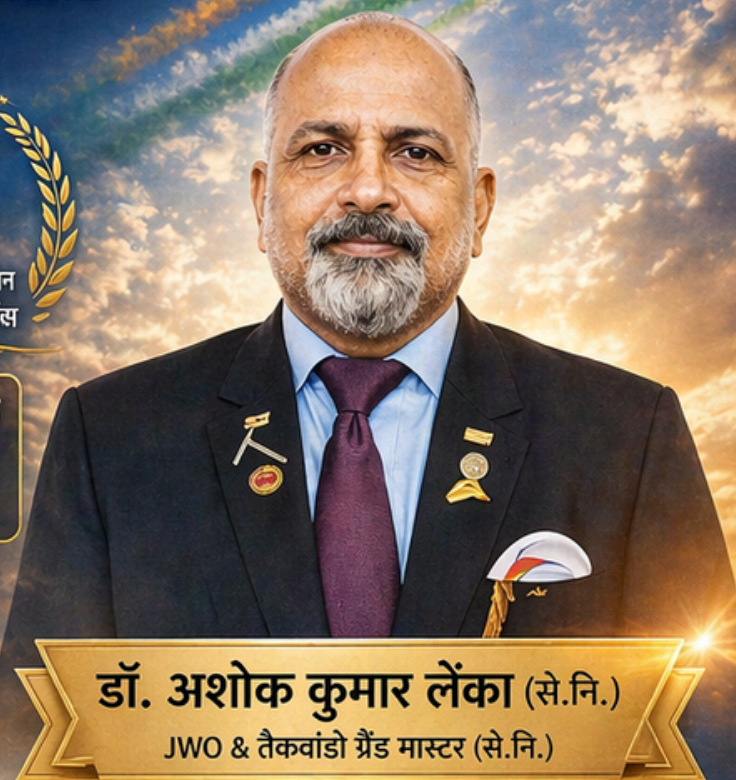
उनकी यात्रा प्रेरणा है - उनकी कहानी मार्गदर्शन है

WINGS BEYOND THE SKY

TRANSFORMATIONAL STORY OF 80 AIR WARRIORS



मेरा क्रमांक
65



डॉ. अशोक कुमार लेंका (से.नि.)

JWO & तैकवांडो ग्रैंड मास्टर (से.नि.)

एयर फोर्स वेटरन | मोटिवेशनल स्पीकर | राष्ट्रनिर्माता

मुझे गर्व है कि मेरी सफलता की कहानी पुस्तक
'विंग्स बियॉन्ड द स्काई - ट्रांसफॉर्मेशनल स्टोरी ऑफ 80 एयर वॉरियर्स'
के **अध्याय 12** में प्रकाशित की गई है। **मेरा क्रमांक 65** है। यह सम्मान
उन सभी विशिष्ट एयर वॉरियर्स के साथ जुड़कर और भी गौरवशाली बनता है,
जिन्होंने सेवा के प्रथम चरण के बाद भी उत्कृष्ट उपलब्धियाँ हासिल की हैं।

समाचारों में डॉ. अशोक कुमार लेंका

भारतीय वायुसेना के पूर्व जूनियर वारंट अधिकारी
डॉ. अशोक कुमार लेंका को विश्व तैकवांडो
चैंपियनशिप 2024 में शानदार उपलब्धि



डॉ. अशोक कुमार लेंका ने विश्व तैकवांडो चैंपियनशिप 2024 में शानदार उपलब्धि हासिल की है।

डॉ. अशोक कुमार लेंका ने
हिमालय की 11 से अधिक चोटियों
पर किया सफल आरोहण



डॉ. अशोक कुमार लेंका ने हिमालय की 11 से अधिक चोटियों पर सफल आरोहण किया है।

हवांग अकादमी के संस्थापक
डॉ. अशोक कुमार लेंका को
प्राइड ऑफ नेशन अवॉर्ड 2025



डॉ. अशोक कुमार लेंका को हवांग अकादमी के संस्थापक के रूप में प्राइड ऑफ नेशन अवॉर्ड 2025 प्रदान किया गया है।

युवा पीढ़ी को अनुशासन, फिटनेस
और राष्ट्रभक्ति की प्रेरणा देने वाले
डॉ. अशोक कुमार लेंका



डॉ. अशोक कुमार लेंका ने युवा पीढ़ी को अनुशासन, फिटनेस और राष्ट्रभक्ति की प्रेरणा देने वाले एक महत्वपूर्ण योगदान दिया है।

मेरी
उपलब्धियाँ



11+ हिमालयी चोटियों पर
सफल आरोहण



विश्व तैकवांडो स्तर-1 कोच
(क्योरानगी & पूमसे)



विश्व तैकवांडो चैंपियनशिप 2024
(हॉंग कॉन्ग) में 5वीं रैंक (U-60 पेयर)



राष्ट्रीय & अंतरराष्ट्रीय स्तर पर
अनेक सम्मान

अब उपलब्ध है
amazon

Chapter 12 - Champions in Action
- Strength Beyond Service



Junior Warrant Officer Master
Dr. Ashok Kumar Lenka
(Retd)

An Exemplar of Air Force Excellence, Sportsmanship,
and Nation-Building

An Emblem of Air Force Excellence, Sportsmanship, and Nation-Building

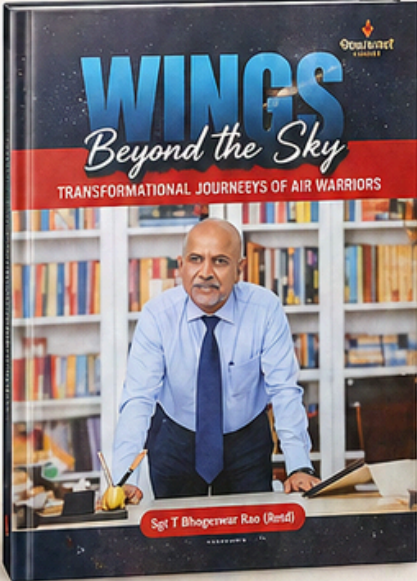
एक एयर वॉरियर की उड़ान...
सेवा से परे, राष्ट्र के लिए!

जय हिन्द

मेरा क्रमांक
65

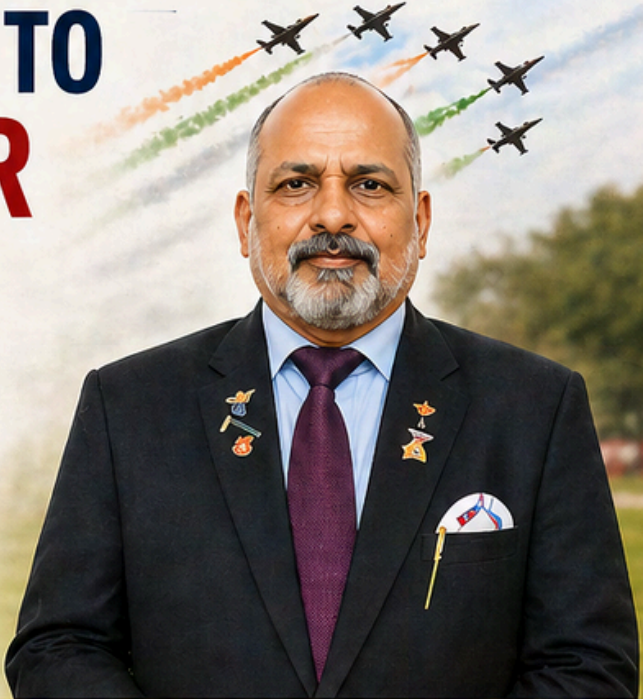
FROM AIR WARRIOR TO NATION BUILDER

DR. ASHOK KUMAR LENKA'S REAL JOURNEY
OF DISCIPLINE, SERVICE & LEADERSHIP



FEATURED IN PRESTIGIOUS BOOK
**'WINGS BEYOND THE SKY –
TRANSFORMATIONAL STORY
OF 80 AIR WARRIORS'**

A coffee table book that showcases
the transformative journeys of
80 Air Warriors who continue to
inspire the nation after their
first phase of service.



