

**FOOD PANTRIES**

Manna Food Bank: 850.432.2053 (by appt.)  
Tender Heart Caring Hands: 850.473.4466  
(M-F 8am-2pm)  
Coast Community Church: 850.916.0346

**SHELTERS**

Favor House: 850.434.7117  
Women with Clear Vision: 850.434.5252  
Lutheran Services Florida: 850.453.2772  
Ronald McDonald House: 850.477.2273  
Waterfront Rescue Mission: 850.478.4027  
Harbor House Group: 850.473.9603  
Sean's Outpost: 850.287.0792  
Salvation Army: 850.432.1501 ext. 25

**HOMELESS SERVICES**

Loaves & Fishes: 850.438.7616  
Alfred Washburn Center: 850.435.7427  
Esca-Rosa Homeless Coalition: 850.436.4646

**RENT/UTILITIES**

Catholic Charities: 850.436.6425 (Mon. 9-11am)  
Tender Heart Caring Hands: 850.473.4466  
(M-F 8am-2pm - Women w/Children)

**UTILITIES**

Community Action (Electricity): 844.356.8139  
(Water): 850.438.4021 (Fri. 9am)

Samaritan Hands: 850.438.8907  
(M-Th 9-11:30am)  
Pre-screening to set up appointment

United Ministries: 850.433.2333  
(M-Th 9-11:30am)  
Salvation Army: 850.432.1501 (Mon. 8:30am)

**CELL PHONE SERVICE**

Acess Wireless: 888.900.5899  
(M-F 7am-11pm)  
Safelink Wireless: 800.723.3546 (M-F)

**HEALTH & MENTAL HEALTH SERVICES**

Health & Hope (primary/dental): 850.479.4456  
(MWF 8:30am-12pm; T/Th 5-8pm)

Community Health of NWFL: 850.436.4630  
(M-F 8am-5pm; sliding scale fees)

Lakeview Rape Crisis Center: 850.469.3800

**SAFE HOUSES**

LA Dream Center: 213.273.7000  
The Secret Place: 850.453.4318  
Refuge for Women: 859.254.0041  
The Yellow House/Be Generous: 850.687.7384  
Redemption Ridge: 541.816.4415  
Out of Darkness: 404.817.3502  
Called2Rescue: 850.941.8015  
Shelter House Domestic and Sexual Violence  
Center: 850.863.4777

**ADDICTION RECOVERY**

Lakeview MAT Clinic: 850.466.3400  
Bradford Health Services: 850.308.7720  
Celebrate Recovery: 850.287.8731  
Big Fish Residential Programs: 251.943.6990  
Project Hope Recovery Center: 844.357.4673  
Saving Grace Women's Home: 205.424.2400  
Brother Bryan's Mission: 205.322.0092 (Men)  
The Foundry Ministries: 205.424.2400  
The Foundry Farm: 256.796.1440

**HOTLINES**

Human Trafficking: 888.373.7888  
Suicide: 800.273.8255  
Abuse: 800.962.2873  
Lakeview Acute Stabilization Unit: 850.434.4011  
211 Crisis Center: 850.267.2220  
24/7 Rescue: 404.941.6024  
Pensacola Dream Center Crisis: 850.466.7233