



Rules Of Poom/Dan Promotion Test

In Force As Of Sept. 7, 2018

KUKKIWON

Article 3 : Definition

1. **Testing** : referring to a screening process for Taekwondo practitioners to be certified in Poom or Dan promotion tests.
2. **Geup promotion test**: eligible applicants shall be those non-Poom/Dan holder who is practiced by a certified Kukkiwon Instructor
3. **Poom** : Taekwondo qualification for those under 15.
4. **Dan** : a Taekwondo qualification for those aged 15 and above.

5. **Honorary Dan** : referring to a Dan granted to those persons who are considered to have great merits in the development of Taekwondo.

6. **Posthumous Honors Dan** : referring to a Dan, or next Dan ranks with extraordinary merits, granted after his/her passing away.

7. **Taekwondo Instructor** : referring to those who have completed the Kukkiwon's Instructor Course and has been given due qualifications among those who have acquired 4th Dan and above.

Article 4 : Ranks of Poom or Dan



1. Poom : 1 - 4
2. Dan : 1 - 9
3. Honorary Dan : 1 – 10
4. Posthumous Dan : 5 - 10

Article 8(Testing Fees)

The fees may be imposed
differently depend on GNI(Gross
National Income)

Article 11(Testing Subjects)

1. Practical Test: Kibondongzak(basic movements),
Poomsae, Kyorugi(sparring), Kyukpa(breaking)
2. Theoretical Test: Written Exam, Thesis
3. Others: In need of Poom/Dan tests

Article 20-3 (Switching Poom to Dan)

- The switching from Poom to Dan Certificate needs an essential procedure
- Subjects;
 - Poom Holder : above 15 year old
 - 4th Poom Holder : at least 18 years old



Regulations For Poom/Dan Promotion Test

In Force As Of Nov. 11, 2018

KUKKIWON 8

Article 4 (Classification and Role of Examiners)

1. Superintendent : Supervising Examiners,
rules , overall tests, ands so on
2. Examiners ; Evaluating the Dan Tests
 - Examiner of Lower Dan Rank(below 5th Dan)
 - Examiner of Higher Dan Rank(above 6th Dan)

Article 5(Qualification of Examiners)

- Superintendent
 - 9th Dan, 1st Examiner Certificate
 - 8th Dan, 2nd Examiner Certificate(at least 8 year experience)
- Examiner of Lower Dan: 6th Dan, 3rd Examiner Certificate
- Examiner of Higher Dan: 9th Dan, 2nd Examiner Certificate

Article 11(Refund)

- Incorrected Payment
- Failure to take the test due to the administrative mistake
- Cancelling it in the middle of applying period
- In case of the medical document is submitted prior to 3 days before the test

Article 16(Exemption of Testing Subjects)

Applicant who has failed the testing subject in the previous test will be given an opportunity to take a test on the failed subject in the next test.

Article 18 (Testing Methods)

1. Practical test

- Kibondongjak(Basic Movements): Accuracy, Proficiency, Balance
- Poomsae: Completion(accuracy, attack & defensive targets, posture), Proficiency(controlling speed, balance of body, breathing, centering qi), Elegance(attitude, etiquette, outfit)
- Kyorugi(sparring): Attack, Defense, Variety of skills
- Kyukpa(breaking): completing breaking, posture(hand, foot)

2. Theoretical tests: written test(20 questions), thesis

3. Interview: 8 or 9th Dan

Contents	Standards
Poomsae	Perfection(50): completion, accuracy Skills(40): control of speed, balance of body, strength of power, concentration of energy Dignity(10): etiquette, behavior, Dobok
Kyorugi	Attack(30) eyes, shouting Defense(30) speed, strength Variety of skills(40) balance, distance variety of techniques
Kyuk Pa	Power Kyuk Pa: - Hand skill: knife hand, fist - Foot skill: front, side and back reverse kicks Hand and Foot skill of special Kyuk Pa
Essay	composition Practicality of the topic The persuasive power Compliance with the topic
Interview (above 8 th Dan)	Answer what is right Fully recognized and explain

Article 19 (Deciding Pass or not)

- At least 60 score (each subjects)
 - 3 Examiners(at least 60 score by two)
 - 5 Examiners(at least 60 score by three)

Passed



Type	Examiner 1	Examiner 2	Examiner 3	Final Judging
POOMSAE	60	70	60	PASSED
KYORUGI	60	70	60	PASSED

Failed

Type	Examiner 1	Examiner 2	Examiner 3	Final Judging
POOMSAE	50	90	50	FAILED
KYORUGI	50	50	90	FAILED

1. [Standard Table of Time & Age limits for Promotion]

Division	Minimum time Required for promotion	Age limits for promotion		Application of Time & Age
		Start from Dan	Start from Poom	
1 Poom	Non	Non	Less than 15 years old	
1→2 Poom	1 year	Non	Less than 15 years old	
2→3 Poom	2 years	Non	Less than 15 years old	
3→4 poom	3 years	Non	Less than 18 years old	
1 Dan	Non	15 years and above	Non	
1→2 Dan	1 year	16 years and above	15 years and above	
2→3 Dan	2 years	18 years and above	15 years and above	
3→4 Dan	3 years	21 years and above	18 years and above	
4→5 Dan	4 years	25 years and above	22 years and above	
5→6 Dan	5 years	30 years and above	30 years and above	
6→7 Dan	6 years	36 years and above	36 years and above	
7→8 Dan	8 years	44 years and above	44 years and above	
8→9 Dan	9 years	53 years and above	53 years and above	