DR. ASHOK KUMAR LENKA (RETD)
JWO & TAEKWONDO GRAND MASTER (RETD)
An Exemplary IAF Veteran | Sportsman | Mentor
Nation-Building Icon

ABOUT DR. LENKA ★
An exemplary veteran of the Indian Air Force and
a world-renowned Taekwondo Grand Master.
Dr. Ashok Kumar Lenka (Retd) has dedicated
over 37 years to martial arts, fitness, adventure,
youth empowerment and nation-building.
His life is a perfect blend of discipline,
endurance, leadership and selfless service.

“Discipline forged in the hangars.
Endurance built on the tarmac.
And a spirit that never
accepts defeat.”
– Dr. Ashok Kumar Lenka

LATEST HIGHLIGHTS (2024–2026)

- Represented India in World Taekwondo
Poomsae Championship – Hong Kong (Rank 5)
- National Secretary – Veterans India Sports Wing
- Conducting Youth Training & Nation-Building
Programs across India
- Organized District & National Level
Taekwondo Championships
- Trained 2+ Lakh Students in Martial Arts
& Fitness

A LIFE DEDICATED TO EXCELLENCE & SERVICE



PROMOTING TAEKWONDO
& SELF-DEFENSE EXCELLENCE



HONOURED FOR OUTSTANDING
CONTRIBUTION TO NATION BUILDING & SPORTS



LEADING FROM THE FRONT –
VETERANS INDIA & NATIONAL EVENTS

ACHIEVEMENTS AT A GLANCE

- ★ 6th Dan Black Belt – Taekwondo
- ★ Top-Class World Ranking Kukkiwon Master (South Korea)
- ★ World Taekwondo Level-1 Coach (Kyorugi & Poomsae)
- ★ Climbed 11+ Himalayan Peaks
- ★ Produced 8,000–10,000 Medalists & 500+ Black Belts
- ★ Founder – Hawrang Academy (Promoting fitness, discipline, martial arts & values)
- ★ Recipient of Numerous National & International Awards
- ★ Active in Youth Welfare & Nation-Building Initiatives

KEY ROLES & LEADERSHIP

- Junior Warrant Officer (JWO) – Indian Air Force (Retd)
- Veterans India – National Secretary, Sports Wing
- Founder & Chief Instructor – Hawrang Academy
- International Referee, Coach & Sports Mentor
- Conducted Training in IAF Bases, CRPF, Ordnance Units, Schools, Colleges & Organizations Nationwide

MISSION

To inspire youth, promote
fitness and discipline, instill
values, and contribute
meaningfully to building
a stronger, healthier
and united India.



JAI HIND!

NOW AVAILABLE ON
amazon



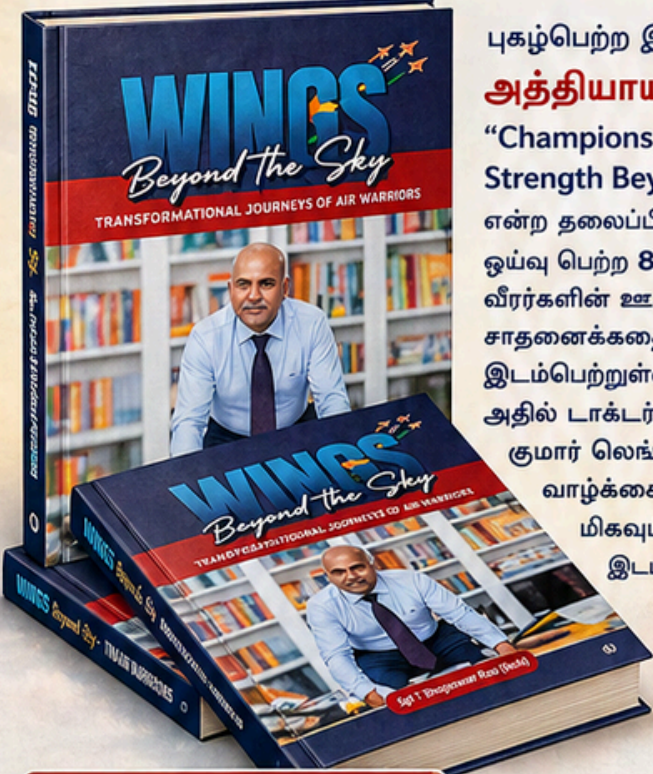
**“TO SERVE. TO INSPIRE.
TO BUILD A STRONGER INDIA.”**
– DR. ASHOK KUMAR LENKA

MY SERIAL NUMBER
★ 65 ★
JAI HIND! 🇮🇳

மிகுந்த பெருமை! மகிழ்ச்சி! தேசிய அங்கீகாரம்!

இந்திய விமானப்படை வீரர் டாக்டர் அசோக் குமார் லெங்கா வாழ்க்கை வரலாறு

“Wings Beyond the Sky” புத்தகத்தில் இடம்பெற்றது!



புகழ்பெற்ற இந்த நூலின்

அத்தியாயம் 12

“Champions in Action –
Strength Beyond Service”

என்ற தலைப்பில்,
ஒய்வு பெற்ற 80 விமானப்படை
வீரர்களின் ஊக்கமளிக்கும்
சாதனைக்கதைகள்
இடம்பெற்றுள்ளன.
அதில் டாக்டர் அசோக்
குமார் லெங்காவின்
வாழ்க்கை வரலாறு
மிகவும் சிறப்பாக
இடம்பெற்றுள்ளது.



