

**TOILETRIES:** Toothbrush/toothpaste, floss, shampoo, conditioner, lotion, lip protection

**INDIVIDUAL SNACKS:** Granola bars, puddings, fruit, crackers, cookies, etc.

**BEVERAGES:** 8 oz bottles of water, juice boxes

INDIVIDUALIZED SIZED FOODS: Cereals, mac-n-cheese, soups, ramen noodles, snap-top pastas, etc.

SMALL, INDIVIDUAL TISSUE PACKETS

**QUART-SIZED ZIPLOC BAGGIES** 