유공자 응시자격의 특례 적용기준

분야별	내용		단축율
경기실적	올림픽 태권도 종목 입상자 (금 : 100%, 은 : 80%, 동 : 60%)		60%~ 100%
	국기원, 세계태권도연맹이 주최한 국제적 규모의 태권도 대회 입상자 (금 : 80%, 은 : 60%, 동 : 40%)		40%~ 80%
	대륙별 대회의 태권도 종목 및 대륙별 태권도 대회 입상자 (금 : 60%, 은 : 40%, 동 : 20%)		20%~ 60%
공로실적	태권도 보급, 발전과 관련한 공로를 인정받아 국가 원수로부터 훈장을 수여받은 자		50%
적용대회			
구분	국문명칭	영문명칭	
올림픽 태권도 종목	올림픽 (금 : 100%, 은 : 80%, 동 : 60%)	Olympic Games (Gold : 100%, Silver : 80%, Bronze : 60%)	60%~ 100%
국기원, 세계태권도연맹이 주최한 국제적 규모의 태권도 대회	1. 세계태권도한마당 2. 세계태권도선수권대회 3. 세계태권도품새선수권대회 (금 : 80%, 은 : 60%, 동 : 40%)	1. World Taekwondo Hanmadang 2. World Taekwondo Championships 3. World Taekwondo Poomsae Championships (Gold : 80%, Silver : 60%, Bronze : 40%)	40%~ 80%
대륙별 대회의 태권도 종목 및 대륙별 태권도 대회	1. 아시안 게임 2. 팬암 게임 3. 올 아프리카 게임 4. 아시아태권도선수권대회 5. 유럽태권도선수권대회 6. 팬암태권도선수권대회 7. 아프리카태권도선수권대회 8. 오세아니아태권도선수권대회 (대륙별 한마당, 품새 포함) (금 : 60%, 은 : 40%, 동 : 20%)	1. Asian Games 2. Pan American Games 3. All African Games 4. Asian Taekwondo Championships 5. European Taekwondo Championships 6. Pan American Taekwondo Championships 7. African Taekwondo Championships 8. Oceanian Taekwondo Championships (Gold : 60%, Silver : 40%, Bronze : 20%)	20%~ 60%

Division <u>Poom / Dan</u>	Practical					Theoretical		Interview
	<u>Poomsae (Forms)</u>		Basics	Sparring	Breaking /Special technique	Written answer	Thesis	
	Compulsory	Appointed						
1st <u>Poom</u>	-	<u>Taegeuk 1 - 8</u> Only 2 appointed	●	●				
1 st <u>Dan</u>	<u>Taegeuk 8</u>	<u>Taegeuk 1 - 7</u>	●	●				
2nd <u>Poom/Dan</u>	<u>Korvo</u>	<u>Taegeuk 1 - 8</u>	●	●				
3rd <u>Poom/Dan</u>	<u>Keumkang</u>	<u>Taegeuk 1 - 8 ,</u> <u>Korvo</u>	●	●				
4th <u>Poom/Dan</u>	<u>Taebaek</u>	<u>Taegeuk 1 - 8</u> <u>Korvo</u> <u>Keumkang</u>	●	●	●(4 Dan)	●(4 Dan)		
5th <u>Dan</u>	<u>Pyeongwon</u>	<u>Taegeuk 1 - 8</u> <u>Korvo</u> <u>Keumkang</u> <u>Taebaek</u>	●	●	●	●		
6th <u>Dan</u>	<u>Jitae</u>	<u>Taebaek</u> <u>Pyeongwon</u> <u>Sipjin</u>	●	●	●		●	
7th <u>Dan</u>	<u>Cheonkwon</u>	<u>Pyeongwon</u> <u>Sipjin</u> <u>Jitae</u>	●	●	●		●	
8th <u>Dan</u>	<u>Hansoo</u>	<u>Sipjin</u> <u>Jitae</u> <u>Cheonkwon</u>					●	●
9th <u>Dan</u>	<u>Illyo</u>	<u>Jitae</u> <u>Cheonkwon</u> <u>Hansoo</u>					●	●