டாக்டர் அசோக் குமார் லெங்கா (ஒய்வு)

JWO & தைக்வாண்டோ கிராண்ட் மாஸ்டர் (ஒய்வு)

இந்திய விமானப்படை, மூன்னாள் வீரர் | விளையாட்டாளர்
பயிற்சியாளர் | வழிகாட்டி | நாட்டுப்பற்றின் சின்னம்

புத்தகத்தில்

எண்

65

டாக்டர் லெங்கா பற்றி

- ★ இந்திய விமானப்படையில் 22 ஆண்டுகள் 6 மாதங்கள் சிறப்பான சேவை.
- ★ 6th Dan கருப்பு பட்டை, Kukkiwon (தென் கொரியா) சான்றிதழ் பெற்ற சர்வதேச தைக்வாண்டோ மாஸ்டர்.
- ★ World Taekwondo Level-1 பயிற்சியாளர்.
- ★ 37 ஆண்டுகளுக்கும் மேலாக தைக்வாண்டோ, உடற்பயிற்சி மற்றும் மாணவர்களின் மூன்னேற்றத்திற்காக அர்ப்பணிப்பு.
- ★ 2 லட்சத்திற்கும் மேற்பட்ட மாணவர்களுக்கு பயிற்சி.
- ★ 10,000க்கும் மேற்பட்ட பதக்க வெற்றியாளர்களை உருவாக்கியவர்.
- ★ சர்வதேச மட்டத்தில் இந்தியாவை பிரதிநிதித்து செய்தவர்.
- ★ மலை, பாலைவனம், கடற்கரை, காடு போன்ற பலவேறு இயற்கை சூழல்களில் தைக்வாண்டோ பயிற்சி செய்தவர்.

மிக முக்கியமான சாதனைகள்



11க்கும் மேற்பட்ட இமயமலை சிகரங்களை வெற்றிகரமாக எறியவர்.
இந்திய விமானப்படையின் Mount Everest Expedition-க்கு
தேர்ந்தெடுக்கப்பட்டவர்.



பனிப்பொழிவி (-) சூழ்நிலையில் தியானம் செய்து மனவலிமை.
மற்றும் தன்னம்பிக்கைக்கு சிறந்த எடுத்துக்காட்டு.



IAFவீரர்கள், Garud Commandos, கேடட்ஸ் மற்றும்
இளைஞர்களுக்கு பயிற்சி அளித்து வழிகாட்டல்.



Tenzing Norgay National Adventure Award-க்கு
நாமினேட் செய்யப்பட்டவர்.

அவரின் முக்கிய நோக்கம்

“ராஷ்ட்ர பக்தி – கேல் சே சக்தி” (விளையாட்டின் மூலம் நாடு வலிமை பெறும்)



தைக்வாண்டோவில்
சிறந்து விளங்குபவர்



இயற்கையின் மத்தியில்
தைக்வாண்டோ பயிற்சி



சாதனைகளுக்காக
கௌரவிக்கப்பட்டவர்



தேசிய? நிகழ்ச்சிகளில்
மூன்னணி வழிகாட்டி

புத்தகம் இப்போது
கிடைக்கும்

amazon



தன் சாதனைகள் மூலம் இளைஞர்களுக்கு ஊக்கமூட்டி,
நாடு மற்றும் சமுதாயத்திற்கு இடைவிடாது சேவை செய்து வரும்!
இந்திய விமானப்படையின் பெருமைமிக்க வீரர்களில்
ஒருவராகத் திகழ்கிறார் டாக்டர் அசோக் குமார் லெங்கா.

ஜெய்ஹிந்த்!

புத்தகத்தில்
எண்

★ **65** ★

பெருமைபுடன்!

WINGS

Beyond the Sky

TRANSFORMATIONAL JOURNEYS OF AIR WARRIORS



Sgt T Bhogeswar Rao (Retd)



Wings Beyond the Sky: Transformational Journeys of Air Warriors

Sgt T Bhogeswar Rao (Retd)

From a barefoot boy in a remote village to a proud Indian Air Force Sergeant, Sgt T Bhogeswar Rao (Retd) charts an awe-inspiring journey of grit, growth, and giving back. In this powerful collection, TBR shares not only his story but also the untold journeys of 80 Air Warriors who continue to serve with purpose beyond the uniform — honoring valor, resilience, and reinvention.

More than a memoir, Wings Beyond the Sky is a mission — a call to dream bigger, rise higher, and lead with heart. Through cockpit missions, life lessons, and unwavering resolve, these stories ignite transformation.

Whether you're a soldier, student, or seeker of purpose, this book is your invitation to take flight.

Because the sky isn't the limit — it's just the beginning.

You don't need wings to fly. You need fire. And a reason.

A salute to service. A torch for tomorrow.



Sgt T Bhogeswar Rao (Retd)

Advocate | Entrepreneur | Educationist | Life Coach | Air Veteran | Author

Sgt T Bhogeswar Rao (Retd)—fondly known as TBR—is an enlightened Indian Air Force veteran whose journey exemplifies resilience, reinvention, and service beyond the skies. After an illustrious military career, he transitioned into roles as an advocate, educationist, entrepreneur, and life coach, impacting thousands through mentoring and empowerment initiatives. Armed with discipline and purpose, TBR launched civic and educational missions, guiding youth, veterans, and professionals to unlock their full potential. His latest book, Wings Beyond the Sky, honors Air Warriors who continue to serve the nation in transformative roles after their service apart from War Heroes. A masterful storyteller and strategic thinker, TBR inspires readers to embrace change, defy limits, and soar beyond boundaries. He lives the motto "Touch the Sky with Glory," proving that retirement is not an end but a new beginning. TBR doesn't just tell stories of transformation—he lives them, reminding us that true greatness begins with the courage to take flight again.

Price ₹1970
ISBN 979-8-90269-397-0



WINGS

Beyond the Sky

TRANSFORMATIONAL JOURNEYS OF AIR WARRIORS

Sgt T Bhogeswar Rao (Retd)



INDIA • SINGAPORE • MALAYSIA

Contents

Wings Beyond the Sky - Transformational Journeys of Air Warriors

Foreword	v
Message from Air Marshal B N Gokhale PVSM, AVSM, VM (Retd)	vi
Message from Lt Gen KR Rao PVSM, AVSM, VSM (Retd)	vii
Message from Brig Ajit Apte (Retd)	viii
Preface	ix
Part I: The Power Within – Foundations Of Flight	
Chapter 1 – The Power of One	1
How a single decision can change the course of destiny.	
Chapter 2 – The Unseen Warriors – Honouring Forgotten Heroes	7
A tribute to forgotten heroes and silent contributors.	
Chapter 3 – When Blessings Turn into Breakthroughs	35
Turning adversity into altitude – stories of resilience.	
Part II: Second Flights – Air Warriors In Transformation	
Chapter 4 – Wings of Leadership: From War Rooms to Parliament Halls	45
Veterans who soared in governance and public service.	
Chapter 5 – Justice in Uniform: Warriors of the Bench	49
Judges and legal minds forged in the crucible of discipline.	
Chapter 6 – Bureaucrats with Wings: Civil Services, Warrior Edition	55
IAF veterans in the administrative corridors of power.	
Chapter 7 – Professors of Possibility: Teaching as a Second Flight	69
Educators shaping minds with military precision.	
Chapter 8 – Entrepreneurs with Altitude: From Hangars to Headquarters	77
Founders and business leaders redefining success.	
Chapter 9 – Still Soaring: Commercial Skies, Eternal Wings	85
Pilots and aviation professionals flying beyond IAF.	
Chapter 10 – Warriors Reborn: Rejoining the Armed Forces	91
Stories of return to service and continued commitment.	
Chapter 11 – Creative Wings: Art, Ink, and Identity	97
Veterans embracing the arts, literature, and creativity.	

Chapter 12 – Champions in Action: Strength Beyond Service.....161
Sports, fitness, and physical excellence post-uniform.

Part III: Service Beyond Self – Building Legacies

Chapter 13 – Service Beyond Self – Warriors of Welfare & Wisdom	167
Social impact leaders and nonprofit champions.	
Chapter 14 – Building a Future Force – From Fighter to Founder	167
Vision, values, and the story of an institution & for transitioning warriors and youth.	
Chapter 15 – From Courtroom to Boardroom to Classroom – The Advocate Who Became a Guide	133
A memoir of multidimensional leadership.	
Chapter 16 – The Man, the Mission, and the Power of Associations	139
Veteran networks, support systems, and unity in service.	
Chapter 17 – The Barefoot Boy Who Drives a Benz	147
A metaphorical journey from humble beginnings to impact.	
Chapter 18 – Legends Among Us: The War Heroes We Knew	153
Honouring the Legends of the 1971 Indo-Pak War & Guardians of Swarnim Vijay Varsh	

Epilogue – The Flight Within: Soar Beyond Limits	331
About the Author	335
Acknowledgments	337
BLURB	339

Foreword

By Air Marshal B N Gokhale PVSM AVSM VM (Retd)

Former Vice Chief of Air Staff

The Indian Air Force has always stood as a symbol of courage, commitment, and excellence—its warriors soaring not just through the skies, but also through the very challenges that test the human spirit. Wings Beyond Sky: Transformational Journeys of Air Warriors is a poignant tribute to that indomitable spirit, capturing the essence of what it truly means to serve in the blue uniform. This book is not merely a collection of stories—it is a chronicle of lives transformed through discipline, sacrifice, and an unyielding pursuit of purpose. Each narrative reflects the extraordinary journey of ordinary men who dared to dream beyond the horizon and found their calling in the service of the nation. From serving the cockpits of fighter jets to the strategic command centers, from the first salute at the Training to the last sunset of retirement, these stories resonate with timeless values of duty, honor, and resilience. As someone who has spent a lifetime in the IAF and witnessed the evolution of air power in both peace and conflict, I find in these pages a powerful reminder of the human dimension of military service. The Air Force does not just create warriors—it shapes leaders, mentors, innovators, and above all, patriots. These transformational journeys reflect the profound impact that the service has on shaping character and igniting potential that often transcends the boundaries of military life. Wings Beyond Sky is also a celebration of legacy—the legacy of those who came before us and those who continue to inspire future generations. It is a source of motivation for young aspirants, a reflection of pride for veterans, and a testament to the enduring spirit of the Indian Air Force. I commend the author Sergeant T. Bogeshwar Rao (Retd) for his compilation and compelling storytelling and for capturing the soul of a service that has always looked to the skies, yet never lost touch with the values that ground us. May this book inspire many to reach for their own skies and discover the wings they never knew they had. I extend my best wishes to both serving and veteran Air Warriors for achieving continued glory in best traditions of the Indian Air Force.

नभःसपुशं दीप्तम्
जय हिंदि

Jai Hind.

Air Marshal B N Gokhale PVSM AVSM VM (Retd)

Former Vice Chief of Air Staff



Lt Gen K R Rao PVSM, AVSM, VSM (Retd)

House No 1-5-E-41
Sainikpuri (Post)
Ranga Reddy (Dist)
Secunderabad (A.P.)
PIN - 500094

KRR/Air Warriors/2025

D/ Dec 2025

Shri T B Rao
Die Hard Air Warrior

COMPLIMENTARY MESSAGE OF PUBLICATION – WINGS BEYOND THE SKY

Dear Shri T B Rao Sir,

Heartiest congratulations on the publication of your remarkable book "Wings Beyond the Sky." This inspiring volume chronicling the courageous and exemplary journeys of the Indian Air Warriors during the historic 1971 Operations stands as a testament to their unflinching Bravery, Dedication and Patriotism.

By bringing these stories to light, you have not only honoured the indomitable spirit of our Air Force personnel but have also provided future generations with invaluable lessons in Leadership, Resilience and Service to the Nation. The book will undoubtedly serve as a source of inspiration and pride for all Indians reminding us of the sacrifices made and the victories achieved during the challenging times.

May "Wings Beyond the Sky" reach wide audience and continue to shine a spotlight on the extraordinary contributions of our Air Warriors. Wishing you a remarkable success and heartfelt appreciation for your efforts in preserving and celebrating the Legacy of 1971.

With best wishes

Yours Sincerely,

(K R Rao)
Lieutenant General (Retd)

Foreword



Air Marshal B N Gokhale PVSM AVSM VM (Retd)

Tele : 9786363266
e-mail : bingomeghana@gmail.com

Apartment No. 9,
Vrukshali Apartments,
Deccan Gymkhana,
Pune 411 004.

Dear Air Veteran TB Rao "Unstoppable",

Congratulations on writing the second book "Wings Beyond the Sky". I am certain it will be very motivating to younger generations reading about the valour and dedication of all the Air Veterans. I am enclosing my message for your new book.

Your contribution not only while serving in the IAF but also in your second innings after retirement is exemplary. Your dedication and hard work is very inspiring. The social work of starting a Sainik School and helping many veterans in their need is indeed praiseworthy.

My best wishes for your continued success.

"Jai Hind"

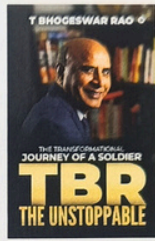
Date: 15 Dec 2025

(BN Gokhale)
Air Mshl (Retd)

Wings Beyond the Sky: Transformational Journeys of Air Warriors

By Sergeant T Bhogeswar Rao (TBR)

Author of "TBR – The Unstoppable"

Advocate | Entrepreneur | Educationist | Life Coach |
Sergeant | Motivational Speaker

When I penned the final words of my first book, **TBR – The Unstoppable**, I believed I had chronicled the entirety of a life transformed—a journey from a humble village boy to a proud airman of the Indian Air Force, from saluting the tricolor on the flightline to saluting opportunities in boardrooms and communities. That memoir became more than a personal account—it was a reflection of collective grit, a spark that ignited resilience in the hearts of many.

But as I closed that chapter, I realized it wasn't the conclusion of my story—it was the take off point.

In the Indian Air Force, we are bound by a creed that transcends uniforms and duty rosters—"Touch the Sky with Glory." It is not just a motto; it is a mindset. A way of life forged in discipline, shaped by courage, and propelled by purpose. And when you've learnt to rise above clouds of doubt and storms of adversity, the sky no longer remains a limit—it becomes your launchpad.

That realization gave birth to this very book: *Wings Beyond the Sky – Transformational Journeys of Air Warriors*.

This is not merely a sequel to *The Unstoppable*—it is a celebration of those who soared alongside me, those who flew higher in spirit even after their final sortie. It is a tribute to every air warrior who, after hanging up their uniform, donned new roles—as administrators, educators, entrepreneurs, mentors, patriots, and changemakers. They did not stop serving the nation; they simply found new ways to serve.

Wings Beyond the Sky isn't just about my evolution—it is about a collective elevation. It is about the soldier who becomes a statesman, the airman who becomes an architect of dreams, and the veteran who continues to inspire long after the echoes of a parade ground salute have faded.