승품 응시자

도복



띠



승단 응시자

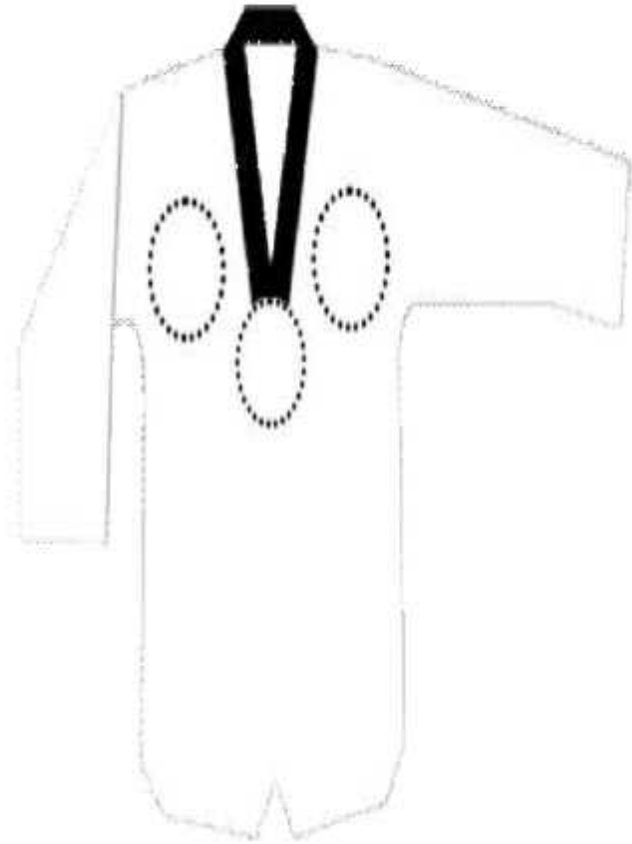
도복



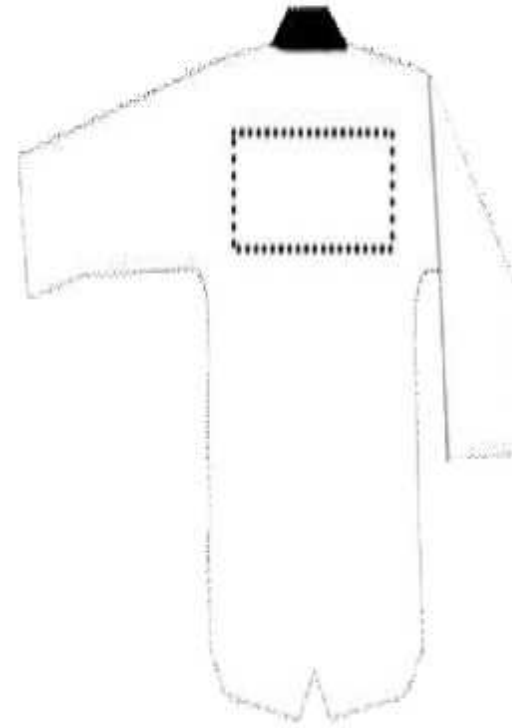
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도복 상의(앞면)



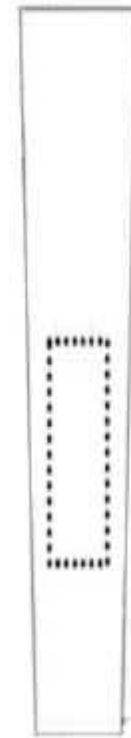
도복 상의(뒷면)



도복 상의(옆면)



도복 하의(옆면)



SUPERINTENDENT

MEDICAL
STAFF

EXAMINER

EXAMINER

EXAMINER

**POOMSAE
BASICS
TEST**

KYORUGI TEST

BREAKING TEST

WAITING

WAITING

WAITING

ENTRANCE

23

EXIT

[표 13-2. 심사신청서(해외)]

심사신청서 Application for Promotion Test										증명사진 1매 붙여주세요 1 ID-size photo attach with paste	
국적 Nationality (Citizen)		주소 Address				Tel		e-mail			
성명 Name	이름 First				년 Year	현단(품) Current Grade		웅심단(품) Dan/Poom applied for			
	Middle				월 Month	단(품)증번호 Dan Certificate No.		성별 Sex		남 / 여 M / F	
	성 Last				일 Day	발급일자 Date of Issue					
<p>본인은 국기원 승단(품) 심사에 응하고자 이에 신청서를 제출합니다. I submit this application to the Promotion Board of KUKKIWON for a Promotion Test.</p> <p>신청일자 : _____ 신청인 : _____ Date of application : _____ Applicant : _____</p> <p>상기자를 국기원 승단(품) 심의에 추천합니다. I honestly recommend the above person as a well-qualified applicant for the promotion test of Dan/Poom grades.</p>											
국가 country	협회/도장명 Name of Association/Dojang				추천사범성명 Recommended by						
협회/도장 주소 Address of Association/Dojang					추천사범 단번호 또는 생년월일 Recommender's Dan Certificate No. or Date of Birth						
Tel/ Fax/ e-mail											
<p>국기원장 귀하 To: President KUKKIWON(World Taekwondo Headquarters)</p>											
<p>NOTE 1. Name : The name must be printed or typed. 2. Dan Certificate No : The current Dan number must be the one given by Kukkiwon or WTF. 3. Applicant who staying abroad shall attach a document to confirm actual residence in the foreign country for more than 6 months.</p>						<p>1. 성명 : 단장 또는 심사위원 2. 단번호 : 국기원 또는 세계태권도연맹 기록 3. 신청사범의 국적이 아닌 타국적 웅심자는 6개월이상 거주를 증명할 수 있는 서류 첨부.</p>					

Thank you

Q & A