One of the most profound moments that shaped this book was organizing a historic reunion of over 600 war veterans from the 1971 Indo-Pak War—heroes whose sacrifices had long been overshadowed by time but never forgotten by history. Standing among Air Marshals, gallantry awardees, and comrades who

Preface

xi

So fasten your harness.

This is not just a book—it's a journey.

A journey through valor, vision, and victory.

A flight through stories that continue to soar—on the wings of courage, compassion, and unwavering purpose.

Because in our world, the sky was never the limit...

It was only the beginning.

Jai Hind.

Sergeant T Bhogeswar Rao (Retd)

Advocate | Entrepreneur | Author | Educationist |
Life Coach

Veteran – Indian Air Force



had faced bullets, captivity, and unimaginable trials, I understood a deeper truth:

Leadership is not about stars on shoulders—it's about the light you ignite in others.

I still remember when a senior war hero whispered to me, "You may be a Sergeant, but you've done what many only dream of—with heart, humility, and honor. We salute you." That wasn't just a kind word—it was a commissioning. A sacred reminder that transformation is not about where you start or what rank you held—it's about the lives you uplift, the impact you create, and the legacy you leave behind.

After *The Unstoppable*, life didn't plateau—it ascended. I found myself not just building businesses, but building bridges between generations. I wasn't just chasing success—I was lighting the runway for others to take off. Our business ventures soared past ₹100 crore in turnover, fueled not just by ambition, but by values instilled on parade grounds and flight lines—discipline, integrity, and vision.

One moment that etched itself deep in my heart was the grand rally at Tadepalligudem and TBR Sainik School on July 15, 2023, where over 6,000 students gathered to commemorate Kargil Vijay Diwas. The presence of Param Vir Chakra awardee Sub. Maj. (Hon. Capt.) Sanjay Kumar, PVC, every young soul present. And once again, on August 11, 2024, we honored this living legend together with Vir Nari Smt Charulatha wife of MVC Awardee Maj Padmaphani Acharya MVC and other bravehearts in the presence of Minister of State for Steel and Heavy Industries Government of India Shri Bhupathiraju Srinivasa Raju garu and Honble Home Minister Smt Vangalapudi Anitha garu and other national leaders in TBR Sainik School and at National Institute of Technology, AP, Tadepalligudem Auditorium—not just to celebrate the bravehearts, but to uphold an ideal.

This book is dedicated to every air warrior who believed that service doesn't end with retirement—it only changes uniform. It is for those who continue to "touch the sky with glory" in classrooms, communities, courtrooms, and corporations. It is for the young cadet finding his dreams, for the veteran seeking a new mission, and for every citizen who believes in the power of transformation.

The title *Wings Beyond the Sky* symbolizes this very evolution. Because for air warriors, glory isn't confined to the airspace—it's found in every life they touch, every legacy they leave, and every mission they launch beyond their service.

Stalwarts of Indian Air Force

187

Each profile is a testament to the core ethos of the Air Force—**discipline, integrity, courage, adaptability, and mission-first mindset**. Whether it is an airman rising to become a Member of Parliament or MLA, a **sergeant** shaping justice as a judge or advocate, veterans steering governance as IAS, IPS, IRS officers, or Air Warriors nurturing minds as professors, innovators as entrepreneurs, artists as storytellers, or champions in sports—the **common** thread is unwavering commitment to national service.

The book also honours those who **returned to uniform**, proving that the **call** of duty never truly fades, and those who chose **service beyond self**, dedicating their lives to philanthropy, veterans' welfare, rural empowerment, science, education, and social transformation. Their stories illuminate how the Air Force instills not just skills, but a lifelong responsibility to uplift society.

This **full profiles version** goes beyond brief sketches—it presents rich, in-depth narratives that chronicle personal struggles, pivotal moments, leadership philosophies, and the quiet courage behind public achievements. It is both a historical record and a source of inspiration for serving personnel, veterans, students, policymakers, and citizens alike.

Wings Beyond the Sky ultimately affirms a powerful truth: **An Air Warrior never truly retires. The uniform may change—but the mission to serve the nation continues, endlessly soaring beyond the sky.**

1. Sergeant Suresh Kashyap Ex. MLA, Ex.MP, MP (LS – Shimla)
2. Sergeant Virender Kadian MLA – Delhi Cantt (2nd Time)
3. Sergeant Manoharan Tamil Nadu Assembly
4. Sergeant H.R. Panwar – From Squadron to High Court (Retd)
5. Corporal Surender Desai – The Advocate Who Chose Principle Over Position (Retd)
6. Sergeant Bhatta Manohar Raju (Retd)
7. Lieutenant General J K Sharma (Retd)
8. G. Venkataraman, IPS
9. Corporal K. Jayaraman, IPS
10. Corporal Tamballapalli Ravi Kumar Murthy, IPS (Retd)
11. Sergeant Karan Singh Rathore (Retd)
12. Sergeant Ananta Das, TPS
13. Corporal PF Patil IAS (Retd) : From IAF to IAS. Govt. of Karnataka (Retd)
14. Sergeant Arvind Chouhan – From IAF to IAS (Retd)
15. Sergeant Dr. K V Reghuthaman (Retd)
16. Sergeant Ramakant G. Sarangdhar (Retd)
17. Corporal Rajender Singh (Retd)
18. Corporal Ravindra Kumar Gupta (Retd)
19. Corporal Brijlal Kumar (Retd)

20. Sergeant A P Naidu IRS (Retd)
21. Sergeant R Raghupathy, IRS (Retd)
22. Sergeant R S Manjunath (Retd)
23. Sergeant Arumugam (Retd)
24. Sergeant Vikram Sadashiv Palve (Retd)
25. Sergeant C.P. Singh (Retd)
26. Sergeant Dr. Satbir Yadav (Retd)
27. Sergeant Arun Desai (Retd)
28. Corporal Ashok Kumar Dixit (Retd)
29. Corporal P K Bidua (Retd)
30. Sergeant Dr. Y. Satyanarayana (Retd)
31. Sergeant Dr. Arjun Mahadeo Murudkar (Retd)
32. Sergeant Dr. S Chenthur Pandian (Retd)
33. Corporal Dr. I C Gupta (Retd)
34. Sergeant Prof. Dr. Kripa Shankar Gupta (Retd)
35. Sergeant Prof. Dr. A Sankaran (Retd)
36. Junior Warrant Officer Dr. J. Govardhan (Retd)
37. Sergeant Vitthal Dinkar Pandhare (Retd)
38. Sergeant Prof. Dr. Mohan S Rao (Retd)
39. Corporal Jagdish Singh (Retd)
40. Sergeant Dr. Prof. K R Seshadri Rao (Retd)
41. Corporal Prof. Bholanath Dutta (Retd)
42. Leading Air Craftman Ramesh Agarwal (Retd)
43. Junior Warrant Officer Survepalli Subbarao (Retd)
44. Sergeant Sunil Narayanan (Retd)
45. Junior Warrant Officer Sharadchandra D. Phatake (Retd)
46. Sergeant **S. Pandian** (Retd)
47. Sergeant P. Subhas Chandra Bose (Retd)
48. Sergeant Prof. (Dr.) Amit Dubey (Retd)
49. Sergeant Dr. Shyam Raghunandan (Retd)
50. Sergeant Tapas Kumar Dey (Retd)
51. Corporal R R Reddy (Retd)
52. Corporal H.S. Mishra (Retd)
53. Corporal Vikram Singh (Retd)
54. Group Captain D K Dass, VrC (Retd)
55. Squadron Leader Jayasimha - Memory Maestro (Retd)
56. Gp Capt Dr. K.V. Mani (Retd)
57. Lieutenant Colonel Prabhakar Samant (Retd)
58. Wing Commander Gurdeep Singh Bhindra (Retd)
59. Group Captain Bijoy Kumar Chowdhury (Retd)
60. Wing Commander R. D. Jeyasingh (Retd)

61. Sergeant Bhuvana Chandra – The Lyricist of Liberty (Retd)
62. Junior Warrant Officer Ramesh Babu Vidyarthi (Retd)
63. Sergeant Ganesh Ramalingam (Retd)
64. Group Captain Debananda Gohain (Retd)
65. Junior Warrant Officer Master Dr. Ashok Kumar Lenka (Retd)
66. Sergeant Dattatray A Utekar (Retd)
67. Junior Warrant Officer Heramb Chaini (Retd)
68. Sergeant Dr. Jagbir Singh (Retd)
69. Junior Warrant Officer V P Danapal (Retd)
70. Sergeant Jayant Sopandeo Dofey (Retd)
71. A C Gopi Krishnan (Retd)
72. Corporal Acharya Babu T. Raghu (Retd)
73. AC C B R Prasad – Philanthropy with Precision (Retd)
74. Sergeant Dr. Edmund Peter Francis, PhD (Retd)
75. Sergeant Dr. Dharm Raj (Retd)
76. Sergeant Dr. B K Mishra (Retd)
77. Junior Warrant Officer Satish Kumar Sinha (Retd)
78. Mrs. Sanjiwani Yeole
79. Sergeant Panumalli Bapuji (Retd)
80. Corporal Yogesh Chitade (Retd)
81. Sergeant Somishetty Chandrashekhar (Retd)
82. Junior Warrant Officer Dr. K S N Singh (Retd)
83. Junior Warrant Officer Ajit Kumar Gupta (Retd)
84. Sergeant Dr. Ashok Ghone (Retd)
85. Sergeant Jayant Ghosh (Retd)
86. Sergeant N S Mankar (Retd)

Chapter 12 – Champions in Action – Strength Beyond Service

Air Warriors in Sports & Physical Excellence

“Discipline forged in the hangars. Endurance built on the tarmac. And a spirit that never accepts defeat.”

In the world of sports, champions are often seen as those who overcome pain, push limits, and win medals. But for Air Force veterans, this was never new territory. The Indian Air Force had already conditioned them for grit, grace under pressure, and a relentless pursuit of excellence—traits essential in both dogfights and decathlons. These men didn’t just hang up their uniforms; they picked up rackets, weights, and whistles—and marched into stadiums, arenas, and training halls with the same fervor they once brought to the parade ground.

This chapter celebrates those Air Veterans who redefined their service to the nation through sports and physical excellence. Their battleground shifted—but the warrior spirit remained unshaken.

❖ Junior Warrant Officer Master Dr. Ashok Kumar Lenka (Retd)

An Exemplar of Air Force Excellence, Sportsmanship, and Nation-Building

Junior Warrant Officer Master Dr. Ashok Kumar Lenka is a 6th Dan Black Belt, Top-Class world ranking Kukkiwon (South Korea) Taekwondo master, qualified mountaineer climbed more than 11 mountain peaks in Himalayas, a World Taekwondo Level 1 coach and a patriot with over three decades devoted to sports, adventure, and youth empowerment. A retired Indian Air Force JCO, he is the Founder of Hawrang Academy and National Secretary General of the Veterans India Sports Wing. A Historical Poomsae 5th rank achiever in Hong Kong World Taekwondo Championship 2024, he has produced over 10,000 medalists and 500 black belts in Taekwondo, training more than two lakh students while advancing his mission of “Rashtra Bhakti Khel Se Shakti.”



His artworks adorn national museums, grace the walls of airbases, and have been presented as tributes to veterans, dignitaries, and institutions. Through exhibitions and commemorations, Gohain's work continues to inspire young cadets, aviation enthusiasts, and patriots.

His mission now is clear: preserve the heritage of Indian military aviation, remind the present of the past, and ensure that the valor of IAF warriors is never forgotten. Each painting is a pledge — that their courage shall live on, not just in stories, but in colors, light, and form.

Even after retirement, Group Captain Deb Gohain continues to serve — as a historian with a brush, a storyteller with wings, and a patriot whose sky has no limits. Once an Air Warrior, always an Air Warrior — whether in a cockpit or before a canvas.

65. Junior Warrant Officer Master Dr. Ashok Kumar Lenka (Retd)

Biography of Junior Warrant Officer Master Dr Ashok Kumar Lenka

An Exemplar of Air Force Excellence, Sportsmanship, and Nation-Building

Early Life & Education (Brief): Master Dr. Ashok Kumar Lenka, born on 13 June 1968 in Tentuligadia Village, Bhadrak District, Odisha, was raised in a family rooted in service and discipline. His father, Late Bhaskar Chandra Lenka, was a government servant and social worker, and his mother, Late Laxmi Priya Lenka, a devoted homemaker who shaped his values of humility and dedication. Academically versatile, Dr. Lenka holds an MBA (Media), M.P.Ed., B.E. (IAF), and B.A., along with professional qualifications including PGJMC (IGNOU), PGDCA—reflecting his rare blend of sports, technical, physical education, and media excellence.



Distinguished Service in the Indian Air Force (Brief) Joined 10 July 1987 and Retired on 31 Jan 2010:

- **Distinguished Service in the Indian Air Force (Brief):** With over 22 years and 6 months of distinguished service in the Indian Air Force, Dr. Ashok Kumar Lenka contributed to key operational, ceremonial, and developmental milestones in India's defence history. His most defining tenure was with the elite 37 Squadron at Nal and



Presidents Cameraman – He Spoke to me in Parade Ground

Bhuj, where he supported pilot training, documentation, and operational readiness.

- He played an active role during **Operation Parakram II**, strengthening operational preparedness during a major national mobilization. Dr. Lenka also made significant contributions to the **Presidential Standard Presentation Parade**, handling planning, visual design, documentation, and logistics. He curated the Squadron Coffee Table Book, designed Historical First Day Covers, restored and enlarged archival photographs, and managed visual layouts and multi-camera live coverage for Presidential exhibitions attended by Dr. A.P.J. Abdul Kalam and Shri Narendra Modi.

Pioneering Innovation in Operational Media (Brief): A certified Video Producer from AVP Unit, Bangalore, Dr. Lenka pioneered **video debriefing** in 37 Squadron, revolutionizing pilot training and safety analysis. He captured the first-ever video footage of **MiG-21 take-offs and landings**, setting new standards for operational feedback later adopted across the IAF. A proud highlight of this phase was his association with then Flying Officer **Abhinandan Varthaman**, now one of India's most celebrated air warriors. **Early Career Achievements (Brief):** In the SAM-III Missile Unit, Dr. Lenka was honoured as **Best Shortest-Time Loader Launcher Crew** at 2 GWTI, New Delhi, and selected for the **Defence Minister's Visit Demonstration Team** while serving with **2210 Squadron**, reflecting his exceptional precision and discipline.

An Athlete, Adventurer, Mountaineer, and Spiritual Explorer:

Athlete: A passionate Athlete since his childhood RCBL School & Bhadrak college Champion Dr. Lenka represented the **Western Air Command** in athletics for two consecutive years in the **200m, 400m, 4×100m, and 4×400m** events 1990 to 1991.

Mountaineer: As a **qualified mountaineer**, he completed: **Basic Mountaineering Course (HMI, Darjeeling)**, **Advanced Mountaineering Course (DAMAS, Manali)** **Basic Rock Climbing Course (IAF Training Command)** & **High altitude Ice Climbing training at Siachin High Altitude Army Battle School**

Fusion of Martial Arts and the Himalayas: From 1998 to 2008, Dr. Lenka uniquely practiced **Martial Arts and Taekwondo** on 11 Himalayan peaks, combining the art of combat with meditation and



energy mastery. He practiced the esoteric elements of martial arts — “Tsumo” (inner heat generation) and “Lungum” (energy control).

Highlights of Adventure & Major Expeditions (1997–2008):



- **1997-1998** – 100 km Kudremukh Jungle Trek (Western Ghats)
- **1998** – “Wild to Ocean” Cycling Expedition: Bengaluru ✕ Kerala via Bandipur & Mudumalai
- **1998** – Sinla Pass & Chhota Kailash (18,500 ft) – Flagged off by Defence Minister Shri George Fernandes
- **1999** – Mount Bhagirathi (22,500 ft) – Flagged off by Sports Minister Shri Mukul Wasnik
- **2000** – Triple Peak Expedition (Friendship Peak, Stithidhar, Manali – Dhauladhar Range) – Flagged by Governor V.S. Ramadevi, Union Sports Minister Jagjith Singh Dhindsa & Air Marshal J.S. Rai
- **2001–2003**- Thar Desert Expeditions around AFS Nal, Bikaner
- **2001**–Mount Rudugaira (18,500 ft) Flagged off by Defence Minister Shri George Fernandes

Flagged off by – 1. Karnataka Governor Smt. V. S. Ramadevi – 2. Hon’ble Lok Sabha Speaker Shri Shivraj Patil – 3. AOC-in –C Trg Cmd Air Marshal J. S. Rai- 4. Defence Minister Shri George Fernandes – 5. Union Cabinet Sports Minister Shri Jagjith Singh Dhindsa – Next Line – All 12 Mountain Peaks

- **2002** - Mount Nanda Ghunti (19,500 ft) flag off by Hon’ble Lok Sabha Speaker Shri Shivraj Patil
- **2003–2008** – River-bed treks in Kutch, Gujarat with *Hawrang – The Patriotic Warriors*
- **2004** – Mount Chandrabhaga-16 (19,500 ft)
- **2005** – Mount Pin Parvati Pass (19000ft)



- **2006** – Selected for IAF Mount Everest Expedition
- **2007** – Mount Rehnok (HMI Darjeeling) & IAF Siachen High-Altitude Training
- **2008** – Mount Patalsu & Mount Hanuman Tibba (19,500 ft) – IAF Expedition

Unique Feats, Recognition & Media Leadership (Brief): Dr. Lenka performed **six hours of bare-body meditation at -25°C (17,000 ft)** practicing *Tsumo*, and led martial-physical training in sub-zero conditions, inspiring the **Hawrang Academy philosophy** blending adventure, meditation, and martial arts. For these feats, he was **nominated for the Tenzing Norgay National Adventure Award** by the IAF. A multi-skilled media leader, he is a qualified filmmaker and video producer with **200+ productions**, pioneered Video-CBT for IAF training, and served as **Head of Production at DBICA, Chennai**.

37 Years of Martial Arts & Fitness Service (Brief): Dr. Lenka began his martial arts journey under Air Warrior Master Babu T. Raghu at E&ITI, Bangalore 1989, and has since devoted **37+ years** to training in Taekwondo, athletics, yoga, and self-defence. He has coached **over 2 lakh trainees** across Air Force Stations, CRPF, ordnance units, and educational institutions, serving as Coach and Mentor with AFFWA at major IAF bases including Adampur, Awantipur, Bangalore, Nal, Bhuj, and Avadi.

Key Martial Arts Achievements & Service : Dr. Lenka has trained **2,00,000+ people**, produced **8,000–10,000 medalists**, **500+ Black Belts**, and **300+ national/international winners**, and mentored **6 India Team athletes**. He introduced self-defence for IAF officer cadets, trained **Garud Force, QRT units**, and **Vayu Agniveer** at IAF Avadi. Through AFFWA, IAF, CRPF, and OCF, he continues nation-building via fitness and self-defence welfare programs.

High-Caliber Martial Demonstrations (Brief): Dr Lenka has led **200+ martial arts demonstrations** for top military and civilian dignitaries, including **100-student performances** at the National Taekwondo Championship and KVs National Sports

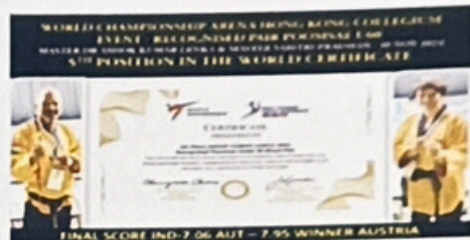


Opening, and a 650-student mass display for the KVs Commissioner.

World Taekwondo & Global Credentials : Dr. Ashok Kumar Lenka made history as the only IAF veteran to place at the 2024 World Taekwondo Poomsae Championship (Hong Kong), securing 5th rank in U-60 Pair among 13 nations. A Kukkiwon Top Class Master, World Taekwondo Level-1 Coach (Kyorugi & Poomsae) and ATU Coach, he holds 6th Dan Taekwondo, 2nd Dan Hapkido, 3rd Dan Kenbudo, and 3rd Dan Sailum, and has served 15+ years as Tamil Nadu State Coach and international gold medalist.



National Level Demo at Jawaharlal Nehru Indoor Stadium Chennai



Historical World Taekwondo Championship Achievement by only Veteran at U60 age Category: A distinguished martial artist and coach of international repute, he represented India at the 2024 World Taekwondo Poomsae Championship in Hong Kong, securing an impressive 5th rank in the U-60 Pair category among competitors from 13 nations. He is the only Air force veteran who has achieved this historical position under U60 age category in Pair Poomsae in the history of taekwondo.

A Kukkiwon-certified Top Class Master Instructor India, he is accredited as a World Taekwondo Level-1 Coach in both Kyorugi and Poomsae, and is also a certified Asian

Awards, Honours & National Nominations (Key Highlights):

- Pride of Nation Award**

(2025) – Conferred on Vijay Diwas, New Delhi, by Veterans India for his historic 5th rank at the 2024 World Taekwondo Poomsae Championship and four

decades of nation-building through sports and adventure. Received from the hands of Honorable Shri Sanjay Seth, Minister of State for Defense, Shri Ram Lal, RSS National Prabhari & Shri Anil Shahaabudhae, Chairman NAAC, Chairman AICTE & Chairman AIU.



Receiving Pride of Nation Award from MOS Defense Shri Sanjay Seth & RSS National Prabhari Shri Ram Lal



www.veteransindiasports.com
- www.veteransindia.com



Receiving Appreciation
from Air Mshl
Varthaman, President
TN AFA Chapter



Receiving
International Hall of
Fame

- **Pride of Nation Award (2019)** – Awarded by Veterans India in recognition of lifelong patriotic service through sports and youth development. Received the Award from the hands of Honorable by Major General G.D. Bakshi, SM, VSM Patron of Veterans India
- **Top Class Kukkiwon Master (2024)** – Conferred by Kukkiwon, South Korea, for excellence in global Taekwondo education and mastery.
- **International Hall of Fame Inductee** – High Range Book of Awards, for outstanding contribution to martial arts and national service.
- **Patriotic Ambassador Award** – For awakening national spirit through sports and fitness movements.
- **Best Sportsman of India – 50+ Finalist** – Selected from 500 nominees on the national platform *Khayal 50 Above 50*.
- **Honorary Doctorate (USA)** – For contributions to martial arts and Himalayan esoteric training.
- **Lifetime Achievement Award** – Global Achievers Council (Goa), for lifelong dedication to training and nation service.
- **IAF & AFA Commendations** – Recognitions from senior Air Force leadership for mountaineering, martial training, and wellness initiatives.
- **National Nominations** – Nominated for the **Tenzing Norgay National Adventure Award** and the **Padma Shri** for exceptional service to the nation.

Leadership in Veterans India Sports : As **National Secretary, Veterans India Sports**, Dr. Lenka promotes a patriotic, transparent, and corruption-free sports culture nationwide. He drafted the Sports Constitution based on “**Rashtra Bhakti – Khel Se Shakti**,” built **State Sports Wings in 27 states**, led the **India Book of Records–recognized Patriotic Run (2021)** with

participants from 52 countries, expanded activities to **26 sports disciplines**, and organized **National Vijay Diwas** with Chief Guest Shri Nitin Gadkari and Guest of Honour Gen. V.K. Singh.

Founder of Hawrang Academy :

Hawrang Academy, inspired by the legendary “**Hwa Rang**” – meaning **Young Patriotic Warrior**, is a government-registered, **MSME-certified**, **ISO-approved**, and **KMS South Korea-affiliated** top class martial arts and youth development institution founded by **Master Dr. Jwo Ashok Kumar Lenka**. With a strong foundation in discipline, national pride, and modern training methods, the Academy provides high-quality programmes in **Taekwondo, self-defence, fitness, and character development**, shaping confident, responsible, and patriotic individuals.

Personal Details : Master Dr. Ashok Kumar Lenka is married to **Smt. Sanjibanee Sudha Lenka** (since 25 Jan 1995), an accomplished educator and Managing Director of Hawrang Academy. They have two sons: **Kalinga Kumar Lenka**, a film director, journalist, international coach, and 4th Dan Taekwondo Black Belt with experience at NDTV and *The Hindu*; and **Aryan Kumar Lenka**, a BBA graduate, international player, referee, coach, and 4th Dan Taekwondo Black Belt, serving as Assistant Coach & Manager at Hawrang Academy.



Hosted Vijay Diwas-2022 stage with
Cabinet Minister Nitin Gadkari & Gen VK Singh



Veterans India Sports Wing



Patriotic Run Banner 26 Jan 2021



Air Cmde Pradeep Sharma, & Mrs Gp Capt Rachna Sharma,
AOC AF Stn Avadi, Awarding Hawrang Academy



www.hawrangacademy.com



Patriotic Run Creates History
makes India Book of Records



Winning Gold Medal at Hero
Cup International Bannkok



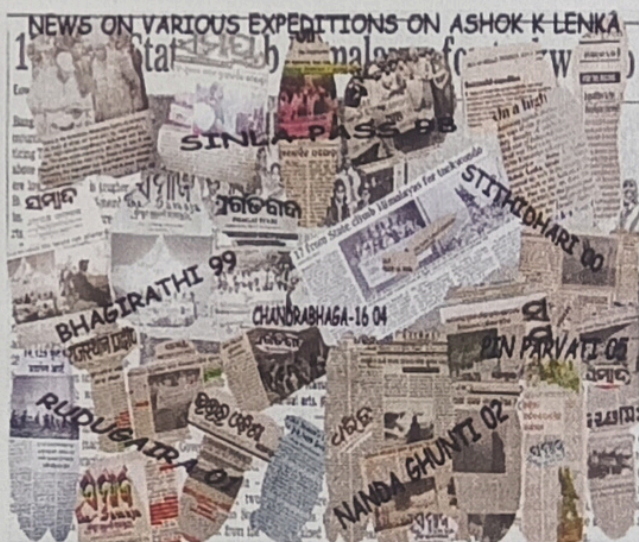
Felicitation By Tamilnadu Minister for
Minorities & Non Resident Tamil
Welfare Mr SM Nasar



Felicitation By Bhadrak Ex-serviceman
Association



Felicitation by my Home Land
MLA Shri Sitanshu Sekhar
Mohapatra



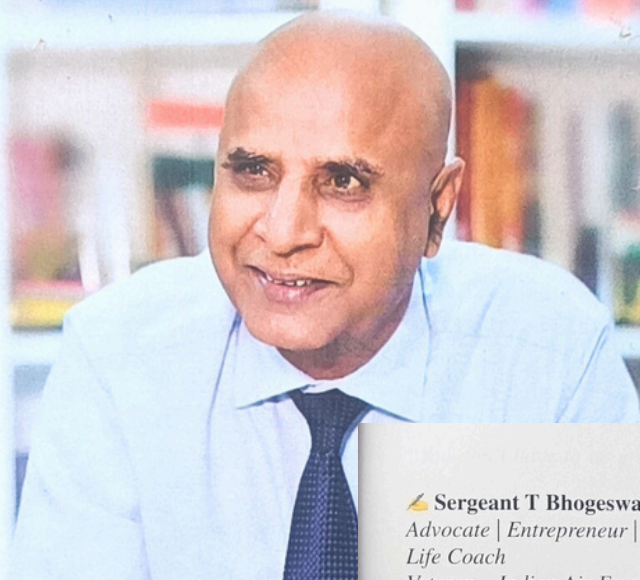
News Paper Cuttings upto 2008

Philosophy and Legacy: From airbases to mountain peaks, and from dojangs to national sports forums, **Master Dr. Ashok Kumar Lenka's** journey embodies the spirit of **discipline, innovation, and service**. His life mission remains steadfast — to inspire the youth of India to embrace strength, patriotism, and excellence. **“To Serve. To Inspire. To Build a Stronger India.” Jai Hind.**

WINGS

Beyond the Sky

TRANSFORMATIONAL JOURNEYS OF AIR WARRIORS



Jai Hind.

✈️ **Sergeant T Bhogeswar Rao (Retd)**
Advocate | Entrepreneur | Author | Educationist |
Life Coach
Veteran – Indian Air Force



WINGS

Beyond the Sky

TRANSFORMATIONAL JOURNEYS OF AIR WARRIORS

Sgt T Bhogeswar Rao (Retd)